

Lunch

Happy Holidays!

DECEMBER 2025 Petersham Center School



Ralph C. Mahar Regional & School Union 73 Website

MONDAY

1

Hamburger or Cheeseburger on a WW Bun, Baked Fries, Potato Salad, Pickles, Applesauce Cup & Fresh Melon Cup

TUESDAY

2

Grilled Chicken Filet on a WW Bun with Lettuce & Tomato, Sweet Potato Fries, Carroteenies, Peach Cup & Fresh Clementines

WEDNESDAY

3

Cheese or Pepperoni Pizza on a WW Crust with Roasted Green Beans, Cucumber Wheels, Mixed Fruit Cup & Apple Slices

THURSDAY

4

2 Turkey Soft Tacos served on 6" WW Flour Tortillas with Sofrito Black Beans, Corn & Bean Salsa, Cheddar Cheese, Lettuce Topping, Pear Cup & Fresh Strawberries

FRIDAY

5

Teriyaki Chicken & Brown Rice Bowl with Broccoli served with Chef's Choice of Assorted Fresh Fruits & Veggies

Alternate Meals: Ham & Cheese Sandwich on Whole Wheat, Muffin Fun Lunch or Vegan Hummus & Pita Fox Box

8

Crispy Chicken Drumstick served with a WG Mini Flatbread, Roasted Seasoned Potatoes, Tex-Mex Corn Salad, Applesauce Cup & Melon Cup

9

Tomato Soup served with 3 Cheese Toasted Cheese Sandwich on WW Bread, Side Salad with Carrot & Tomato, Peach Cup & Fresh Clementines

10

WW Cheese or Pepperoni Bagel Pizza served with Popcorn Cauliflower, Rainbow Carrots, Mixed Fruit Cup & Apple Slices

11

Sweet & Sour Chicken served with Scallion Brown Rice, Roasted Edamame, Crunchy Chickpeas, Pear Cup & Fresh Strawberries

12

BBQ Pulled Pork Sandwich with Slow Cooked Collard Greens served with Chef's Choice of Assorted Fresh Fruits & Veggies

Alternate Meals: Vegan Sunbutter & Jelly Sandwich on Whole Wheat, GF Cheerio Cereal Fun Lunch or Chef Salad w/ a WW Dinner Roll

15

Homemade Beef Stew served with a Whole Wheat Biscuit, Bistro Potato Side Salad, Applesauce Cup & Fresh Melon Cup

16

Chicken & Waffles served with a Blueberry & Real Maple Syrup Topping, Roasted Carrots, Sweet Red Pepper Strips, Peach Cup & Fresh Clementines

17

Early Release
Choose from an All-American Sub, Bagel Fun Lunch or Yogurt Sunrise Fox Box all served with Assorted Fruits & Veggies

18

Turkey Taco Bowl with Cilantro Lime Rice, Cheddar Cheese, Black Beans, Corn Salsa, Pico de Gallo, Sour Cream, Pear Cup & Fresh Grapes

19

Whole Grain Mac & Cheese with Steamed Broccoli Trees served with Chef's Choice of Assorted Fresh Fruits & Veggies

Alternate Meals: All American Sub on Whole Wheat, WW Bagel Fun Lunch or Vegetarian Yogurt Sunrise Fox Box

22

Amazing Beef Lo Mein with WW Noodles and a Broccoli/Carrot Blend, Corn Side Salad, Blueberries & Cream Cup & Fresh Melon Cup

23

Early Release
Choose from a Tuna Sandwich, Muffin Fun Lunch, or Chicken Caesar Salad all served with Assorted Fruits & Veggies & a Holiday Cookie

24



25



26



Alternate Meals: Tuna Sandwich, Muffin Fun Lunch or Chicken Caesar Salad w/ WW Roll

29



30



31



MASSACHUSETTS
FARM TO SCHOOL

December
HARVEST
of the
MONTH
CARROTS



A USDA K-8 Reimbursable Lunch Includes...1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

- Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily •
- Be Sure to Complete any Meal at our 5-A-Day Bar which features a Seasonal Assortment of Fresh Fruits & Veggies •
- Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need •

If you have any questions or would like additional information regarding this menu, please contact kbressani@rcmahar.org

• One Full Reimbursable Lunch is Free to Each Student •

- A La Carte Items will be charged accordingly •
- Menu is Subject to Change •

• This institution is an equal opportunity provider •

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