

Lunch



Celebrate Chinese New Year!
2/9 begins the festivities with Little Year,
then Lunar New Year officially starts on
2/17 and concludes with Lantern Festival
on 3/3. Learn more about Symbolic Foods!

FEBRUARY 2026

Petersham Center School

Ralph C. Mahar Regional &
School Union 73 Website

MONDAY

2

Chicken Parmesan Sandwich on a Whole Wheat Bun with Seasoned Baked Crinkle Cut Fries, Homemade Potato Salad, Fruit Slushy Cup & a Fresh Local Apple

TUESDAY

3

Homemade Chicken & Rice Soup with a Cheesy WG Bread Twist served with a Colorful Garden Side Salad, Pineapple Chunks & a Fresh Clementine

WEDNESDAY

4

Stuffed Crust Cheese or Pepperoni Pizza with a Local Medley of Roasted Rutabaga, Sweet Potato & Turnip, also Snow Pea Snackers, Pear Cup & Fresh Melon Cup

THURSDAY

5

Chicken Tamale with Green Tomatillo Sauce served with Slow Cooked Pinto Beans in Salsa, Cowboy Caviar, Mixed Fruit Cup & Fresh Grapes

FRIDAY

6

Hamburger or Cheeseburger on a Whole Wheat Bun with Romaine Lettuce Leaf, Sliced Tomato, Pickles & Chef's Choice of Assorted Fruits & Vegetables

Alternate Meals: South Madison Turkey & Bacon Sub on Whole Wheat, WW Bagel Fun Lunch or Maple Sunbutter & Pretzel Fox Box

9

Loaded Spuds!

Baked Potato Wedges topped with Protein-Packed 2 Bean Chili, Cheese Sauce served with Cornbread, Corn Salad, Fruit Slushy Cup & an Apple

10

All Beef Hot Dog on a Whole Wheat Bun with Sweet Potato Fries, a Pickle, Sweet Red Pepper Strips, Pineapple Chunks & a Fresh Clementine

11

Early Release

Choose from *The All-American Sub*, *Muffin Fun Lunch*, or *SW Chicken Caesar Salad* all served with Assorted Fruits & Veggies

12

3 Chicken & Vegetable Dumplings & 1 Eggroll served with Dipping Sauce, Roasted Edamame, Hummus & Veggie Dippers, Mixed Fruit Cup & Fresh Grapes

13

Chicken & Broccoli Alfredo with Whole Grain Penne Pasta Served with Chef's Choice of Assorted Fruits & Vegetables

Alternate Meals: The All-American Sub Sandwich on Whole Wheat, Muffin Fun Lunch or Southwest Chicken Caesar Salad w/ Tortilla Strips & Chips

17



18



19

20

23

BBQ Chicken Filet Sandwich on a Whole Wheat Bun with Seasoned Baked Fries, Tex-Mex Corn Salad, Fruit Slushy Cup & a Fresh Local Apple

24

Amazing Beef Lo Mein served with a Fortune Cookie, Carroteenies, Pineapple Chunks & a Fresh Clementine

25

Cheesy Stuffed Pizza Sticks with Marinara Dipping Sauce served with Steamed Garlicky Green Beans, Cucumber Wheels, Pear Cup & Fresh Melon Cup

26

2 Crunchy Turkey Tacos served with Rice & Beans, Salsa, Shredded Lettuce, Cheese, Guacamole, Hummus & Veggie Dippers, Mixed Fruit Cup & Fresh Grapes

27

Falafel Nugget with Tikka Masala Dipping Sauce & Spinach Tabbouli Salad all served with Chef's Choice of Assorted Fruits & Vegetables

Middle Eastern Themed Menu Day!

Alternate Meals: Fruity Chicken Salad Sandwich with Lettuce on a Whole Wheat Bulkie Roll, GF Cheerio Cereal Fun Lunch or Ham & Cheese Fox Box w/ a WG Cracker



A USDA K-8 Reimbursable Lunch Includes... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

- Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily •
 - Be Sure to Complete any Meal at our 5-A-Day Bar which features a Seasonal Assortment of Fresh Fruits & Veggies •
 - Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need •
- If you have any questions or would like additional information regarding this menu, please contact kbressani@rcmahar.org

• One Full Reimbursable Lunch is Free to Each Student •

- A La Carte Items will be charged accordingly •
 - Menu is Subject to Change •
 - This institution is an equal opportunity provider •
- Manage Your Student's Account Online www.MySchoolBucks.com