

Parents & Guardians! New this year – On Thursday's Pick-Up Breakfast & Lunch for your Kids and Teens to last through the Weekend!

# JULY 2026

## OES Breakfast Menu

Monday

Tuesday

Wednesday

Thursday

Friday



**Breakfast Times & Locations:**

Petersham Center School: Monday – Thursday 8:15 a.m. – 8:25 a.m.  
 Fisher Hill Elementary School: Monday – Thursday 8:30 a.m. – 9:30 a.m.  
 Ralph C. Mahar Regional School: Monday – Friday 8:30 a.m. – 9:30 a.m.

Whole Grain Waffle **6**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Peach Slushy Cup or Fresh Melon

Whole Grain Super Slice **7**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Peach Slushy Cup or Fresh Orange Wedges

Tony's Sausage Whole Grain Breakfast Pizza **8**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Peach Slushy Cup or Fresh Apple Slices

Whole Grain Breakfast Bar or Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, 100% Apple Juice or a Petite Banana

**10**  
 Pick Up Breakfast for Friday, Saturday & Sunday!

Whole Grain Waffle **13**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Mixed Fruit Cup or Fresh Melon

Whole Grain Iced Cinnamon Roll **14**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Mixed Fruit Cup or Fresh Orange Wedges

Egg, Cheese & Turkey Sausage Whole Grain Burrito **15**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Mixed Fruit Cup or Fresh Apple Slices

Whole Grain Bagel with Cream Cheese **16**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, 100% Apple Juice or a Petite Banana

**17**  
 Pick Up Breakfast for Friday, Saturday & Sunday!

Whole Grain Waffle **20**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Applesauce Cup or Fresh Melon

Whole Grain Corn Muffin **21**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Applesauce Cup or Fresh Orange Wedges

Whole Grain Cinn-A-Min French Toast **22**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Applesauce Cup or Fresh Apple Slices

Whole Grain Breakfast Bar or Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, 100% Apple Juice or a Petite Banana

**24**  
 Pick Up Breakfast for Friday, Saturday & Sunday!

Whole Grain Waffle **27**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Pear Cup or Fresh Melon

Whole Grain Glazed Donut or Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Pear Cup or Fresh Orange Wedges **28**

Whole Grain Proffitz Pancake Bites **29**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, Pear Cup or Fresh Apple Slices

Whole Grain Bagel with Cream Cheese **30**  
 or  
 Assorted Whole Grain Reduced Sugar 1 oz. Cereal Bowl all with a Yogurt Cup, 100% Apple Juice or a Petite Banana

**31**  
 Pick Up Breakfast for Friday, Saturday & Sunday!

**One Full Reimbursable Breakfast is Free to Kids & Teens ages 0-18**  
 If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at [kbressani@rcmahar.org](mailto:kbressani@rcmahar.org)  
**This institution is an equal opportunity provider.**

**A USDA SFSP Reimbursable Breakfast Includes.... 1 cup of Skim or 1% White Milk, a Whole Grain Item, and ½ cup portions of Fruits & Vegetables. Pick at Least 3 for a Complete Meal!**  
 Assorted Condiments, Skim Milk, or 1% White Milk are Available Daily.  
 Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.