

November is Native American
Heritage Month!
Look for Indigenous Ingredients in
Bold & marked with a Feather

NOVEMBER 2026

Orange Elementary School

Monday

4 Crispy Pollock Fish Sticks **2**
with Tartar Sauce or Ketchup,
Wild Rice,
Cheesy Green Peas
& Fresh Melon

Tuesday

5 Cheese Ravioli with **3**
Locally Made Pomodoro Sauce,
a Half a WG Breadstick
& a **Blueberry** & Cream Cup

Wednesday

Half Day **4**
Choose from Cereal Fun Lunch or
Ham & Cheese Otter Box all served
with Assorted Fruits & Veggies

Thursday

Hamburger or **5**
Cheeseburger on a WW Bun
with Ketchup, Mayo or Mustard,
Boston Baked Beans
& a Pear Cup

Friday

Diced Chicken **6**
& Broccoli Alfredo
over Whole Wheat Pasta
& Chef's Choice of Fruit

Alternate Meals: Vegetarian GF Cereal Fun Lunch or Ham & Cheese Otter Box

Amazing Beef Lo Mein! **9**

Whole Grain Ramen Noodles,
Ground Beef, Broccoli & Carrots in
a Garlic Teriyaki Sauce served
with a Sliced Apple Cup

Homemade Pumpkin **10**

Soup topped with Melted
Cheddar Cheese,
a Whole Grain Garlic Breadstick
& a **Blueberry** & Cream Cup

Veterans Day **11**

WG Tostitos Scoops **12**

with Seasoned Turkey,
Sofrito Black **Beans**,
Shredded Lettuce
& a Pear Cup

Crispy Chicken Sandwich **13**

on Whole Wheat Bun
served with Ketchup, Mayo,
a Romaine Lettuce Leaf,
a Fresh Tomato Slice
& Chef's Choice of Fruit

Alternate Meals: Vegetarian WG Apple Muffin Fun Lunch or Crispy Chicken Salad with a WW Croutons & WW Roll

Jay's BBQ Day! **16**

BBQ Pulled Pork Sandwich
on a Whole Wheat Bun
with Roasted Chili Lime
Corn on the Cob
& Fresh Melon

Homemade 3 Sisters **17**

Bison Chili
with Cornbread, a Butter Pat
& a **Blueberry** & Cream Cup

Early Release **18**

Choose from WG Bagel Fun Lunch
or Tuna Salad Sandwich all served
with Assorted Fruits & Veggies

3 Chicken, Cabbage & **19**

Onion Asian Style
Whole Wheat Dumplings with
Sweet & Sour Dipping Sauce,
Roasted Edamame
& a Pear Cup

Maple Soy Glazed **20**

North Atlantic **Salmon**
over Brown Rice with Roasted
Seasoned Baby Boy Choy
& Chef's Choice of Fruit

Alternate Meals: Vegetarian WG Bagel Fun Lunch or Tuna Salad Sandwich on WW with Lettuce

Chipotle Black Bean **23**

Burger with Boom Boom
Sauce on a Whole Wheat Bun
served with Tater Tots, Ketchup
& a Sliced Apple Cup

Turkey Dinner! **24**

with Gravy, Local **Butternut**
Squash, Mashed Potatoes,
WG Stuffing & Homemade Whole
Oat Apple Cobbler

Early Release **25**

Choose from Cereal Fun Lunch
or Chef Salad all served with
Assorted Fruits & Veggies

Happy Thanksgiving! **26**

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Check out this Video of the [Cranberry Day Harvest of the Mashpee Wampanoag Tribe](#) from the Smithsonian National Museum

Try out Regional Recipes & Videos from the [North American Traditional Indigenous Food Systems Project](#)

Learn about [The Three Sisters](#) – And be sure to try Corn, Beans, & Squash on this Month's Menu!

Alternate Meals: GF Cereal Fun Lunch or Chef Salad w/ a WW Roll

BBQ Grilled Chicken **30**

Filet Sandwich
on a Whole Wheat Bun served
with Seasoned Baked Fries,
Ketchup, & a Sliced Apple Cup

One Full Reimbursable Lunch is Free to Each Student
A La Carte Items will be charged accordingly
Menu is Subject to Change

Manage Your Student's Account Online www.MySchoolBucks.com

This institution is an equal opportunity provider

A USDA Reimbursable Pre-K Lunch is ...

6 fl. Oz Fat Free or Unflavored 1% Milk, ½ cup Fruit or Vegetable, ½ oz. eq. Whole Grain & 1 ½ oz. eq. Meat/Meat Alternate

Assorted Condiments, Skim White, Skim Chocolate, or 1% White Milk are Available Daily

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have questions or would like additional information, please contact kbressani@rcmahar.org, please contact kbressani@rcmahar.org