

**\*\*Portion Sizes and number of choices are determined by Grade Level\*\***



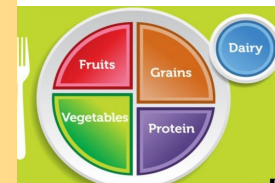
# Conemaugh Township

## K-5 Menu

### NOVEMBER 2026

USDA is an equal opportunity provider and employer

**Randy Walker**  
Food Service Director  
Randy.walker@ctasd.org



**Lunch Prices**

|           |        |
|-----------|--------|
| Lunch ELE | \$2.55 |
| Reduced   | \$0    |
| Adult     | \$5.00 |
| Milk      | \$.70  |

**MENU SUBJECT TO CHANGE**

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

**\*Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie** every day

**Fruits:**

At least 1 fresh fruit available per day

Milk Choices:  
Chocolate, 1%White & Skim

| Monday                                                                                                                            | Tuesday                                                                                                                                  | Wednesday                                                                                                                          | Thursday                                                                                                                                                    | Friday                                                                                                                                                |
|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                   |                                                                                                                                          |                                                                                                                                    |                                                                                                                                                             |                                                                                                                                                       |
| <b>2 Meatball Sub</b><br>Oven Fries<br>Baked Beans<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                  | <b>3 Walking Taco OR Soft Taco</b><br>Refried Beans/Corn<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                   | <b>4 Chicken Tenders</b><br>Soft Pretzel<br>Broccoli w/ Cheese<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk       | <b>5 Thanksgiving Dinner</b><br><b>Roasted Turkey</b><br>Mash Pot/Gravy<br>Stuffing/ Sweet Potato<br>Steamed Corn/Roll<br>Applesauce Cake<br>Choice of Milk | <b>6 Grilled Cheese Sand.</b><br>Tomato Soup<br>Green Peas<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                              |
| <b>9 Pizza Day-Dominos</b><br>Green Leafy Salad<br>Steamed Broccoli<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk |                                                                                                                                          |                                                                                                                                    | <b>12 Corn Dog</b><br>Mac N Cheese<br>Baked Beans<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                                             | <b>13 Pizza Boat</b><br>Green Leafy Salad<br>Steamed Peas<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                               |
| <b>16 Popcorn Chicken Asian Sauce</b><br>Seasoned Brown Rice<br>Steamed Broccoli<br>*Fresh Veggies/ Fruit<br>Choice of Milk       | <b>17 Chicken over Biscuits</b><br>Mashed Potatoes<br>Steamed peas/carrots<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk | <b>18 Hot Dog</b><br>Tater Tots<br>Steamed Carrots<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                   | <b>19 Turkey Bacon Croissant</b><br>Buttered Noodles<br>Mixed Veggies<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                         | <b>20 Grilled Cheese Sand.</b><br>Tomato Soup<br>Green Peas<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk<br><b>Frozen Sorbet Cup</b> |
| <b>23 Cheeseburger</b><br>Oven Fries<br>Green Beans<br>**Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                | <b>24 Chicken Patty</b><br>Pierogies<br>Steamed Corn<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk                       | <b>25 Pizza Day-Dominos</b><br>Green Leafy Salad<br>Steamed Broccoli<br>*Fresh Veggies<br>Assorted Fruit Choices<br>Choice of Milk |                                                                                                                                                             |                                                                                                                                                       |
|                                                                                                                                   |                                                                                                                                          |                                                                                                                                    |                                                                                                                                                             |                                                                                                                                                       |
| <b>30</b><br>                                                                                                                     |                                                                                                                                          |                                                                                                                                    |                                                                                                                                                             |                                                                                                                                                       |

**Additional Fruit & Vegetable**

**Choices May Include:**

Apples, Oranges, Bananas,  
Pears, Applesauce,  
Peaches,  
Fruit Cocktail,  
Green Peas,  
Pineapple,  
Fruit Juices, Tossed Salad,  
Vegetable Salad,  
Carrots, Celery,  
Cucumber,  
Tomato, Broccoli,  
Cauliflower.

**Additional Daily Choices**

**#1 Deli Sand**

(2nd Grade Only)

**#2 Peanut Butter and Jelly**

(Grades K,1,3-5)

**#3 Chef Salad**

**#4 YO ON THE GO**

(cereal or cereal bar)  
(Muffin and/or Mini Loaf)  
(Yogurt or String Cheese)

**Lunches offers**

**5-component choices:**

**Fruit and or Juice**  
**Assorted Vegetables**  
**Meat and /or Protein**  
**Equivalent**  
**Bread**

