

****Portion Sizes and number of choices are determined by Grade Level****



Conemaugh Township High School Menu JANUARY 2026

USDA is an equal opportunity provider
and employer

Lunch Prices

Lunch HS	\$2.70
Reduced	\$.0
Adult	\$5.00
Milk	\$.70

MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

***Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

Fruits:

At least 1 fresh fruit available per day

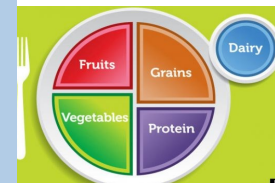
Milk Choices:

Chocolate, 1%White & Skim



Monday	Tuesday	Wednesday	Thursday	Friday
				
				
5 Breaded Ravioli Bosco Stick(1) Marinara Sauce Green Peas *Fresh Veggies Assorted Fruit Choices Choice of Milk	6 Chicken Tenders/ Roll Buttered Noodles Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	7 Penne Pasta Meat Sauce or Alfredo Italian Bread Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	8 Asian Chicken Rice Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	9 Baked Italian Hoagie Oven Fries Steamed Carrots *Fresh Veggies Assorted Fruit Choices Choice of milk
12 Buffalo Chicken Dip Tortilla Chips Steamed Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	13 Chicken Nuggets Cheese Sauce Hot Pretzel Steamed Cauliflower *Fresh Veggies Assorted Fruit Choices Choice of Milk	14 Walking Tacos Black Beans Corn *Fresh Veggies Assorted Fruit Choice Choice of Milk	15 Teriyaki Beef Dipper/Roll Rice Steamed Carrots Fresh Veggies Assorted Fruit Choice Choice of Milk	16 Fish Sticks (6) Mrs. T's Pierogies Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
19 	20 Corn Dog Baked Beans Potato Smiles Fresh Veggies Assorted Fruit Choices Choice of milk	21 Meatball Sandwich Onion Rings Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	22 Chicken over Biscuits Mashed Potatoes Peas & Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	23 Cheesesteak Sub Seasoned Potatoes Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk
26 Italian Panini Steamed Peas *Fresh Veggies Assorted Fruit Choices Choice of milk	27 Famous Chicken Bowl Mashed Potato/Gravy Shredded Cheese Steamed Corn *Fresh Veggies Assorted Fruit Choices	28 Pork Sliders Mac N Cheese Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	29 Pepperoni Rolls Chips Steamed Mixed Veggies *Fresh Veggies Assorted Fruit Choices Choice of Milk	30 Turkey Bacon Croissant Tater Tots Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk

Randy Walker
Food Service Director
Randy.walker@ctasd.org



Additional Fruit & Vegetable

Choices May Include:

Apples, Oranges, Bananas,
Pears, Applesauce,
Peaches,
Fruit Cocktail,
Pineapple,
Fruit Juices, Tossed Salad,
Vegetable Salad,
Carrots, Celery,
Cucumber,
Tomato, Broccoli,
Cauliflower.

Additional Daily Items

Monday

ChickenPatty
Spicy Chicken Patty

Tuesday

Hamburgers

Wednesday

Assorted Wraps
Deli Sandwich

Thursday

Hot Dogs

Friday

Assorted Pizza

EVERYDAY

PBJ
Salads
Yogurt