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## **District Wellness Committee**

**Thursday, October 2, 2025**

**Video call link: <https://meet.google.com/ouh-hhnt-pmt>**

- I. Welcome
  - a. Notice of Recording
  - b. Call to Order & Attendance
- II. Items for Discussion
  - a. Committee Purpose
  - b. Wellness Policy Overview
  - c. Wellness Action Plan Created 2023-24
  - d. Superintendent Memo
- III. Our Projects/Procedure (<https://www.azed.gov/hns/nslp/training>)
  - a. Local Wellness Policy Assessment Comparison with a Model Policy
  - b. Activity and Assessment Tool (AAT)
  - c. School Health Index School-Level Assessments
  - d. Ongoing Monitoring of Implementation Plan
  - e. Staff &/or Community Wellness Activities
- IV. Next Steps
  - a. How to Proceed with AAT
  - b. Ideas for Staff &/or Community Wellness Activities
- V. Items for November 6
- VI. Adjourn & Stop Recording

### **Committee Members**

Racquel Beck  
Jenny Becker\*  
Alejandra Castaneda  
Layla Downing  
Karen Johnson  
Jennifer Lott  
Dawn McCann\*  
Casarah Mock\*  
Mayia Moletin  
Nancy Papke  
Sherri Vorak  
Michele Werchau