

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



August
HARVEST
of the **MONTH**
PEACHES



Harvest of the Month
promotes a different
MA-grown crop from
local farms each month
in school cafeterias
across the state.
To learn more, visit:
massfarmtoschool.org/hotm

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Welcome Back!
1oz. WG Reduced Sugar
Cinnamon Chex Cereal & String
Cheese With
Craisins And a Fresh Banana,
Skim or 1% White Milk

27

Whole Grain Breakfast Bun
With
100% Fruit Juice
And
a Fruit Cup,
Skim or 1% White Milk

28

Local Creamery Maple Yogurt
With
a Dried Fruit Mix
And
Fresh Local Apple Slices,
Skim or 1% White Milk

31

1oz. WG Reduced Sugar
Apple Cinnamon Cheerios & a
Hard Boiled Egg
With
Raisins And Fresh Local Plum,
Skim or 1% White Milk

One Full Reimbursable Breakfast is Free to Each Student

A La Carte Items will be charged accordingly

Menu is Subject to Change

Manage Your Student's Account Online www.MySchoolBucks.com

This institution is an equal opportunity provider

A USDA K-8 Reimbursable Breakfast Includes...1 Milk, a Whole Grain Item or a Plant/Animal Based Protein & Fruit or Vegetable

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have any questions or would like additional information, please contact kbressani@rcmahar.org