

****Portion Sizes and number of choices are determined by Grade Level****



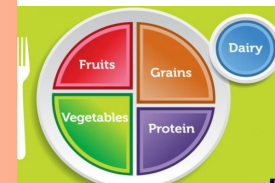
Conemaugh Township

K-5 Menu

OCTOBER 2026

USDA is an equal opportunity provider and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Additional Fruit & Vegetable

Choices May Include:

Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Green Peas,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Additional Daily Choices

#1 Deli Sand

(2nd Grade Only)

#2 Peanut Butter and Jelly

(Grades K,1,3-5)

#3 Chef Salad

#4 YO ON THE GO

(cereal or cereal bar)
(Muffin and/or Mini Loaf)
(Yogurt or String Cheese)

Lunches offers

5-component choices:

Fruit and or Juice
Assorted Vegetables
Meat and /or Protein
Equivalent
Bread

Lunch Prices

Lunch ELE \$2.55
Reduced \$.0
Adult \$5.00
Milk \$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or
Two Vegetables,

***Fresh Veggies:** Will include
AT LEAST one Red/Orange,
one Dark Green and one Other
Veggie every day

Fruits:

At least 1 fresh fruit
available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
			1 WG Belgium Waffles Sausage Patty Potato Triangles Fresh Fruit Fruit Juice Choice of Milk	2 Stuffed Crust Pizza Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices
5 Meatball Sub Oven Fries Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Walking Taco OR Soft Taco Refried Beans/Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	7 Chicken Tenders Soft Pretzel Broccoli w/ Cheese *Fresh Veggies Assorted Fruit Choices Choice of Milk	8 Big Daddy Pizza Side Salad Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	9 Grilled Cheese Sand. Tomato Soup Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk
12 	13 Penne Pasta Meat Sauce or Alfredo Italian Bread Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	14 Cheeseburger Tater Tots Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	15 Corn Dog Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	16 Pizza Boat Green Leafy Salad Steamed Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk
19 Popcorn Chicken Asian Sauce Seasoned Brown Rice Steamed Broccoli *Fresh Veggies/ Fruit Choice of Milk	20 Chicken over Biscuits Mashed Potatoes Steamed peas/carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	21 Hot Dog Tater Tots Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	22 Turkey Bacon Croissant Buttered Noodles Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	23 Grilled Cheese Sand. Tomato Soup Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Sorbet Cup
26 Hot Ham and Cheese Pretzel Bun Potato Chips Steamed Carrots Assorted Fruit Choices Choice of Milk	27 Fish Sticks or Grilled Chicken Sand. Pierogies Coleslaw *Fresh Veggies/Fruit Choice of Milk *LUCKY TRAY DAY!!	28 Cheeseburger Oven Fries Green Beans **Fresh Veggies Assorted Fruit Choices Choice of Milk	29 Chicken Tenders/ Roll Mashed Potatoes/Gravy Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Pizza Day Green Leafy Salad Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk
				

