



## **PRESCHOOL NEWSLETTER**

January 9, 2026

Dear Preschool Families,

We hope all of you had a blessed and wonderful winter break with your families.

Thank you for your generous Christmas gifts. They were very much appreciated.

On Tuesday, we celebrated the Feast Day of the "Epiphany" (Dia de Los Reyes). We had a "Rosca de Reyes", (a delicious ring-shaped loaf of bread with dried fruit on top and a representation of baby Jesus can be found in the bread, which symbolizes the biblical story of Gaspar, Melchior & Balthazar) and we shared how this special day is also celebrated in different countries. This represents the day the Three Wise Men (Los Tres Reyes Magos) gave gifts to baby Jesus. Each child was given a slice of Rosca. Isabel Benet and Owen Schulte found a baby Jesus figure in their slice.

This week the Sunflower teachers introduced the letter Gg, season of Winter and Arctic animals. On Monday, during religion, Mrs. McDowell read the bible story "The Bright Star & 3 Visitors". The children colored a picture of the Three Wise Men. She also introduced Arctic animal figures that the children were able to use with the Arctic scene. The children tore pieces of white construction paper to trace the letter Gg. They also practiced their cutting skill by tracing and cutting a rectangle. Mrs. McDowell read the story "The Mitten" by Jan Brett and the children golf painted a pair of mittens. They ended the week painting a snowflake with a Q-tip.

The Buzzy Bee teachers introduced their lesson on letter "Oo", number 12 and "Arctic Animals". The children practiced tracing and writing the letter and number of the week. The Environmental print activity for letter Oo was Oreo cookie. The children got to have an Oreo cookie. They were able to explore with Arctic animals at the sensory table. They also made an

Arctic animal collage. This was a great way to practice their cutting skills. During Spanish, the teachers introduced Palabras de Invierno- Nieve, Invierno, Enero (Winter Words). The children traced the words. On Wednesday, during geography, the teachers introduced the country of France and the children colored the flag.

Parents, we are in need of a few volunteers to beautify our garden so that it is ready for Open House. Please see me if you are interested. You are able to come before or afterschool or on a weekend. We need help with pulling weeds, planting and painting garden boxes. You are able to get service hours too.

### **Catholic Schools Week**

To start off Catholic Schools Week, we will have an Open House on Sunday, January 25th from 8:00 am – 2:00 pm for families interested in enrolling their children at Nazareth School (Preschool through 8<sup>th</sup> grade). Please share information with family and friends.

Catholic Schools Week will be the week of January 26 – January 30. The preschool special activities are:

**Monday, January 26- Spirit Day (wear Turkey Trot or Spirit shirt)**

**Tuesday, January 27- Pajama & Movie Day (No slippers)**

**Wednesday, January 28- Teddy Bear Picnic Day (bring a teddy bear)**

**Thursday, January 29- Special Craft Day**

**Friday, January 30- Grandparents Day**

**You will find the Grandparents Day invite on the last page. Grandparents are invited to come on Friday, January 30 and visit their grandchild's classroom and make a special craft.**

### **SIGN-IN & OUT**

Please remember to sign your child in and out every day as you come into the building! Some parents are forgetting to sign-in and out. Full signature **NO** initials! The person signing **MUST** be 18 years old or older. This is a State Licensing Regulation.

### **SNACKS**

We want to thank the families who brought muffins, veggies and fruit this week. We greatly appreciate all your help. Muffins (C. Schulte, O. Schulte & Murphy), veggies (Santiago & Fitzpatrick) and fresh fruit (Schulte & Zebian). Sunflower parents, please bring enough for 10 children. Buzzy Bee parents, please bring enough for 22 children. Be sure to keep track of your service hours and save your receipts. Snacks **MUST** be store bought/prepackaged.

### **PARENT VOLUNTEER REQUIREMENTS**

Parents, if you are planning to volunteer, please be sure to turn in the Statement of Good Health Form, a copy of your current TB test, Tdap, MMR and Flu shot. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00.

**The following parents are cleared to volunteer:**

**Sunflower Class:** Mrs. Borowiec, Mrs. Santiago, Mrs. Senter and Mr. & Mrs. Schulte

**Buzzy Bee Class:** Mr. Murphy, Mr. & Mrs. Schulte, Mr. & Mrs. Fernandez, Mrs. Zaborowska, Mrs. Real, Mrs. Buttolph, Mr. & Mrs. Zebian, Mrs. Senter, Mrs. Geissler, Mrs. Verdon, Mrs. Tilghman and Mrs. Casey.

**If you have NOT turned in any of the immunization requirements and have not completed the CMG training, you may NOT volunteer!**

### **DROP OFF & PICK-UP ROUTE**

We want to remind you that our drop off and pick up route is **ONE WAY ONLY!**

When coming to Nazareth School / Preschool, please drive-up Nazareth Drive off San Diego Mission Road. You may park in the small parking lot to your right or pull up to the main entrance roundabout in front of the St. Joseph's building. Parents may enter the building to drop off and pick up their child. **Please be sure to sign your child in and walk them to class.**

We ask that all children arrive by 8:15 am. Our main entrance door is locked all day. You **MUST** ring the doorbell to come into the building during drop off and pick up. Each classroom has a monitor, and we can see and communicate with parents. Once we click the button to let you in, you have about 5 seconds to pull and open the door. Please stand in front of the camera so that we can see you.

After drop off or pick up, you **MUST** merge and continue along the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

### **AFTERCARE**

We provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room).

Please know that your child's teacher will arrive late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Mrs. Sebring

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

### **SICK POLICY**

Parents, just a reminder, that if your child is not feeling well, please keep them home. Please read our Sick Policy section below.

### **PLEASE KEEP YOUR CHILD HOME IF THEY HAVE THE FOLLOWING SYMPTOMS:**

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987.

You may also email us at [preschooldir@nazarethschool.org](mailto:preschooldir@nazarethschool.org) or [office@nazarethschool.org](mailto:office@nazarethschool.org)

It is very important that you call and report your child's absence. Please test your child before returning to school. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

### **Epiphany Prayer for Children**

*Dear God,*

Thank You for sending Jesus, the Light of the World.

Just like the wise men followed the star,

help us to follow Your love every day.

Bless our families, friends, and teachers,

and guide us to share kindness wherever we go.

May our hearts always shine with Your light.

*Amen.*

Have a blessed weekend!

### **Important Dates to Remember:**

Jan. 16 - Diocesan Professional Learning Day / No School

Jan. 19 - MLK Jr. Holiday / No School

Jan. 25 – Nazareth School Open House 8am – 2pm

Jan. 26 – 30- Catholic Schools Week (Preschool activities listed above)

Jan. 30- Grandparents Day / Half Day / Close At Noon / No Aftercare

God Bless,

Georgina Barragan

Nazareth Preschool Director



## **Grandparents Day**

Friday, January 30, 2026

### **Preschool Schedule for the Day**

8:15 am- 9:15 am Mass at St. Francis Chapel

(preschool does not attend Mass, however you may take your grandchild.

Please let the teachers know.)

9:15-10:00- Refreshments (Location TBD)

**(Grandparents only)**

10:00-10:50- Visit classroom (Preschool)

11:00-11:55- School Performance (Auditorium)

**Noon Dismissal**