



Massachusetts Local Wellness Policy Strength Checklist Report for Ralph C Mahar Regional SD

Report showing responses your team has made on your district's massachusetts local wellness policy strength checklist.

Last updated 2/2/2026 by Michelle Condakes

Implementation & Communication

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-IC-1 ♦	Creation of a wellness committee	<input checked="" type="radio"/> Yes	-	2/2/2026	Michelle C.
MA-LWPS-IC-2 ♦	Wellness committee meeting frequency and public notice	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-IC-3 ♦	Responsible district-level official	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-IC-4	Responsible school-level official	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-IC-5 ♦	Triennial Assessment	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-IC-6 ♦	Updating and communicating goals	<input type="radio"/> No	-	2/2/2026	Michelle C.

School Meal Programming

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-SM-1 ♦	Compliance with USDA nutrition	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
	standards for school meals				
MA-LWPS-SM-2 ♦	Student privacy	<input checked="" type="radio"/> Yes	-	2/2/2026	Michelle C.
MA-LWPS-SM-3 ♦	Access to potable water	<input type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-SM-4	Monitoring water quality	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-SM-5 ♦	Professional learning for school nutrition professionals	<input type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-SM-6	Incorporating student and family/caregiver voice	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-SM-7	Seat time	<input type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-SM-8	Local, culturally relevant, and minimally processed meal options	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-SM-9	Implementing Farm-to-School programming	<input type="radio"/> Partially	-	2/2/2026	Michelle C.

Competitive Foods & Beverage Standards


QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-CF-1 ♦	Food and beverages sold to students	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-CF-2 ♦	Foods and beverages provided for school and classroom events	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-CF-3 ♦	Smart Snacks standards for marketed food and beverages	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-CF-4 ♦	Smart Snacks standards for fundraising activities	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-CF-5	Prohibition on using food as a reward	<input checked="" type="radio"/> Yes	-	2/2/2026	Michelle C.

Nutrition & Food System Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-FL-1 ♦	Nutrition education standards	<input checked="" type="radio"/> Partially	-	2/2/2026	Michelle C.
MA-LWPS-FL-2	Integrated food system education	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-FL-3	Hands-on learning opportunities	<input type="radio"/> No	-	2/2/2026	Michelle C.

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-FL-4	Programs promoting food systems education	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-FL-5	Accessing local foods	<input type="radio"/> No	-	2/2/2026	Michelle C.

Physical Activity & Education

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-PA-1 	Goals related to physical activity	<input checked="" type="radio"/> Yes	-	2/2/2026	Michelle C.
MA-LWPS-PA-2	Goals related to physical education	<input checked="" type="radio"/> Yes	-	2/2/2026	Michelle C.
MA-LWPS-PA-3	Recess before lunch	<input type="radio"/> No	-	2/2/2026	Michelle C.

Staff Wellness

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-SW-1	Physical and mental wellness opportunities for staff	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-SW-2	Healthy staff meeting and celebration standards	<input type="radio"/> No	-	2/2/2026	Michelle C.

Social-Emotional Climate and Caregiver Engagement

QUESTION	NAME	STATUS	ACTION PLAN	DATE OF LAST RESPONSE	LAST RESPONDENT
MA-LWPS-SE-1	Communication about community-based support	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-SE-2	Implementation of social-emotional learning curriculum	<input type="radio"/> No	-	2/2/2026	Michelle C.
MA-LWPS-SE-3	Collaboration to support social-emotional health	<input type="radio"/> No	-	2/2/2026	Michelle C.

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