



PRESCHOOL NEWSLETTER

October 17, 2025

Dear Preschool Families,

We would like to share a few preschool highlights of the week.

On Thursday, we participated in the "The Great California Shakeout". We practiced duck, cover & hold on and we evacuated the building. The preschool did an awesome job!

Mrs. McDowell and Mrs. Mahler introduced the letter "Dd". Each child dot painted the letter. The teachers read the Dd book and went over things that begin with letter "Dd". The children traced and practiced writing the letter in their ABC workbook. On Tuesday, Mrs. McDowell talked about mixing two colors to make orange. Each child mixed yellow and red paint on construction paper. They also made a dinosaur name craft. Today, Mrs. McDowell concluded her Parent-Teacher conferences, if you were unable to attend, she will reach out to reschedule your conference. We want to thank all the parents who were able to attend their child's conference.

Ms. Fitts and Mrs. Sebring's weekly themes were Pumpkins, letter Dd and number 7. The children practiced tracing and writing the letter and number. They also made a letter collage and a puppet. Their science activity was the "Pumpkin Stem". During geography, the children made a Lebkuchenherz German heart shaped gingerbread cookie out of brown construction paper. The children glued sparkles. Their journal page was about pumpkins. The Seeds gospel story was "Jesus wants us to ask".

On Thursday, we went to visit the Grotto. We reviewed our core value of Hospitality. The children prayed and sang songs. I continued to go over God's Rules from the God's Rules for Me book by Virginia Helen Richards, FSP and D. Thomas Halpin, FSP.

PARENT-TEACHER CONFERENCES

If you cannot meet with your child's teacher on scheduled days, please contact teacher to schedule a conference. Parents, please keep in mind that this is **ONLY** a 30-minute conference with your child's teacher and other parents will be waiting for their scheduled appointments.

Buzzy Bee Parent-Teacher conferences will be the week of October 20-24.

LUNCH REMINDER

The children have a 30-minute lunch time from 12:00 pm – 12:30 pm. We encourage children to eat their lunch. Each child **MUST** have a complete lunch (main dish, fruits, vegetables, water, milk, 100% juice). If your child's main dish needs to be warmed up, we put it in the microwave for 30 seconds. No glass dishes!

DIA DE LOS MUERTOS ALTAR – ALL SOULS DAY / ALL SAINTS DAY

The week of October 27 through November 3 we will display our decorated Dia De Los Muertos Altar in the hallway. You are welcome to bring a picture of a loved one who has passed to place on our altar. This is a traditional Mexican holiday celebrated on November 1 and 2.

SIGN-IN & OUT

Please remember to sign your child in and out every day! Full signature **NO** initials! The person signing **MUST** be 18 years old or older. Upper grade school siblings are **NOT** allowed to sign in or out! This is a State Licensing Regulation.

SNACKS

We want to thank the families who brought muffins, veggies and fruit this week. We greatly appreciate all your help. Muffins (Zebian), veggies (Ortiz & Verdon) and fresh fruit (Secada-Lovio & Zebian). Be sure to keep track of your service hours and save your receipts. Snacks **MUST** be store bought/prepackaged.

HALLOWEEN CARNIVAL MEETING

The next planning meeting is on Wednesday, October 22 at 6:30 pm in the staff lounge. If you are going to volunteer, please submit your parent volunteer immunization requirements and complete the CMG training.

HALLOWEEN COSTUMES

Preschool children may wear their Halloween costume on Friday, October 31. No inflatable costumes, slippers or weapons! Costumes must be comfortable and easy to take off and put on for potty access. They must wear tennis shoes.

DROP OFF & PICK-UP ROUTE

We want to remind you that our drop off and pick up route is **ONE WAY ONLY!**

When coming to Nazareth School / Preschool, please drive-up Nazareth Drive off San Diego Mission Road. You may park in the small parking lot to your right or pull up to the main entrance

roundabout in front of the St. Joseph's building. Parents may enter the building to drop off and pick up their child. **Please be sure to sign your child in and walk them to class.**

We ask that all children arrive by 8:15 am. Our main entrance door is locked all day. You **MUST** ring the doorbell to come into the building during drop off and pick up. Each classroom has a monitor, and we can see and communicate with parents. Once we click the button to let you in, you have about 5 seconds to pull and open the door. Please stand in front of the camera so that we can see you.

After drop off or pick up, you **MUST** merge and continue along the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

AFTERCARE

We provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room).

Please know that your child's teacher will arrive late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Mrs. Sebring

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

PARENT VOLUNTEER REQUIREMENTS

Parents, if you are planning to volunteer, please be sure to turn in the Statement of Good Health Form, a copy of your current TB test, Tdap, MMR and Flu shot. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00.

The following parents are cleared to volunteer:

Sunflower Class: Mrs. Borowiec, Mrs. Santiago, Mrs. Senter and Mr. & Mrs. Schulte

Buzzy Bee Class: Mr. Murphy, Mr. & Mrs. Schulte, Mr. & Mrs. Fernandez, Mrs. Zaborowska, Mrs. Real, Mrs. Buttolph, Mrs. Zebian, Mrs. Senter and Mrs. Tilghman

STAY HOME IF YOU HAVE THE FOLLOWING SYMPTOMS:

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987.

You may also email us at preschooldir@nazarethschool.org or office@nazarethschool.org

It is very important that you call and report your child's absence. Please test your child before returning to school. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

Prayer for Welcoming Hearts

O Father, we humbly seek Your guidance in cultivating a spirit of hospitality. May our hearts overflow with warmth and kindness, welcoming others as You have welcomed us. Grant us the grace to serve with joy and open our homes with love, reflecting Your light in every encounter.

Amen.

By Alex Harper

Important Dates to Remember:

Oct. 20 – 24 – Buzzy Bee Parent-Teacher Conferences

Oct. 20-24- Red Ribbon Week

Oct. 31- Halloween Class Celebration

Nov. 7- Half Day / Preschool close at noon / No aftercare

Have a fabulous weekend!

God Bless,

Georgina Barragan
Nazareth Preschool Director