Breakfast in the Classroom

Happy Holidays!

DECEMBER 2025 Orange Elementary School



Ralph C. Mahar Regional & School Union 73 Website

MONDAY.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY .

1oz. WG Reduced Sugar Trix Cereal & Cheddar Cheese Cubes With100% Fruit Juice And a Fruit Cup, White Skim

WG Super Slice Bread

With **Dried Fruit** And Fresh Clementines. White Skim Milk & White 1% Milk

1oz. WG Reduced Sugar Marshmallow Matey Cereal & a Hard- Boiled Egg With100% Fruit Juice And Fresh Apple Slices, White Skim Milk & White 1% Milk

WG Waffles With Raisins And A Fruit Cup. White Skim Milk & White 1% Milk

1oz. WG Reduced Sugar Cocoa Puff Cereal & Danimal Yogurt 100% Fruit Juice And Fresh Banana. White Skim Milk & White 1% Milk

8

Milk & White 1% Milk

2oz. Zee Zee's Breakfast Bar 100% Fruit Juice And Fresh Apple Slices, White Skim

Egg, Sausage, & Cheese Tornado With Dried Fruit And ZeeZee's Applesauce Cup, White 10

1oz. GF WG Reduced Sugar Cinnamon Chex Cereal & String Cheese With 100% Fruit Juice And Fresh Clementine. White

11

WG French Toast Sticks With Raisins And Peach Cup, White Skim Milk & White 1% Milk

12

1.5oz. Protein Granola Pouch with Sunflower Seeds & Danimal Yogurt With 100% Fruit Juice And Fresh Banana. White Skim Milk & White 1% Milk

15

Milk & White 1% Milk

1oz. WG Reduced Sugar Frosted Mini Wheat Cereal & Cheddar Cheese Cubes With 100% Fruit Juice And Fresh Apple Slices, White Skim Milk & White 1% Milk

16 Mini Breakfast Bagel Pizza with

Skim Milk & White 1% Milk

Egg & Melty Mozzarella Cheese With Dried Fruit ZeeZee's Applesauce Cup, White Skim Milk & White 1% Milk

17

Skim Milk & White 1% Milk

1oz. WG Reduced Sugar Cinnamon Toast Crunch & a Hard- Boiled Egg With 100% Fruit Juice And Fresh Clementine. White Skim Milk & White 1% Milk

18

WG Pancakes With Raisins And Mixed Fruit Cup, White Skim Milk & White 1% Milk

19

1.5oz. Protein Granola Pouch with Sunflower Seeds & Danimal Yogurt With 100% Fruit Juice And Fresh Banana. White Skim Milk & White 1% Milk

22

Assorted Whole Grain **Breakfast Bars** With 100% Apple Juice Cup Fresh Apple Slices, White Skim Milk & White 1% Milk

23

Assorted WG Breakfast Breads. Muffins, & Loafs With Dried Fruit And Strawberry Slushy Cup, White Skim Milk & White 1% Milk

24

25



26

29



30







MASS GROWN

A USDA K-12 Reimbursable Breakfast Includes...1 Milk, a Whole Grain Item or a Plant/Animal Based Protein & Fruit or Vegetable Menu is Subject to Change

 Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need If you have any questions or would like additional information regarding this menu, please contact kbressani@rcmahar.org

One Full Reimbursable Breakfast is Free to Each Student

A La Carte Items will be charged accordingly

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