

MINUTES
ANNUAL WELLNESS MEETING
BEAVER CREEK SCHOOL DISTRICT
3/6/26 11:00-12:08
GOVERNING BOARD ROOM

1) Welcome & Introductions-Sign in

Attendees: Micca Martinez-Wellness Coordinator & PE Teacher , Karen DuFresne-Wellness Coordinator & Food Service Director, Jessica Lux-Herrera-Sped Teacher, Heather McCallum-Student Support & Counselor, Cheryl Guth-4th grade Teacher & Grandparent, Allie Wheeler Principal /Superintendent & Parent, Ana Felix-Cafeteria Lead, Briana Clarke-Jr. High Teacher & Parent, Rolene Dugi-3rd grade Teacher, Ori Womack, Business Mgr.

2) Overview & Purpose of the School Wellness Committee

Karen read to the committee the USDA guidance regarding Local School Wellness Policies and stated the purpose of the Beaver Creek Wellness Committee is overseeing and evaluating annually the goals and outcomes of the LWP, making changes when appropriate.

3) Recap of School Year 24/25 Committee meeting

The minutes from last year's meeting were reviewed.

4) Review & Discuss the ADE Model Policy compared to our policy

A reformatted draft and the current LWP was provided to review and make sure all items were included on the new version. Karen explained this reformatted version of our LWP is needed and better put together, easier to follow. An assessment comparison draft was also completed by Karen of the current policy and reviewed by the committee noting the totals page and comments about what can be improved and what aligns well with our policy. After review several areas on the assessment were noted as missing and were marked updating totals on the last page. This copy will be posted to the website. A school report card on the LWP was handed out to members to complete and will be posted on the website with cumulative totals. More attention to posting wellness related documents on the website will be done as previous years have not always been added.

5) Recommendation for changes to the current LWP

Add nutrition education trainings for staff at back to school staff meetings. Add recess before and after school. Add certified PE teachers. Add use of facilities for community members through a facility use agreement with the district. Add supporting active transport to and from school such as walking or biking. Add notifying parents of activities about health promotion efforts. Add implementing healthy behaviors in staff having access to a staff workout room, on site mammograms, on site vaccines conducted by YCHD, and preventative care through insurance providers. Add meals will be appealing and attractive to students. Add meals will be served in a clean and pleasant setting. Add students will be allowed at least 10 minutes to eat breakfast and at least 20 minutes to eat lunch. Add students will be served lunch at a reasonable and appropriate time of day. Add students will be allowed to bring and carry approved water bottles with only water in them throughout the day. Add frequency of fundraisers. Add more guidelines to policies for food and beverage marketing.

6) Additional Discussion

Karen will look at the ADE HNS requirements to add taste testing as a goal.

7) Adjournment

The meeting adjourned at 12:08.