

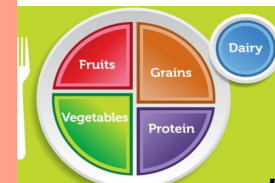
****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township High School Menu OCTOBER 2026

USDA is an equal opportunity provider
and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Additional Fruit & Vegetable Choices May Include:
Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Lunch Prices

Lunch HS	\$2.75
Reduced	\$.0
Adult	\$5.00
Milk	\$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or
Two Vegetables,

***Fresh Veggies:** Will include
AT LEAST one Red/Orange,
one Dark Green and one Other
Veggie every day

Fruits:

At least 1 fresh fruit
available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Fajita Oven Fries Baked Beans Fresh Veggies Assorted Fruit Choices Choice of milk	2 Meatball Sandwich Tater Tots Steamed Peas Fresh Veggies Assorted Fruit Choices Choice of Milk
5 Chicken Parm Sandwich Potato Smiles Steamed Broccoli Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Corn Dogs Mac N Cheese Baked Beans Fresh Veggies Assorted Fruit Choices Choice of milk	7 Walking Taco Meat/Cheese/Salsa Black Beans/ Corn Fresh Veggies/Asst. Fruit Breadstick Choice of Milk	8 Turkey Bacon Croissant Buttered Noodles Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of milk	9 Grilled Cheese Sand. Tomato Soup Celery Sticks Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Sherbert
12 	13 Chicken Tenders/ Roll Oven Roasted Potatoes Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	14 BBQ Rib Sandwich Pierogies Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	15 Chicken over Biscuits Mashed Potatoes Peas & Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	16 OUTDOOR GRILL Grilled Chicken Wings Hot Dog Chips Pasta Salad Carrot sticks/Apple Slices Choice of Milk
19 Buffalo Chicken Dip Nacho Chips Mixed Veggies Fresh Veggies Assorted Fruit Choice of Milk	20 Popcorn Chicken Bowl Mashed Potatoes/Gravy Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	21 Teriyaki Beef Dipper/Roll Rice Steamed Carrots Fresh Veggies Asst. Fruit Choices Choice of Milk	22 Asian Chicken Lo Mein Noodles Oriental Veggies Fresh Veggies Assorted Fruit Choices Choice of Milk	23 Baked Italian Hoagie Tater Tots Steamed Broccoli Fresh Veggies Assorted Fruit Choices Choice of milk
26 Hot Ham and Cheese Pretzel Bun Oven Fries Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	27 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Cauliflower Fresh Veggies/ Asst. Fruit Choice of milk	28 Nachos Grande Meat/Cheese/Salsa Black Beans/ Corn Fresh Veggies/Asst. Fruit Breadstick Choice of Milk	29 Pot Stickers (6) (Chicken and Veggie) Seasoned Rice Steamed Broccoli Fresh Veggies Assorted Fruit Choices Choice of Milk	30- Halloween Meal Spooky Chicken Fingers Ghastly Chips Spooky Carrots Frightening Fresh Veggies Monstrous Fruit Choices Witch's Potion Milk

Additional Daily Items

Monday

ChickenPatty
Spicy Chicken Patty

Tuesday

Hamburgers

Wednesday

Assorted Wraps
Deli Sandwich

Thursday

Hot Dogs

Friday

Assorted Pizza

EVERYDAY

PBJ
Salads
Yogurt

