

Lunch

 **Celebrate Carnival Season!**
Famously celebrated in Brazil, Italy,
France, the Caribbean & New Orleans
begins on January 6th and runs until
Mardi Gras on February 17th

JANUARY 2026

Petersham Center School

Ralph C. Mahar Regional &
School Union 73 Website

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Hamburger or Cheeseburger
on a WW Bun, Baked Crinkle
Cut Fries, Potato Salad,
Applesauce Cup & Fresh
Melon Cup

6

Caribbean Spice Blend Chicken
Strips over Yellow Rice with
Roasted Sweet Potatoes,
Carroteenies, Peach Cup
& Fresh Clementines

7

Sicilian-Style Cheese Calzone
with Marinara Dipping Sauce,
Roasted Green Beans,
Cucumber Wheels,
Mixed Fruit Cup & Apple Slices

8

WG Tostitos Scoops with Cheese
Sauce, Sofrito Seasoned Black
Beans, Shredded Lettuce, Bean
Salsa & Guacamole,
Pear Cup & Fresh Grapes

9

Beef Teriyaki Rice Bowl served
with Chef's Choice of Assorted
Fresh Fruits & Veggies

Alternate Meals: Vegan Sunbutter & Jelly Sandwich on Whole Wheat, GF Cheerio Cereal Fun Lunch or Yogurt & Granola Fox Box

12

Homemade Cream of Chicken
Soup with Corn & a Cheesy
WG Bread Twist, Potato Salad,
Applesauce Cup &
Fresh Melon Cup

13

Italian Ground Beef Pasta Bake
with WG Garlic Texas Toast,
Steamed Carrots, Sweet Red
Pepper Strips, Peach Cup &
Fresh Clementines

14

WG French Bread Cheese or
Pepperoni Pizza with Ratatouille,
Celery Sticks, Mixed Fruit Cup &
Apple Slices

15

All Beef Hot Dog on a Whole
Wheat Bun with Boston Baked
Beans, a Pickle Spear, Veggie
Snackers with Hummus Dip,
Pear Cup & Fresh Grapes

16

Chicken & Vegetable Dumplings
with Dipping Sauce, Roasted
Bok Choy and served with
Chef's Choice of Assorted Fresh
Fruits & Veggies

Alternate Meals: Parmesan Chicken Caesar Wrap, WW Bagel Fun Lunch or Vegetarian Bistro Spinach Salad with a WW Dinner Roll

19

No School



20

Chicken & Turkey Jambalaya
with Louisiana Maque Choux
(Corn & Green Pepper Salad),
Peach Cup & Fresh Clementines

21

Big Primo 4 Cheese or Pepperoni
Pizza on a WW Crust with
Roasted Seasoned Potato
Wedges, Cauliflower Florets,
Mixed Fruit Cup & Apple Slices

22

Turkey Soft Taco on a WW Tortilla
with Refried Beans, Shredded
Cheese, Shredded Lettuce,
Black Bean & Tomato Salsa,
Pear Cup & Fresh Grapes

23

Crispy Chicken Patty Sandwich
on a WW Bun with Romaine
Leaf & Sliced Tomato served
with Chef's Choice of Assorted
Fresh Fruits & Veggies

Alternate Meals: Ham & Cheese Sandwich on Whole Wheat, Muffin Fun Lunch or Vegan Hummus & Pita Fox Box

26

Roasted Turkey Dinner with
Mashed Potatoes, WG Stuffing,
Butternut Squash, Corn Salad,
Whole Berry Cranberry Sauce
Cup & Fresh Melon Cup

27

Italian Rice Bake
(Riso al Forno) with WG Garlic
Texas Toast, Heirloom Cherry
Tomatoes, Peach Cup & Fresh
Clementines

28

Early Release
Choose from a Chicken Gyro,
Cereal Fun Lunch or
Greek Salad all served with
Assorted Fruits & Veggies

29

Glazed Latin Chicken over Black
Beans and Rice with Spiced Fruit
Relish, Veggie Snackers with
Hummus Dip, Pear Cup &
Fresh Grapes

30

Black Bean Veggie Burger on a
WW Bun with Romaine Lettuce
Leaf & Sliced Tomato, served
with Chef's Choice of Assorted
Fresh Fruits & Veggies

Alternate Meals: Chicken Gyro in a Whole Wheat Flatbread, GF Cheerio Cereal Fun Lunch or Vegetarian Greek Salad w/ a WW Flatbread

A USDA K-8 Reimbursable Lunch Includes...1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

- Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily •
 - Be Sure to Complete any Meal at our 5-A-Day Bar which features a Seasonal Assortment of Fresh Fruits & Veggies •
 - Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need •
- If you have any questions or would like additional information regarding this menu, please contact kbressani@rcmahar.org

• One Full Reimbursable Lunch is Free to Each Student •

- A La Carte Items will be charged accordingly •
- Menu is Subject to Change •

• This institution is an equal opportunity provider •

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