

November is Native American Heritage Month!
Look for Indigenous Ingredients in **Bold** & marked with a Feather

NOVEMBER 2026

Orange Elementary School

Monday

Bone-In Herb Roasted Chicken with **Wild Rice**, Cheesy Green Peas, Cherry Tomato & **Corn** Salad with Mozzarella & Basil, Sliced Apple Cup & Fresh Melon **2**

Tuesday

Cheese Ravioli with Locally Made Pomodoro Sauce, WG Breadstick, Parm Cheese, Carroteenies, **Blueberry** & Cream Cup, & Local Heirloom Belle de Boskoop Apple **3**

Wednesday

Big Primo NY Style Cheese or Pepperoni Pizza with **Maple Green Beans**, Cucumber Wheels, Mixed Fruit Cup & Fresh Local Pear **4**

Thursday

Hamburger or Cheeseburger on a WW Bun with Boston Baked Beans, Zesty 3 **Bean** Salad, Pear Cup & Fresh Grapes **5**

Friday

Chicken & Broccoli Alfredo Over Whole Wheat Pasta served with Chef's Choice of Assorted Fruits & Veggies **6**

Alternate Meals: Vegetarian GF Cereal Fun Lunch, Vegan Sunbutter & Jelly Sandwich on WW, Ham & Cheese Otter Box

Amazing Beef Lo Mein with Stir Fry Vegetables, Confetti **Corn** Salad, Sliced Apple Cup & Fresh Melon **9**

Homemade Pumpkin Soup served with Toasted **Pepitas**, a WG Breadstick, **Three Sisters Salad**, **Blueberry** & Cream Cup & a Local Heirloom Black Oxford Apple **10**



WG Tostitos Scoops with Seasoned Turkey, Sofrito Black Beans, Shredded Lettuce, Salsa, Guacamole, Pear Cup & Fresh Grapes **11**

Crispy Chicken Sandwich on Whole Wheat Bun served Romaine Lettuce & Fresh Tomato Slice & Chef's Choice of Assorted Fruits & Veggies **12**

Alternate Meals: Vegetarian WG Apple Muffin Fun Lunch, Vegan Veggie Hoagie, Crispy Chicken Salad with a WW Croutons & WW Roll

Jay's BBQ Day!
BBQ Pulled Pork Sandwich on a WW Bun with Roasted Chili Lime **Corn** on the Cob, **Jicama** Salad, Sliced Apple Cup & Fresh Melon **16**

Homemade 3 Sisters Bison Chili with Cornbread, Sweet Red Pepper Strips, **Blueberry** & Cream Cup & a Local Heirloom Northern Spy Apple **17**

Early Release
Choose from WG Bagel Fun Lunch, Tuna Salad Sandwich or Vegan Hummus Otter Box, all served with Assorted Fruits & Veggies **18**

3 Chicken & Vegetable Dumplings with a WG Veggie Egg Roll, Roasted Edamame, Crunchy Celery Sticks, Pear Cup & Fresh Grapes **19**

Maple Soy Glazed North Atlantic Salmon over Brown Rice with Roasted Seasoned Baby Boy Choy and Chef's Choice of Assorted Fruits & Veggies **20**

Alternate Meals: Vegetarian WG Bagel Fun Lunch, Tuna Salad Sandwich on WW with Lettuce, or Vegan Hummus Otter Box

Chipotle Black Bean Burger with Boom Boom Sauce on a WW Bun served with Tater Tots, **Jicama** Salad, Sliced Apple Cup & Fresh Melon **23**

Turkey Dinner!
with Gravy, Local **Butternut Squash**, Mashed Potatoes, WG Stuffing & Homemade Apple WG Cobbler & Whole Berry **Cranberry** Sauce **24**

Early Release
Choose from GF Cereal Fun Lunch, Vegan Sunbutter & Jelly Sandwich or Chef Salad, all served with Assorted Fruits & Veggies **25**

Happy Thanksgiving! **26**

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Check out this Video of the **Cranberry Day Harvest of the Mashpee Wampanoag Tribe** from the Smithsonian National Museum

Try out Regional Recipes & Videos from the **North American Traditional Indigenous Food Systems Project**

Learn about **The Three Sisters** – And be sure to try Corn, Beans, & Squash on this Month's Menu!

Alternate Meals: GF Cereal Fun Lunch, Vegan Sunbutter & Jelly Sandwich, or Chef Salad w/ a WW Roll

BBQ Grilled Chicken Filet Sandwich on a WW Bun served with Seasoned Baked Fries, Picante **Corn** Salsa, Sliced Apple Cup & Fresh Melon **30**

One Full Reimbursable Lunch is Free to Each Student
A La Carte Items will be charged accordingly
Menu is Subject to Change

Manage Your Student's Account Online www.MySchoolBucks.com

This institution is an equal opportunity provider

A USDA K-8 Reimbursable Lunch Includes...1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Veggies
Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have questions or would like additional information, please contact kbressani@rcmahar.org, please contact kbressani@rcmahar.org