

****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township

K-5 Menu

NOVEMBER 2025

USDA is an equal opportunity provider and employer

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Lunch Prices

Lunch ELE	\$2.50
Reduced	\$.0
Adult	\$5.00
Milk	\$.70

MENU SUBJECT TO CHANGE

Please Choose at least 3 of the 5 items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day

Fruits:

At least 1 fresh fruit available per day

Milk Choices:
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
3 Ham/Cheese Sand. Pretzel Bun Sweet Potatoes Steamed Rice *Fresh Veggies Assorted Fruit Choices Choice of Milk	4 Chicken Tenders Roll Tater Tots Broccoli W/ Cheese *Fresh Veggies Assorted Fruit Choices Choice of Milk	5 Corn Dog Mac N Cheese Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Thanksgiving Meal Roasted Turkey Mashed Potatoes/gravy Stuffing Sweet Potatoes/Corn Assorted Fruit Choices Choice of Milk Dessert	7 Stuffed Crust Pizza Green Leafy Salad Sweet Potatoes *Fresh Veggies Assorted Fruit Choices Choice of Milk
10 NO SCHOOL	11 	12 Hot Dog Oven Fries Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	13 Chicken Nuggets Pierogies Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	14 Cheese Burger Chips Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
17 Breaded Ravioli Bisco Stick Marinara Sauce Steamed Peas Fresh Fruit/Veggies Fruit Juice Choice of Milk	18 Nachos Grande Or Soft Taco Refried Beans Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	19 Chicken Patty Sand. Cheese Sauce Oven Fries Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	20 Spaghetti/ Meatballs Bread Stick/Alfredo Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	21 Mini Pizza Side Salad Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk Frozen Sorbet Cup
24 Belgian Waffles Sausage Hash Browns Sweet Potatoes Assorted Fruit Choices Choice of Milk Fruit Juice	25 Grilled Cheese Sand Tomato Soup Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	26 Meatball Hoagie Tater Tots Mixed Veggies **Fresh Veggies Assorted Fruit Choices Choice of Milk *LUCKY TRAY DAY!!	27 	28 NO SCHOOL

Additional Fruit & Vegetable

Choices May Include:

Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Additional Daily Choices

#1 Deli Sand

(K1st Grade Only)

#2 Peanut Butter and Jelly

(Grades K, 2-5)

#3 Chef Salad

#4 YO ON THE GO

(cereal or cereal bar)
(Muffin and/or Mini Loaf)
(Yogurt or String Cheese)

Lunches offers

5-component choices:

Fruit and or Juice
Assorted Vegetables
Meat and /or Protein
Equivalent
Bread

