



# October 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with lunch	Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider	<b>1</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>2</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>3</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>6</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>7</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>8</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>9</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>10</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>13</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>14</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>15</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>16</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>17</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>20</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>21</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>22</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>23</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>24</b> (V) Lasagna Tossed salad Fresh fruit
<b>27</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>28</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>29</b> Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	<b>30</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>31</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



# November 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>4</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>5</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>6</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>7</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>10</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>11</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>12</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>13</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>14</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>17</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>18</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>19</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>20</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit	<b>21</b> THANKSGIVING LUNCH Sliced turkey & gravy (V) Veggie nuggets Sweet potatoes Cranberry relish Whole wheat bread/butter Fresh fruit
<b>24</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>25</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>26</b> (V) Lasagna Tossed salad Fresh fruit	<b>27</b> CLOSED FOR THANKSGIVING	<b>28</b> CLOSED FOR THANKSGIVING
<i>Age-appropriate milk must be served            with lunch</i>	<i>Fresh fruits include but are not limited            to: apples, oranges, bananas, pears,            tangerines, cantaloupes, plums,            nectarines, watermelons, strawberries,            blueberries, peaches, honeydew,            cantaloupes. Fruit will be served as it is            in season and as it becomes ripe.            This institution is an equal opportunity            provider</i>			

(V) Vegetarian meal  
 #Gluten free

\*Whole grain  
 ^Vegan



# December 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>2</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>3</b> Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	<b>4</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>5</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
<b>8</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>9</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>10</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>11</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>12</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>15</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>16</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>17</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>18</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>19</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>22</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>23</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>24</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>25</b> CLOSED FOR CHRISTMAS DAY	<b>26</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>29</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>30</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>31</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	Age-appropriate milk must be served with lunch	Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



# January 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with lunch	Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider		1  CLOSED FOR NEW YEARS'S DAY	2 (V) Lasagna Tossed salad Fresh fruit
5 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	6 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	7 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	8 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	9 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
12 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	13 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	14 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	15 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	16 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
19  CLOSED FOR MLK JR DAY	20 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	21 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	22 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	23 (V) Whole grain pizza* Garden salad Fresh fruit
26 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	27 (V) Whole grain cheese melt * Tomato soup Fresh fruit	28 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	29 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	30 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



# February 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>3</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>4</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>5</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>6</b> (V) Lasagna Tossed salad Fresh fruit
<b>9</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>10</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>11</b> Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	<b>12</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>13</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
<b>16</b> CLOSED FOR PRESIDENT'S DAY	<b>17</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>18</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>19</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>20</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit
<b>23</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>24</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>25</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>26</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>27</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>			

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 #Gluten free

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 ^Vegan



# March 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>3</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>4</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>5</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>6</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>9</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>10</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>11</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>12</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>13</b> (V) Lasagna Tossed salad Fresh fruit
<b>16</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>17</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>18</b> Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	<b>19</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>20</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
<b>23</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>24</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>25</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>26</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>27</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>30</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>31</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit		<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>

(V) Vegetarian meal  
 #Gluten free

\*Whole grain  
 ^Vegan



# April 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with lunch	Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider	<b>1</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>2</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>3</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>6</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>7</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>8</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>9</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>10</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>13</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>14</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>15</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>16</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>17</b> (V) Lasagna Tossed salad Fresh fruit
<b>20</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>21</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>22</b> Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	<b>23</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>24</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
<b>27</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>28</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>29</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>30</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



# May 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with lunch	Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider			<b>1</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>4</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>5</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>6</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>7</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>8</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>11</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>12</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>13</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>14</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>15</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>18</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>19</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>20</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>21</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>22</b> (V) Lasagna Tossed salad Fresh fruit
<b>25</b>  CLOSED FOR MEMORIAL DAY	<b>26</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>27</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>28</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>29</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



## June 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>2</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>3</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>4</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>5</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>8</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>9</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>10</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>11</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>12</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>15</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>16</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>17</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>18</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>19</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>22</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>23</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>24</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>25</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>26</b> (V) Lasagna Tossed salad Fresh fruit
<b>29</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>30</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit		<i>Age-appropriate milk must be served  with lunch</i>	<i>Fresh fruits include but are not limited  to: apples, oranges, bananas, pears,  tangerines, cantaloupes, plums,  nectarines, watermelons, strawberries,  blueberries, peaches, honeydew,  cantaloupes. Fruit will be served as it is  in season and as it becomes ripe.  This institution is an equal opportunity  provider</i>

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



# July 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with lunch	Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider	<b>1</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>2</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit	<b>3</b>  CLOSED FOR INDEPENDENCE DAY
<b>6</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>7</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>8</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>9</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>10</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>13</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>14</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>15</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>16</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>17</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>20</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>21</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>22</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>23</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>24</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>27</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	<b>28</b> Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	<b>29</b> Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	<b>30</b> Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<b>31</b> (V) Lasagna Tossed salad Fresh fruit

(V) Vegetarian meal  
#Gluten free

\*Whole grain  
^Vegan



## August 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	<b>4</b> (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	<b>5</b> Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	<b>6</b> (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	<b>7</b> BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
<b>10</b> Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	<b>11</b> Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	<b>12</b> Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	<b>13</b> Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	<b>14</b> (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
<b>17</b> Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	<b>18</b> Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	<b>19</b> Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	<b>20</b> (V) Whole grain pizza* Garden salad Fresh fruit	<b>21</b> (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<b>24</b> Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	<b>25</b> (V) Whole grain cheese melt * Tomato soup Fresh fruit	<b>26</b> Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	<b>27</b> Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	<b>28</b> Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
<b>31</b> Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit			<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>

(V) Vegetarian meal  
 #Gluten free

\*Whole grain  
 ^Vegan