

Lunch

April is National Garden Month!
Celebrated across the U.S. in April to kick off the planting season. Get excited for Spring & start a Home, Community, or School Garden! Try a Butterfly or Storybook Garden

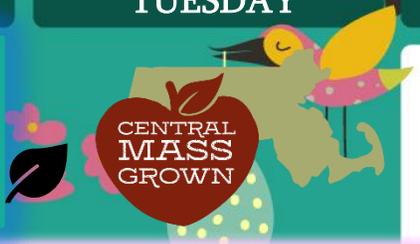
APRIL 2026
Petersham Center School

Ralph C. Mahar Regional & School Union 73 Website

MONDAY

As the Massachusetts Growing Season Begins to pick up, look for the Leaf on the Menu that will Highlight Locally Grown Items

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

1

WG Deep Dish Cheese or Pepperoni Pizza with Roasted Root Vegetable Hash, Organic Asian Radish Wheels, Applesauce Cup & Fresh Strawberry & Kiwi Cup

2

National Burrito Day!
Chicken Burrito Bowl made with a Local WG Tortilla, Brown Rice, Cheesy Chicken, Beans & Salsa with Sour Cream, Guacamole, Pineapple Cup & Fresh Orange

3

Homemade Chicken & Rice Soup with a Side Garden Salad & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Classic Chicken Salad on a W.W. Ciabatta with Lettuce, Muffin Fun Lunch or Vegan Strawberry Fields Salad with a W.W. Pita

6

Jay's BBQ Day!
BBQ Chicken Mac & Cheese with WG Corn Bread, Corn on the Cob, Magenta Root Slaw, Mixed Fruit Cup & Fresh Apple

7

WW Elbow Pasta & Meat Sauce with Parmesan Cheese, Roasted Butternut Squash, Carroteenies, Strawberry & Cream Cup, & Fresh Honeydew Melon Cup

8

Big Primo 4 Cheese or Pepperoni Pizza on a WW Crust with Steamed Fresh Green Beans, Cucumber Wheels, Applesauce Cup & Fresh Grapes

9

Hamburger or Cheeseburger on a WW Bun served with Vegetarian Baked Beans, Cool Corn & Edamame Salad, Pineapple Cup & Fresh Banana

10

3 WG Chicken Dumplings & 1 WG Vegetable Egg Roll served with Garlicky Roasted Baby Bok Choy & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Ham & Cheese on a W.W. Croissant with Lettuce, GF Cheerio Cereal Fun Lunch or Yogurt Sunrise Fox Box

13

Brunch for Lunch!
Egg & Cheese Breakfast Sandwich on a WW Croissant with Hash Browns, Bistro-Style Potato Salad, Mixed Fruit Cup & Fresh Apple Slices

14

Homemade Chicken Pot Pie with Peas & Carrots topped with a WW Biscuit, Sweet Red Pepper Strips, Blueberry & Cream Cup, & Fresh Cantaloupe Cup

15

Early Release
Choose from the *Egg Salad Sandwich, Muffin Fun Lunch, or Chicken Caesar Salad* all served with Assorted Fruits & Veggies

16

BBQ Chicken & Cheese WW Quesadilla served with Seasoned Black Beans, Rainbow Salsa, Sour Cream, Guacamole, Pineapple Cup & Orange Wedges

17

WG Mozzarella Sticks & Chicken Nugget Combo with Marinara Sauce, Citrusy-Cumin Roasted Broccoli, & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Classic Egg Salad Sandwich on a W.G Pretzel Roll with Pickles, W.W. Bagel Fun Lunch or Chicken Caesar Salad with a W.W. Roll

20



21



22



23



24



27

Turkey Soft Taco in a WW Tortilla with Baked Plantains, Shredded Cheese, Lettuce, Picante Corn Salsa, Sour Cream, Guacamole, Mixed Fruit Cup & Fresh Apple

28

Tomato Soup with a WG Cheesy Breadstick, Heirloom Tomato Snackers, Strawberry & Cream Cup, & Fresh Honeydew Melon Cup

29

WG Cheese or Pepperoni Pizza with Ratatouille, Rainbow Carrot Snackers, Applesauce Cup & Fresh Raspberry & Blackberry Cup

30

Chicken Stir Fry over Brown Rice with a Seasoned Stir Fry Edamame Veggie Blend, Hummus & Veggie Dippers, Pineapple Cup & Fresh Banana

Alternate Meals: Sunbutter & Jelly Sandwich on Whole Wheat Bread, Muffin Fun Lunch or Ham & Cheese Fox Box



1 USDA K-8 Reimbursable Lunch Includes...1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Veggies
Assorted Condiments, Carroteenies, Skim White, Skim Chocolate, or 1% White Milk are Available Daily
Complete any Meal at our 5-A-Day Bar which features a Seasonal Assortment of Fresh Fruits & Veggies
Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need
If you have questions or would like additional information, please contact kbressani@rcmahar.org

One Full Reimbursable Lunch is Free to Each Student
A La Carte Items will be charged accordingly
Menu is Subject to Change
Manage Your Student's Account Online www.MySchoolBucks.com
This institution is an equal opportunity provider