



October 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with breakfast		1 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	2 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	3 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
6 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	7 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	8 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	9 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	10 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
13 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	14 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	15 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	16 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	17 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
20 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	21 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	22 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	23 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	24 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
27 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	28 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	29 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	30 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	31 Apple oatmeal* ~~~~~ Graham cracker Diced peaches

*Whole grain



November 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	4 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	5 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	6 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	7 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
10 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	11 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	12 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	13 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	14 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
17 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	18 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	19 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	20 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	21 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
24 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	25 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	26 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	27 CLOSED FOR THANKSGIVING	28 CLOSED FOR THANKSGIVING
				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain



December 2025 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
1 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	2 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	3 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	4 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	5 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
8 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	9 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	10 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	11 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	12 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
15 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	16 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	17 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	18 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	19 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
22 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	23 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	24 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	25 CLOSED FOR CHRISTMAS	26 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce
29 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	30 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	31 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix		<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain



January 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with breakfast			1 CLOSED FOR NEW YEAR'S DAY	2 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola
5 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	6 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	7 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	8 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	9 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
12 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	13 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	14 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	15 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	16 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
19 CLOSED FOR MLK JR DAY	20 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	21 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	22 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	23 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce
26 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	27 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	28 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	29 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	30 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices

*Whole grain



February 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	3 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	4 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	5 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	6 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
9 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	10 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	11 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	12 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	13 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
16 CLOSED FOR PRESIDENT'S DAY	17 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	18 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	19 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	20 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce
23 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	24 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	25 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	26 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	27 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain



March 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	3 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	4 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	5 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	6 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
9 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	10 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	11 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	12 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	13 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
16 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	17 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	18 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	19 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	20 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
23 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	24 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	25 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	26 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	27 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
30 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	31 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt			<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain



April 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with breakfast		1 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	2 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	3 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
6 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	7 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	8 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	9 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	10 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
13 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	14 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	15 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	16 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	17 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
20 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	21 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt	22 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	23 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	24 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
27 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	28 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	29 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	30 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	

*Whole grain



May 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with breakfast				1 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
4 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	5 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	6 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	7 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	8 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
11 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	12 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	13 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	14 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	15 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
18 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	19 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	20 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	21 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	22 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
25 CLOSED FOR MEMORIAL DAY	26 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	27 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	28 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	29 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce

*Whole grain



June 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
1 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	2 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	3 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	4 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	5 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
8 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	9 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	10 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	11 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	12 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
15 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	16 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	17 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	18 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	19 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
22 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	23 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	24 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	25 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	26 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
29 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	30 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Cherry/vanilla yogurt			<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain



July 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
Age-appropriate milk must be served with breakfast		1 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	2 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	3 CLOSED FOR INDEPENDENCE DAY
6 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	7 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	8 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	9 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	10 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
13 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	14 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Peach yogurt	15 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	16 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	17 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
20 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	21 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	22 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	23 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	24 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
27 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	28 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Mango yogurt	29 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	30 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	31 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices

*Whole grain



August 2026 – Breakfast & Snack

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	4 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	5 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	6 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	7 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
10 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	11 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Blueberry yogurt	12 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	13 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	14 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
17 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round	18 Rice Crispies Fresh fruit ~~~~~ Sweet potato cracker* Vanilla yogurt	19 Toasted oats* Fresh fruit ~~~~~ Whole wheat pita pizza with* Cheese	20 Whole wheat bagel* Fresh fruit ~~~~~ Soft pretzel Applesauce	21 Apple oatmeal* ~~~~~ Graham cracker Diced peaches
24 Rice Chex* Fresh fruit ~~~~~ Strawberry oatmeal bar* Cheese cubes	25 Cinnamon toasted oats* Fresh fruit ~~~~~ Saltines Strawberry/banana yogurt	26 Bran muffin Fresh fruit ~~~~~ Diced pears Cereal snack mix	27 Kix* Fresh fruit ~~~~~ Vanilla yogurt Granola	28 Blueberry-peach oatmeal* ~~~~~ Veggie crackers* Apple slices
31 Whole wheat flakes* Fresh fruit ~~~~~ Wheat thins Cheddar cheese round				<i>Age-appropriate milk must be served with breakfast</i>

*Whole grain