

Lunch

**Celebrate Carnival Season!**  
Famously celebrated in Brazil, Italy, France, the Caribbean & New Orleans begins on January 6<sup>th</sup> and runs until Mardi Gras on February 17<sup>th</sup>

# JANUARY 2026

## Orange Elementary School

Ralph C. Mahar Regional & School Union 73 Website

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

Hamburger or Cheeseburger on a WW Bun, Baked Crinkle Cut Fries, Potato Salad, Applesauce Cup & Fresh Melon Cup

6

Caribbean Spice Blend Chicken Strips over Yellow Rice with Roasted Sweet Potatoes, Carroteenies, Peach Cup & Fresh Clementines

7

Sicilian-Style Cheese Calzone with Marinara Dipping Sauce, Roasted Green Beans, Cucumber Wheels, Mixed Fruit Cup & Apple Slices

8

WG Tostitos Scoops with Cheese Sauce, Sofrito Seasoned Black Beans, Shredded Lettuce, Bean Salsa & Guacamole, Pear Cup & Fresh Grapes

9

Beef Teriyaki Rice Bowl served with Chef's Choice of Assorted Fresh Fruits & Veggies

*Alternate Meals: Vegan Sunbutter & Jelly Sandwich on Whole Wheat, GF Cheerio Cereal Fun Lunch or Yogurt & Granola Otter Box*

12

Homemade Cream of Chicken Soup with Corn & a Cheesy WG Bread Twist, Potato Salad, Applesauce Cup & Fresh Melon Cup

13

Italian Ground Beef Pasta Bake with WG Garlic Texas Toast, Steamed Carrots, Sweet Red Pepper Strips, Peach Cup & Fresh Clementines

14

WG French Bread Cheese or Pepperoni Pizza with Ratatouille, Celery Sticks, Mixed Fruit Cup & Apple Slices

15

All Beef Hot Dog on a Whole Wheat Bun with Boston Baked Beans, a Pickle Spear, Veggie Snackers with Hummus Dip, Pear Cup & Fresh Grapes

16

Chicken & Vegetable Dumplings with Dipping Sauce, Roasted Bok Choy and served with Chef's Choice of Assorted Fresh Fruits & Veggies

*Alternate Meals: Parmesan Chicken Caesar Wrap, WW Bagel Fun Lunch or Vegetarian Bistro Spinach Salad with a WW Dinner Roll*

19

No School



20

Chicken & Turkey Jambalaya with Louisiana Maque Choux (Corn & Green Pepper Salad), Peach Cup & Fresh Clementines

21

Big Primo 4 Cheese or Pepperoni Pizza on a WW Crust with Roasted Seasoned Potato Wedges, Cauliflower Florets, Mixed Fruit Cup & Apple Slices

22

Turkey Soft Taco on a WW Tortilla with Refried Beans, Shredded Cheese, Shredded Lettuce, Black Bean & Tomato Salsa, Pear Cup & Fresh Grapes

23

Crispy Chicken Patty Sandwich on a WW Bun with Romaine Leaf & Sliced Tomato served with Chef's Choice of Assorted Fresh Fruits & Veggies

*Alternate Meals: Ham & Cheese Sandwich on Whole Wheat, Muffin Fun Lunch or Vegan Hummus & Pita Otter Box*

26

Roasted Turkey Dinner with Mashed Potatoes, WG Stuffing, Butternut Squash, Corn Salad, Whole Berry Cranberry Sauce Cup & Fresh Melon Cup

27

Italian Rice Bake (Riso al Forno) with WG Garlic Texas Toast, Heirloom Cherry Tomatoes, Peach Cup & Fresh Clementines

28

**Early Release**  
Choose from a Chicken Gyro, Cereal Fun Lunch or Greek Salad all served with Assorted Fruits & Veggies

29

Glazed Latin Chicken over Black Beans and Rice with Spiced Fruit Relish, Veggie Snackers with Hummus Dip, Pear Cup & Fresh Grapes

30

Black Bean Veggie Burger on a WW Bun with Romaine Lettuce Leaf & Sliced Tomato, served with Chef's Choice of Assorted Fresh Fruits & Veggies

*Alternate Meals: Chicken Gyro in a Whole Wheat Flatbread, GF Cheerio Cereal Fun Lunch or Vegetarian Greek Salad w/ a WW Flatbread*

**A USDA K-8 Reimbursable Lunch Includes...** 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

- Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily •
- Be Sure to Complete any Meal at our 5-A-Day Bar which features a Seasonal Assortment of Fresh Fruits & Veggies •
- Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need •

If you have any questions or would like additional information regarding this menu, please contact [kbressani@rcmahar.org](mailto:kbressani@rcmahar.org)

- One Full Reimbursable Lunch is Free to Each Student •
- A La Carte Items will be charged accordingly •
- Menu is Subject to Change •
- This institution is an equal opportunity provider •

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