

BEAR Country!

May be subject to amendment to reflect updated federal and state regulations.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Breakfast Burrito Or Cereal and Cracker Juice Fruit Milk	2 Strawberry Muffin Or Cereal & Cracker Juice Fruit Milk	3 Apple Spiced Pocket Or Cereal Juice Fruit Milk	4 Baked Apple French Toast Or Cereal Juice Fruit Milk
	8 Breakfast Pizza Or Cereal Juice Fruit Milk	9 Egg & Chorizo Burrito Or Cereal Juice Fruit Milk	10 Homemade Waffles Or Cereal Juice Fruit Milk	11 Breakfast Chilaquiles Or Cereal Juice Fruit Milk
	15 Breakfast Burrito Or Cereal Juice Fruit Milk	16 Frosted Cinnamon Roll Or Cereal Juice Fruit Milk	17 Cheesy Scrambled Eggs Or Cereal Juice Fruit Milk	18 Biscuit and Gravy Or Cereal Juice Fruit Milk
	22 Green Chile& Potato Quesadilla Or Cereal Juice Fruit Milk	23 Sausage Egg Burrito Or Cereal Juice Fruit Milk	24 Whole Grain Pancakes Or Cereal Juice Fruit Milk	25 Egg & Cheese Bagel Or Cereal Juice Fruit Milk
	29 Chicken Biscuit Or Cereal Juice Fruit Milk	30 Breakfast Burrito Or Cereal Juice Fruit Milk	1 Golden Waffles Or Cereal Juice Fruit Milk	2 Pancake Sandwich Or Cereal Juice Fruit Milk

**TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES
AND CHOICE OF MILK.**

See any server for details and assistance.

Milk varieties include 1% low fat and fat-free choices.

Artwork by Samantha Oden

This Institution is an equal opportunity provider.
Please notify your manager if you have any special dietary needs. Please inform
the server of any major food allergy you may have before placing an order.
When necessary, we will make an appropriate recommendation or substitution.

K-12
by allor



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Beef Tacos Charro Beans Elote Salad Garden Side Salad	2 Hot Dog on a Bun Curry Roasted Broccoli Fresh Baby Carrots Garden Salad	3 Beef Pasta Bake Seasoned Bread Stick Green Beans with Garlic Herb Butter Fresh Baby Carrots Garden Side Salad	4 Pizza Carrots with Dill Herbed Tomatoes Garden Side Salad
	8 Beef Birria Cilantro Brown Rice Refried Beans Elote Salad Garden Side Salad	9 Char Siu Pork 5 Spice Brown Rice Sesame Green Beans Celery Sticks Garden Side Salad	10 Chicken Patty Sandwich Lemon Parmesan Roasted Broccoli Fresh Baby Carrots Garden Side Salad	11 Corn Dog Sweet Potato Waffle Fries Herbed Tomatoes Garden Side Salad
	15 Picadillo Cilantro Lime Rice Charro Beans Red Bell Peppers Garden Side Salad	16 Chicken Lo Mein Curry Roasted Broccoli Fresh Baby Carrots Garden Side Salad	17 Spaghetti & Meat Sauce Seasoned Bread Stick Green Beans with Herbed Butter Fresh Broccoli Garden Side Salad	18 Cheeseburger Carrots with Dill Herbed Tomatoes Garden Side Salad
	22 Beef Nachos Seasoned Black Beans Garden Side Salad Elote Salad	23 Teriyaki Chicken 5 Spice Brown Rice Orange Glazed Carrots Celery Sticks Garden Side Salad	24 Meatloaf Mashed Potatoes Roasted Brussels Sprouts Fresh Baby Carrots Celery Sticks Garden Side Salad	25 Pizza Garlicky Braised Kale Herbed Tomatoes Garden Side Salad
	29 Latin Chicken Cilantro Lime Rice Refried Beans Red Bell Pepper Garden Side Salad	30 Orange Chicken 5 Spice Brown Rice Fresh Broccoli Garden Side Salad	1 Pasta Bake Seasoned Bread Stick Green Beans with Herbed Butter Fresh Broccoli Garden Side Salad	2 Cheeseburger <i>Sweet Potato Waffle Fries Herbed Tomatoes Garden Side Salad</i>

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