



PRESCHOOL NEWSLETTER

February 20, 2026

Dear Preschool Families,

On Tuesday, we celebrated Mardi Gras / Pancake Tuesday! The children had pancakes with different toppings and syrup. The children enjoyed their pancake, while watching a short video about the meaning of "Pancake Tuesday".

In preparation for the season of Lent, on Ash Wednesday, Ms. Burgos and Mrs. Kinkead came to the preschool to offer ashes to the children and teachers. This was a wonderful religious experience.

This week Mrs. McDowell introduced the letter Ll and Lent. The children practiced tracing and writing the letter and they also traced the heart shape in their alphabet book. Each child drew a picture that begins with letter L. On Wednesday, the children colored a Lent worksheet. During Spanish, Mrs. McDowell introduced the words Paz y Amor.

Ms. Fitts and Mrs. Sebring introduced letter Hh, number 18 and Lent. The children traced and wrote the letter and number. During geography the children worked on their Italy facts book. The children made a Lenten Cross. The journal page title was "During Lent I will...".

On Thursday, due to the rain, Grotto Day, was in the music room. We prayed a children's Lenten prayer. We talked about the meaning of Ash Wednesday and the season of Lent (Prayer, Fasting & Almsgiving). We also continued reading the book God's Rules for Me (The Ten Commandments). We concluded our lesson by singing "Come Into My Heart".

We want to thank Mrs. Schulte, Mrs. Santiago and Mrs. Zebian for volunteering to help with the Sunflower and Buzzy Bee class projects! Your help is greatly appreciated! Please be sure to read the flyers posted on the sign-in tables for both classes.

PRESCHOOL PARENT-TEACHER CONFERENCES

The Buzzy Bee teachers concluded their conferences today. If you were not able to meet with your child's teacher during the scheduled times, please make arrangements with your child's teacher. Thank you for meeting with your child's teacher to discuss your child's growth and progress.

SUNFLOWER PARENTS

In preparation for registration and the upcoming school year, the Buzzy Bee program is a 5-day program. This will enable our Pre-K students to take full advantage of our well-rounded curriculum. We are confident that this will benefit all of our students and give each one every opportunity to be prepared for Kindergarten. We believe that preschool is the first educational experience for children. Here at Nazareth Preschool, we begin in the Sunflower class by focusing on the children's social/emotional development, early literacy, religion, self-help skills, transition, hands on activities, music & movement, math & science, creative art, Spanish and exploring the environment.

In the Buzzy Bee class the focus is to prepare the children for Kindergarten. We emphasize an introduction to structure and academics, religion, phonological awareness, Spanish, geography, math & science, music & movement and early literacy.

REGISTRATION FOR THE UPCOMING SCHOOL YEAR 2026-2027

Registration for current families Preschool - 7th grade will begin Tuesday, March 3 through Thursday, March 5 from 3:00pm – 5:30pm in the school auditorium. Please let us know if your child will not be returning as we will begin registering new families the week of March 9. If you register after March 20, there is a late registration fee of \$100 per student.

NAZARETH SCHOOL FAMILY FUNDRAISER & CHARITY GOLF SCRAMBLE

The Family Fundraiser will be on Monday, April 6, 2026, at The Loma Club. Event time from 3:00 pm - 7:00 pm.

The Golf Ball Drop will be on Thursday, May 7.

Our Nazareth Golf Scramble will be on Friday, May 8, 2026. It will be at Carlton Oaks Golf Club in Santee. If you would like to participate, please be sure to register.

NAZARETH NIGHT 2026 – BOOTS & BLING

Nazareth Night will be on Saturday, April 18 at the Marriott Mission Valley. Please RSVP by using the QR code. Final RSVPs are due by March 27th.

SIGN-IN & OUT

Please remember to sign your child in and out every day as you come into the building! Some parents are forgetting to sign-in and out. Full signature **NO** initials! The person signing **MUST** be 18 years old or older. This is a State Licensing Regulation.

SNACKS

We want to thank the families who brought muffins, veggies and fruit this week. We greatly appreciate all your help. Muffins (Voss & Ludwig), veggies (Ortiz) and fresh fruit (Secada-Lovio & Murphy). Sunflower parents, please bring enough for 10 children. Buzzy Bee parents, please bring enough for 22 children. Be sure to keep track of your service hours and save your receipts. Snacks **MUST** be store bought/prepackaged.

PARENT VOLUNTEER REQUIREMENTS

Parents, if you are planning to volunteer, please be sure to turn in the Statement of Good Health Form, a copy of your current TB test, Tdap, MMR and Flu shot. You must also complete the CMG Connect training that you may find on our school website. The fee for the training is \$25.00.

The following parents are cleared to volunteer:

Sunflower Class: Mrs. Borowiec, Mrs. Santiago, Mrs. Senter and Mr. & Mrs. Schulte

Buzzy Bee Class: Mr. Murphy, Mr. & Mrs. Schulte, Mr. & Mrs. Fernandez, Mrs. Zaborowska, Mrs. Real, Mrs. Buttolph, Mr. & Mrs. Zebian, Mrs. Senter, Mrs. Geissler, Mrs. Verdon, Mrs. Tilghman and Mrs. Casey.

If you have NOT turned in any of the immunization requirements and have not completed the CMG training, you may NOT volunteer!

DROP OFF & PICK-UP ROUTE

We want to remind you that our drop off and pick up route is **ONE WAY ONLY!**

When coming to Nazareth School / Preschool, please drive-up Nazareth Drive off San Diego Mission Road. You may park in the small parking lot to your right or pull up to the main entrance roundabout in front of the St. Joseph's building. Parents may enter the building to drop off and pick up their child. **Please be sure to sign your child in and walk them to class.**

We ask that all children arrive by 8:15 am. Our main entrance door is locked all day. You **MUST** ring the doorbell to come into the building during drop off and pick up. Each classroom has a monitor, and we can see and communicate with parents. Once we click the button to let you in, you have about 5 seconds to pull and open the door. Please stand in front of the camera so that we can see you.

After drop off or pick up, you **MUST** merge and continue along the school road and drive out onto Rancho Mission Rd. You may **NOT** exit back down Nazareth Drive!

During pick up, if you do not have an upper grade school student, you may merge into the exit lane to your left and drive towards the parking lot and between the signs to exit. You do not have to wait in line.

If you have a preschooler and an upper grade school student, please drop off preschooler first and then upper grade student. If you exit through the door next to the Sunflower classroom, you may **NOT** come back in through that door. You **MUST** go around the building.

Our preschool main entrance and exit door is located on the SW side of the St. Joseph building.

AFTERCARE

We provide aftercare from 4:00 pm to 6:00 pm (\$5.00 per hour). Aftercare pick-up is on the Northeast side of the preschool building (Sunflower Playground or Preschool Aftercare room).

Please know that your child's teacher will arrive late on the following day (at 9am):

Monday- Mrs. Mahler

Tuesday- Mrs. McDowell

Wednesday- Mrs. Sebring

Thursday- Ms. Fitts

Friday- Mrs. Barragan

Between 7:00 am – 7:30 am, drop off for all children is in the Sunflower class. Between 7:30 am – 8:00 am, the Buzzy Bee drop off will be in Ms. Fitts's class. If there are any changes, we will place a note on the sign - in clipboard so that you know where to drop off.

SICK POLICY

Parents, just a reminder, that if your child is not feeling well, please keep them home. Please read our Sick Policy section below.

Children who have any communicable disease will not be allowed to attend preschool. (Strep Throat, Whooping Cough, Hand, foot and mouth, Pink Eye and any other communicable disease)

PLEASE KEEP YOUR CHILD HOME IF THEY ARE SICK AND HAVE ANY OF THE FOLLOWING SYMPTOMS:

Please contact Nazareth Preschool at 619-641-7954 or Nazareth School office at 619-641-7987. You may also email us at preschooldir@nazarethschool.org or office@nazarethschool.org

It is very important that you call and report your child's absence. Please test your child before returning to school. Your child may return when they are fever-free for 24 hours without medication AND other non-fever symptoms are mild and improving.

Parents, please keep your child home if she/he is sick and presenting any of the following Covid or Flu symptoms:

- Fever 100 °F with or without chills
- Cough
- Runny nose
- Nasal Congestion
- Sore Throat

- Headache
- Nausea, vomiting or diarrhea
- Fatigue
- New loss of taste or smell
- Muscle or body aches
- Poor feeding or poor appetite
- Known close contact with a person who is lab confirmed to have Covid-19

If your child presents any of the symptoms stated above during school time, we will have to send your child home. You MUST pick up your child within 30 minutes. Please keep in mind that we continue to follow the school protocols to keep children and staff safe.

Children **MUST** be fever free with NO medication and symptoms resolving before they return to school.

If your child has allergies, please be sure to bring in a doctor's note, otherwise we will send your child home.

Please remember to return your family envelope by Thursday each week. Place it in your child's file folder.

Lenten Prayer for Children

Dear Jesus,

Thank You for loving me so much.

Help me to be kind, share with others, and listen to You in my heart.

During this Lent, teach me to pray more, help more, and love more.

I want to follow You every day.

Amen.

Have a blessed weekend!

Important Dates to Remember:

Feb. 24- Pajama Day for Preschool – 8th grade

Mar. 3 - 5 – School Registration 3:00 pm - 5:30 pm

Mar. 6- Half Day / Close at Noon / No Aftercare

God Bless,

Georgina Barragan
Nazareth Preschool Director