# Eagle Tales

# Message from Mr. Erickson

I hope you all had a wonderful Thanksgiving surrounded by family and friends. As we close out the first semester, I want to take a moment to reflect on some highlights and share a few important reminders.

#### **Veterans Day Celebration**

A heartfelt thank you to everyone who attended our 29th Annual Veterans Day Celebration. It was an incredible event honoring the brave women and men who have served our country. I especially want to thank the committee members who helped make the day so special - Jayci Whittington, Jessica Orona, Yana Carter, and Jessica Carter. Your dedication and attention to detail ensured another memorable celebration for our community.

#### Parent Partnership

This time of year is a perfect opportunity to slow down and connect as a family. Encourage your child to share what they are most proud of from this semester. Ask them about a project, a friendship, or a skill they've developed. Taking time to talk about school and celebrate their growth helps build confidence and motivation as we move into the new year.

As we continue to Row the Boat together, these family conversations remind our students that every effort, every day, and every moment of learning matters. When families and school pull in the same direction, our Eagles truly soar.

#### Winter Break

Our Winter Break begins on Thursday, December 19, and the office will be closed through January 4. Second semester begins Monday, January 5. I hope everyone enjoys a restful and joyful holiday season filled with peace, laughter, and time with loved ones.

#### Looking Ahead to 2026

David R. Euly

As we look ahead to the new year, let's keep rowing together with purpose and positivity. With teamwork, perseverance, and a shared commitment to our students, I know the second semester will be even stronger than the first.

Thank you for your continued partnership and support. Together, we've made the first half of the school year a tremendous success, and I can't wait to see what 2026 brings for our Eagles.

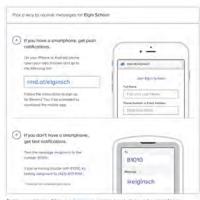
Wishing you all a joyous holiday season!

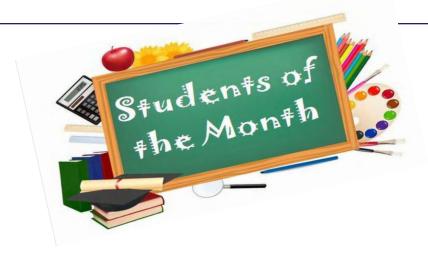


- Student Spotlights
- Classroom Spotlights
- ❖ Nurse's Corner
- Missoula Children's Theatre
- ❖ PTC & Upcoming **Events**



#### Sign up for important updates from Elgin School.







Bronco Alcala 2<sup>nd</sup> Grade



Noah George 8th Grade

# Eagle Eye - Student of the Week

Recognizing elementary students who practice good character and citizenship









# Middle School Science - Mr. Richard Graeme

Students across all grade levels in the science classroom have been busy exploring energy, organisms, Earth's history, and more through hands-on activities that bring learning to life.

Sixth graders have been building **energy pyramids**, demonstrating how energy flows through ecosystems from producers to top predators. They've also been investigating **phase changes**, using experiments to observe how matter shifts between solid, liquid, and gas.

Seventh graders have taken a deeper look—literally—into **body systems**. Using cow organs, students dissected small intestines, livers, and kidneys to better understand structure and function. The lab gave them a memorable, real-world perspective on how different organs support life.

Meanwhile, eighth graders recently wrapped up their unit on **geologic time and fossils**, exploring Earth's ancient past and the evidence left behind. They are now moving on to a new topic: **waves**, where they'll study how energy travels through different mediums.

With so many hands-on investigations happening at once, the classroom is buzzing with curiosity, discovery, and excited conversations about science.



#### Nurse's Corner



We received notice from Maricopa County Department of Public Health that an individual with an active case of measles created a large exposure to other individuals at both a hotel, as well as music concert on Nov 5<sup>th</sup> & 6<sup>th</sup>. Since many of us travel to and from there for family, work, and leisure, we found it pertinent to share this information. This is not the first exposure to happen in our state, however it is the most recent. This could affect our school populations, especially those who have opted out of receiving their initial or second MMR vaccations.

Below is the information they shared with us:

Exposures occurred at the following venues:

- o Home2 Suites by Hilton Phoenix Downtown
  - o 125 E Jackson St, Phoenix, AZ 85004
  - o November 5th at 3:00 pm through November 6th at 1:00 pm
  - Watch for symptoms through November 27
- Concert at Mortgage Matchup Center
  - 201 E Jefferson St. Phoenix. AZ 85004
  - o November 5th, 6:00 pm through November 6 at 12:30 am
  - Watch for symptoms through November 27

Anyone who may have been exposed should watch for symptoms, which appear typically seven to 12 days after exposure but may take up to 21 days. Symptoms include:

- o Fever (101 F or higher)
- o Red, watery eyes
- o Cough
- o Runny nose
- A rash that is red, raised, and blotchy. The rash begins after other symptoms, usually on the face at the hairline, and moves down the body. The rash may last five to six days.

**Individuals who develop symptoms are encouraged to seek medical care and testing.** They should call the provider ahead to let them know about symptoms and potential exposure before going in. The provider or facility will provide instructions on how to be seen without exposing others in the waiting area.

o If you do not have a health care provider: You may need to be seen at your local hospital emergency room or urgent care center. Please call before going to let them know you may have measles.

MCDPH is encouraging healthcare providers to be alert for unvaccinated patients with fever and rash, especially if they have a known exposure. Healthcare providers are required to report suspect cases of measles to their local health department.

"Measles is highly contagious and can have severe complications, but the good news is that it is preventable," said Dr. Staab. "We strongly encourage anyone who has not been vaccinated to get vaccinated to prevent further spread from this or other potential exposures."

For more information on measles, visit https://www.maricopa.gov/Measles.

Measles is highly contagious. Approximately 90% of persons lacking immunity who are exposed to measles virus will develop the disease. The virus is transmitted by airborne particles or direct contact with respiratory secretions of an infected person. It can live for up to 2 hours in an airspace where an infected person has coughed or sneezed. Individuals with measles are infectious from 4 days before rash onset though 4 days after rash onset (9 days total).

Please call your medical provider if you have concerns or questions. I am also here as a resource for you and your family (Kathe Prentice, RN (520) 455-5514, kprentice@elgink12.com)





Elgin School's Missoula Children's Theatre Residency December 8th-13th

The performance will be held on Saturday, December 13th at 6:00 PM

Permission Slips must be returned by Wednesday, December 3rd!

#### THEATER! DRAMA! MUSIC! COSTUMES! FUN!!!!

The renowned Missoula Children's Theatre is coming to Elgin School December 8th—13th! This week-long residency is made possible for Elgin students through tax credit and parent donations. A little red truck will pull into our town with everything it takes to mount a full-scale musical production of "The Tortoise and the Hare." The truck will have a team of directors, lights, costumes, props, and make-up, everything except the cast. That's where Elgin students come in. The school has declared that week "No Homework Week" for participants, so any student who would like to try out for this performance must be able to attend the week-long rehearsals if given a part. Up to 50 students are needed for this production!

Please note that if a student is given a part in the play, he/she needs to be available Monday through Friday from 2:00 PM until 6:30 PM, and on Saturday, performance day, for morning dress rehearsals and the 6:00 PM evening performance. Students who commit to this endeavor will be expected to follow through on that commitment. More details will be sent home with the students.

Mark your calendars for this incredible opportunity for our Elgin community.



Adapted by

CHILDREN'S

Lyrics by Gregory Boris & Emily Morrison

Presented By: Elgin School Students Saturday, December 13th 6:00 PM Elgin School Gym

Elgin School PTC Silent Auction will be held until showtime!





If you have concerns about your child's development from ages 3 to 21 years of age in these areas:

VISION/HEARING \* SPEECH/LANGUAGE \* THINKING SKILLS PHYSICAL DEVELOPMENT \* BEHAVIOR \* NORMAL DEVELOPMENT

Your school's CHILDFIND can help - with a free screening, and if needed, referral for diagnostic evaluation and/or early intervention programs (birth to three). If you have any concerns about your child's development, certain benefits are available through your local school district.

Screenings are available by appointment. To schedule your appointment or for more information please contact: Christine Clouse- Student Services 455-5514 cclouse@elgink12.com













# Fresh Perspectives Series

Examining common misconceptions surrounding school meals to offer guidance on how to steer the conversations within your community!



# Claim: "School Meals are High in Sugar"

## Let's Take a Closer Look...

Response: Starting July 1, 2025, School Food Authorities must adhere to revised <u>nutrition standards</u> for the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). These updated standards aim to **reduce the amount of added sugars** in school meals, promoting healthier choices for students. The revisions emphasize the importance of **offering a variety of fresh fruits and vegetables, whole grains, and lean proteins**, while limiting sodium and saturated fats. By prioritizing nutritional balance, the programs strive to support students' overall well-being and academic performance.

#### **Added Sugars Versus Total Sugars**

According to the U.S. Food and Drug Administration, **total sugars** "encompass the sugars that naturally occur in various nutritious foods and beverages, such as milk and fruits, along with any added sugars that might be included in the product."

Added sugars refer to "sugars incorporated during the food processing, those found in packaged sweeteners, sugars derived from syrups and honey, as well as sugars from concentrated fruit or vegetable juices."

# Final Rule: Added Sugar Limit Updates as of July 1, 2025

- Breakfast cereals: no more than 6 grams of added sugars per dry ounce
- Yogurt: no more than 12 grams of added sugars per 6 ounces
- Flavored milk: no more than 10 grams of added sugars per 8 fluid ounces or, for flavored milk sold as a competitive food for middle and high schools, 15 grams of added sugars per 12 fluid ounces

### **Crucial Points to Chat About...**

Here are our recommended points to offer during any discussion to effectively **express your commitment and efforts** to serve foods with less sugar at your sites.

- **Revised School Nutrition Standards:** Guide your community to the <u>updates to the final</u> rule, which include revisions to regulations for added sugar, sodium, and whole grains.
- NSLP Products vs Grocery Store Products: Remind your community that the processed products served at your sites differ from their grocery store counterparts. As an example, General Mills Honey Cheerios were created exclusively for K-12 schools and contain less sugar, more whole grains, and no nuts!



USDA is an equal opportunity provider, employer, and lender.

# 2026 Testing Dates

Elementary Calendar Grades 3, 4, & 5

March 31st - Science (5th Grade)

- Oral Proficieny (3rd Grade)

April 2nd - Writing



April 7th - Reading & Math, parts 1 April 9th - Reading & Math, parts 2

# Middle School Calendar Grades 6, 7, & 8

March 31st-April 2nd- Science (8th Grade) April 7th - Writing

April 8th & 9th - Reading April 14th & 15th - Math

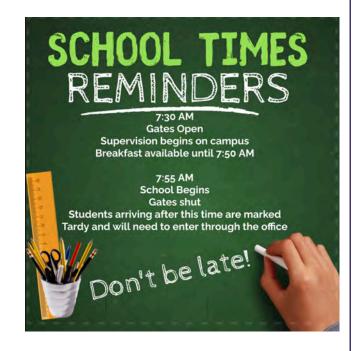












## **Elgin School Calendar** 2025-26

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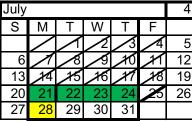
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Normal School Hours: 7:55 AM-3:00 PM



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July 21st-24th	Faculty & Staff Return						
July 28th	First Day - Students						
Sept. 1st	Labor Day - No School						
Oct. 6th	Fall Break - No School						
Nov. 10th	Special Event Release (11:30						
AM)							

Nov. 11th	Veterans Day - No School
Nov. 24th-28th	Thanksgiving Break - No
School	

Dec. 22nd-Jan.2nd Winter Break - No School

Jan. 5th	Students Return
Jan. 19th	Civil Rights Day - No School
March 9th- 13th	Spring Break - No School
May 21st	Last day for Students - Early
	Dismissal at 11:30 AM

This calendar is subject to change. 152 Instructional Days

**Report Card Periods** 1st Quarter - 7/28-10/2 2nd Quarter - 10/7-12/18 3rd Quarter - 1/3-3/5 4th Quarter - 3/16-5/21

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	Teacher & Staff In-Service
	First & Last Days
	Vacation - No School
	Special Event Release
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# Elgin School Donate your Arizona Tax

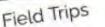
# Credit today!!

The monies received from the Extra-Curricular Tax Credit go directly to help fund student programs. Thanks to generous donations, the students of Elgin School will be able to enjoy many programs that may not have been available otherwise.



Athletics







Marine Biology

### Ready to donate today? Just send in this form with your donation to:

Elgin School Attn. Tax Credit 23 Elgin Rd Elgin, AZ 85611

Name: Address:

Please use my contribution for the following extracurricular activity:

Make checks payable to Elgin School. Mail or drop off this completed form with your check to Elgin School. The school staff will provide you with a receipt verifying you have contributed to an eligible fee-based extra-curricular activity.



Missoula Children's Theatre Residency