



Monday

WG Egg Sausage & Cheese Breakfast Burrito **2**
Or
WG S'mores Breakfast Bar
All With
100% Fruit Juice, Sliced Apple Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Egg, Chicken, Potato, Cheese & Sausage Egg Roll **9**
Or
WG Sea Salt, Oat & Dark Chocolate Bar
All With 100% Fruit Juice, Sliced Apple Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Sausage, Egg & Cheese Tornado **16**
Or
WG Berry Apple Crisp Breakfast Bar
All With 100% Fruit Juice, Sliced Apple Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Bacon Scramble Breakfast Pizza **23**
Or
WG S'mores Breakfast Bar
All With
100% Fruit Juice, Sliced Apple Cup, Dried Fruit, Fresh Banana, Orange or Apple

Whole Ground Corn Masa, Bean & Cheese Pupusas **30**
Or
WG Sea Salt, Oat & Dark Chocolate Bar
All With 100% Fruit Juice, Sliced Apple Cup, Dried Fruit, Fresh Banana, Orange or Apple

Tuesday

WG French Toast Sticks with Local Maple Syrup **3**
Or
Fruit & Yogurt Smoothie
All With
100% Fruit Juice, Peach Slushy Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Blueberry Belgian Waffle **10**
Or
Fruit & Yogurt Smoothie
All With
100% Fruit Juice, Mixed Berry Slushy Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Pancakes with Local Maple Syrup **17**
Or
Fruit & Yogurt Smoothie
All With
100% Fruit Juice, Peach Slushy Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG French Toast Sticks with Local Maple Syrup **24**
Or
Fruit & Yogurt Smoothie
All With
100% Fruit Juice, Mixed Berry Slushy Cup, Dried Fruit, Fresh Banana, Orange or Apple

Wednesday

Egg & Cheese on a Whole Wheat Croissant **4**
Or
WG Mini Bagel Stuffed with Cream Cheese
All With 100% Fruit Juice, Mixed Fruit Cup, Dried Fruit, Fresh Banana, Orange or Apple



Sausage, Egg & Cheese on a Whole Wheat Croissant **18**
Or
WG Apple Frudel
All With
100% Fruit Juice, Pineapple Cup, Dried Fruit, Fresh Banana, Orange or Apple

Ham, Egg & Cheese on a Whole Wheat Croissant **25**
Or
WG Mini Cinnamon Crumb Loaf
All With
100% Fruit Juice, Mixed Fruit Cup, Dried Fruit, Fresh Banana, Orange or Apple

Thursday

WG Proffitz Pancake Bites **5**
Or
Whole Grain Super Slice
All With
100% Fruit Juice, Pear Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Cinnamon Toast Crunch Mini French Toast **12**
Or
Whole Grain Super Slice
All With
100% Fruit Juice, Mandarin Orange Cup, Dried Fruit, Fresh Banana, Orange or Apple

WG Dutch Waffle **19**
Or
Whole Grain Super Slice
All With
100% Fruit Juice, Pear Cup, Dried Fruit, Fresh Banana, Orange or Apple

Happy Thanksgiving! **26**

Friday

Fluffy Scrambled Eggs with Crispy Hash Browns **6**
Or
Brown Sugar Oatmeal Cup
All With
100% Fruit Juice, Applesauce Cup, Dried Fruit, Fresh Banana, Orange or Apple

No School for Family Conferences **13**



Fluffy Scrambled Eggs with Seasoned Home Fries **20**
Or
Apple Cinnamon Oatmeal Cup
All With
100% Fruit Juice, Applesauce Cup, Dried Fruit, Fresh Banana, Orange or Apple

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One Full Reimbursable Breakfast is Free to Each Student

A La Carte Items will be charged accordingly

Menu is Subject to Change

Manage Your Student's Account Online www.MySchoolBucks.com

This institution is an equal opportunity provider

A USDA K-12 Reimbursable Breakfast Includes...1 Milk, a Whole Grain Item or a Plant/Animal Based Protein & Fruit or Vegetable

Available Daily: Assorted Whole Grain Reduced Sugar Cereals, Condiments, Skim White or 1% White Milk, Low-Fat Low Sugar Yogurt, Hard Boiled Eggs, & String Cheese

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have any questions or would like additional information, please contact kbressani@rcmahar.org