

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



The Massachusetts Farm to School Feature for May is Seafood! We are serving up responsibly harvested sustainable seafood from New England. Learn More [Here](#)



1
Chicken Pesto WW Pasta with a Side Caesar Salad & Chef's Choice of Assorted Fruits & Veggies

4
BBQ Chicken Filet Sandwich on a WW Bun with Seasoned Baked Fries, Tex-Mex Corn Salad, Peach Slushy Cup & a Fresh Local Apple

5
Korean Beef over Brown Rice with Carrot, Onion & Bell Pepper Stir-Fry, Cherry Tomatoes, Strawberry & Cream Cup & Fresh Cantaloupe Cup

6
WG French Bread Cheese or Pepperoni Pizza with Steamed Mixed Veggies, Cucumber Wheels, Fresh Banana & Mixed Berry Slushy Cup

7
WG Tostitos Scoops with Seasoned Turkey, Sofrito Black Beans, Shredded Lettuce, Homemade Bean Salsa, Guacamole, Pear Cup & Fresh Anjou Pear

8
Cheeseburger WG Mac & Cheese with Steamed Broccoli & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Mediterranean Chicken & Pesto Sandwich on W.W. Flatbread, WW Bagel Fun Lunch or Chef Salad w/ a Whole Wheat Dinner Roll

11
Chipotle Black Bean Burger on a WW Bun with Lettuce & Tomato, Baked Crinkle Fries, Homemade Potato Salad, Mixed Berry Slushy Cup & a Fresh Local Apple

12
Roasted Turkey with Gravy served with a WG Biscuit, Cinnamon & Honey Roasted Sweet Potatoes, Carroteenies, Whole Cranberry Sauce & Fresh Honeydew Melon

13
Big Primo Cheese or Pepperoni Pizza with Steamed Green Beans, Snap Pea Snackers, an Applesauce Cup & Fresh Strawberries

14
3 Chicken & Vegetable Dumplings with a WG Egg Roll, Roasted Edamame, Cool Corn & Edamame Salad, Pineapple Cup & Fresh Orange Wedges

15
Chicken Parmesan Sandwich on a WW Ciabatta Bread with Italian Seasoned Broccolini & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Classic Chicken Salad with Crunchy Lettuce in a W.W. Wrap, Muffin Fun Lunch or Power Up! Otter Box

18
Mozzarella Stick & Chicken Nugget Combo with Marinara Dipping Sauce, Seasoned Baked Potato Wedges, Spring Pea & Mint Salad, Peach Slushy Cup & a Fresh Local Apple

19
BBQ Pulled Pork Sandwich on a WW Bun with Sweet Potato Fries, Sweet Red Pepper Strips, a Blueberry & Cream Cup & Fresh Watermelon

20
Early Release
Choose from the Ham & Cheese Wrap, Cereal Fun Lunch, or Berry Chicken Salad all served with Assorted Fruits & Veggies

21
WG Chicken Enchilada Empanada with Salsa Dip, Cilantro Seasoned Beans, a Homemade Black Bean, Corn & Watermelon Salad, Pineapple Cup & Fresh Banana

22
Fresh Atlantic Salmon Filet served over Wild Rice with a Crunchy Kale Slaw & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Ham & Cheese W.W. Wrap with Lettuce & a Pickle, GF Cheerio Cereal Fun Lunch or Berry Chicken Salad with W.W. Pita

25

26
Chicken Tamale with Guacamole & Salsa Dipping Sauces, Sweet Potato Fries, Tex-Mex Corn Salad, Strawberry & Cream Cup & Fresh Cantaloupe

27
Cheesy Stuffed Breadsticks with Marinara Dipping Sauce, Local Asparagus, Rainbow Carrots, an Applesauce Cup & Fresh Strawberries

28
Hamburger or Cheeseburger on a WW Bun with Lettuce & Tomato, Baked Beans, Zesty 3 Bean Salad, Pineapple Cup & Fresh Orange Wedges

29
Roasted Cherry Tomato Pasta Bake with Steamed Spinach, WG Texas Toast and Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Sunbutter & Jelly Sandwich on Whole Wheat, WW Bagel Fun Lunch or Ham & Cheese Otter Box

One Full Reimbursable Lunch is Free to Each Student

A La Carte Items will be charged accordingly

Menu is Subject to Change

Manage Your Student's Account Online www.MySchoolBucks.com

This institution is an equal opportunity provider

A USDA K-8 Reimbursable Lunch Includes...1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Veggies

Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have questions or would like additional information, please contact kbressani@rcmahar.org, please contact kbressani@rcmahar.org