

**\*\*Portion Sizes and number of choices are determined by Grade Level\*\***



# Conemaugh Township

## K-5 Menu

### JANUARY 2026

USDA is an equal opportunity provider and employer

Lunch Prices	
Lunch ELE	\$2.50
Reduced	\$ .0
Adult	\$5.00
Milk	\$ .70

#### MENU SUBJECT TO CHANGE

Please Choose at least **3** of the **5** items for the school lunch price!





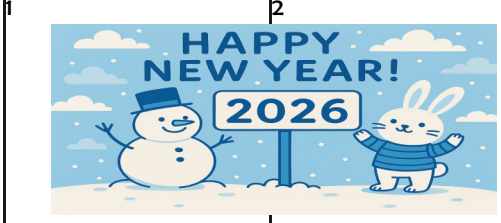

Entrée, Choice of Two Fruits /to include juice, and/or Two Vegetables,

**\*Fresh Veggies:** Will include **AT LEAST one Red/Orange, one Dark Green and one Other Veggie every day**

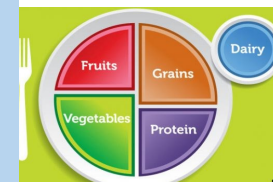
#### Fruits:

At least 1 fresh fruit available per day

Milk Choices:  
Chocolate, 1%White & Skim

Monday	Tuesday	Wednesday	Thursday	Friday
				
				
<b>5 Fish Sticks:</b> Smiley Fries Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>6 Chicken Tenders</b> Mashed Potatoes/Gravy Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>7 Meatball Hoagie</b> Tater Tots Steamed Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>8 Corn Dogs:</b> Buttered Noodles Baked Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>9 Big Daddy Pizza</b> Leafy Green Salad Mixed Vegetables Fresh Veggies Assorted Fruit Choices Choice of Milk
<b>12 BBQ Rib;</b> <b>Mac N Cheese</b> Baked Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>13 Penne Pasta</b> Meat Sauce Ckn Alfredo Sauce Italian Bread/Green Beans *Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>14 Grilled Cheese Sand</b> Tomato Soup Steamed Broccoli *Fresh Veggies Assorted Fruit Choices Choice of Milk <b>*LUCKY TRAY DAY!!</b>	<b>15 Turkey Bacon Croissant</b> Chips Mixed Vegetables *Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>16 French Bread Pizza</b> Side Salad Steamed Corn *Fresh Veggies Assorted Fruit Choices Choice of Milk
<b>19</b> 	<b>20 Beef Dippers/ Roll</b> Fries w/ gravy Steamed Broccoli Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>21 Nachos Grande or Soft Tacos</b> Black Beans Corn Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>22 Chicken Patty Sandwich</b> Pierogies Steamed Peas Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>23 Cheeseburger</b> Oven Fries Baked Beans Fresh Veggies Assorted Fruit Choices Choice of Milk
<b>26 Chicken Nuggets:</b> Soft Pretzel Broccoli w/ Cheese Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>27 Chicken over Biscuits</b> Mashed Potatoes/Gravy Peas and Carrots Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>28 Cheese Ravioli</b> Dinner Roll Marinara Sauce Green Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>29 Hot Dog</b> Smiley Fries Baked Beans Fresh Veggies Assorted Fruit Choices Choice of Milk	<b>30 Pierogi Pizza Or Grilled Ckn Sand.</b> Steamed Corn Fresh Veggies Assorted Fruit Choices Choice of Milk

**Randy Walker**  
Food Service Director  
Randy.walker@ctasd.org



#### **Additional Fruit & Vegetable**

##### **Choices May Include:**

Apples, Oranges, Bananas,  
Pears, Applesauce,  
Peaches,  
Fruit Cocktail,  
Pineapple,  
Fruit Juices, Tossed Salad,  
Vegetable Salad,  
Carrots, Celery,  
Cucumber,  
Tomato, Broccoli,  
Cauliflower.

#### **Additional Daily Choices**

##### #1 Deli Sand

(K1st Grade Only)

##### #2 Peanut Butter and Jelly

(Grades K, 2-5)

##### #3 Chef Salad

##### #4 YO ON THE GO

(cereal or cereal bar)  
(Muffin and/or Mini Loaf)  
(Yogurt or String Cheese)

#### **Lunches offers**

##### **5-component choices:**

**Fruit and or Juice**  
**Assorted Vegetables**  
**Meat and /or Protein**  
**Equivalent**  
**Bread**

