



PRESCHOOL NEWSLETTER

January 23, 2026

Dear Preschool Families,

As the children continue to grow and learn, we ask that you please say your goodbyes at the door and allow your child to continue to practice their self-help skills. The children are able to come into class and put their belongings away before they wash up to begin their day.

This week the Sunflower teachers continued with the lesson on Arctic animals. On Tuesday, the children ice painted with ice cubes and liquid watercolors on construction paper. After the activity, the children gathered on the carpet to play the game "Don't Break the Ice" where the children tried to not let the penguin fall. They also made a polar bear by gluing cotton balls on a cutout. Today's journal page title was "My favorite Arctic animal is". Mrs. McDowell dictated and the children drew the picture of their favorite Arctic animal.

The Buzzy Bee teachers introduced the letter Uu, number 14 and Transportation. The children practiced tracing & writing the letter and number. They made a letter collage. The teachers talked about the different transportation vehicles. (cars, trucks, garbage and dump trucks, etc..). The children played with different types of transportation vehicles. On Wednesday, during geography the children continued to work on their France facts book.

On Thursday, we had Grotto Day. We prayed, sang "Jesus loves the little children" and talked about the core value of Justice. I read My Little Golden Book About "Martin Luther King Jr" by Bonnie Bader and we sang the song "Martin Luther King". Before we excused the children, together we prayed the Hail Mary.

PRESCHOOL PARENT-TEACHER CONFERNCES

The Parent-Teacher Conference schedules will be on the sign-in table on Monday, January 26. It is important that you sign-up to meet with your child's teacher. We will have morning and afternoon appointments. If the scheduled days don't work for you, please talk to your child's teacher.

NAZARETH NIGHT

As the Nazareth Night Committee is preparing for our Annual Auction Dinner Dance, we still need one more volunteer for the Sunflower class and one more volunteer for the Buzzy Bee class. We want to thank Mrs. Schulte and Mr. Murphy for signing up to volunteer and help with the Sunflower & Buzzy Bee class projects! We greatly appreciate it!

GARDEN VOLUNTEERS

We want to thank the Murphy, Schulte and Zebian family for working in the garden these last two weekends. Our preschool garden looks beautiful and ready for Sunday's Open House.

Catholic Schools Week

To start off Catholic Schools Week, we will have an Open House on Sunday, January 25th from 8:00 am – 2:00 pm for families interested in enrolling their children at Nazareth School (Preschool through 8th grade). Please share information with family and friends.

Catholic Schools Week will be the week of January 26 – January 30. The preschool special activities are:

Monday, January 26- Spirit Day (wear Turkey Trot or Spirit shirt)

Tuesday, January 27- Pajama & Movie Day (No slippers)

Wednesday, January 28- Teddy Bear Picnic Day (bring a teddy bear)

Thursday, January 29- Special Craft Day

Friday, January 30- Grandparents Day

You will find the Grandparents Day invite on the last page. Grandparents are invited to come on Friday, January 30 and visit their grandchild's classroom and make a special craft.

SIGN-IN & OUT

Please remember to sign your child in and out every day as you come into the building! Some parents are forgetting to sign-in and out. Full signature **NO** initials! The person signing **MUST** be 18 years old or older. This is a State Licensing Regulation.

SNACKS

We want to thank the families who brought muffins, veggies and fruit this week. We greatly appreciate all your help. Muffins (Ortiz & Real) , veggies (Schulte & Brisco) and fresh fruit (Secada-Lovio & Murphy). Sunflower parents, please bring enough for 10 children. Buzzy Bee

parents, please bring enough for 22 children. Be sure to keep track of your service hours and save your receipts. Snacks **MUST** be store bought/prepackaged.

PARENT VOLUNTEER REQUIREMENTS

Parents, if you are planning to volunteer, please be sure to turn in the Statement of Good Health Form, a copy of your current TB test, Tdap, MMR and Flu shot. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00.

The following parents are cleared to volunteer:

Sunflower Class: Mrs. Borowiec, Mrs. Santiago, Mrs. Senter and Mr. & Mrs. Schulte

Buzzy Bee Class: Mr. Murphy, Mr. & Mrs. Schulte, Mr. & Mrs. Fernandez, Mrs. Zaborowska, Mrs. Real, Mrs. Buttolph, Mr. & Mrs. Zebian, Mrs. Senter, Mrs. Geissler, Mrs. Verdon, Mrs. Tilghman and Mrs. Casey.

If you have NOT turned in any of the immunization requirements and have not completed the CMG training, you may NOT volunteer!

DROP OFF & PICK-UP ROUTE

We want to remind you that our drop off and pick up route is **ONE WAY ONLY!**

When coming to Nazareth School / Preschool, please drive-up Nazareth Drive off San Diego Mission Road. You may park in the small parking lot to your right or pull up to the main entrance roundabout in front of the St. Joseph's building. Parents may enter the building to drop off and pick up their child. **Please be sure to sign your child in and walk them to class.**

We ask that all children arrive by 8:15 am. Our main entrance door is locked all day. You **MUST** ring the doorbell to come into the building during drop off and pick up. Each classroom has a monitor, and we can see and communicate with parents. Once we click the button to let you in, you have about 5 seconds to pull and open the door. Please stand in front of the camera so that we can see you.

After drop off or pick up, you **MUST** merge and continue along the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

AFTERCARE

We provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room).

Please know that your child's teacher will arrive late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Mrs. Sebring

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

SICK POLICY

Parents, just a reminder, that if your child is not feeling well, please keep them home. Please read our Sick Policy section below.

PLEASE KEEP YOUR CHILD HOME IF THEY HAVE THE FOLLOWING SYMPTOMS:

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at preschooldir@nazarethschool.org or office@nazarethschool.org

It is very important that you call and report your child's absence. Please test your child before returning to school. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid symptoms:

- Fever with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat
- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite

- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

"Think of the Wonders of God" (Job 37:14)

Have a blessed weekend!

Important Dates to Remember:

Jan. 25 – Nazareth School Open House for Prospective Families 8am – 2pm

Jan. 26 – 30- Catholic Schools Week (Preschool activities listed above)

Jan. 30- Grandparents Day / Half Day / Close At Noon / No Aftercare

Feb. 4 – 100th Day of School

Feb. 6 – Half Day / Close at Noon / No Aftercare

Feb. 9 - 13 – Sunflower Parent-Teacher Conferences

Feb. 13- Class Valentine's Day celebration

Feb. 16- Presidents' Day Holiday / No School

Feb. 17 - 20 – Buzzy Bee Parent-Teacher Conferences

God Bless,

Georgina Barragan

Nazareth Preschool Director



Grandparents Day

Friday, January 30, 2026

Preschool Schedule for the Day

8:15 am- 9:15 am Mass at St. Francis Chapel

(preschool does not attend Mass, however you may take your grandchild.

Please let the teachers know.)

9:15-10:00- Refreshments (Location TBA)

(Grandparents only)

10:00-10:40- Visit classroom (Preschool)

11:00-11:55- School Performance (Auditorium)

Noon Dismissal