



Panorama Student Survey (School-Level)

For the following questions, we are interested in learning more about how you think about your school. Please give us your honest opinions so that we can better understand your experience and work to make the school a better place.

Feelings About Being at School

In this section, we would like to understand how you feel about your school overall.

1. How often are people disrespectful to others at your school?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

2. If a student is bullied in school, how difficult is it for him/her to get help from an adult?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Not at all difficult | Slightly difficult | Somewhat difficult | Quite difficult | Extremely difficult |

3. How likely is it that someone from your school will bully you online?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Not at all likely | Slightly likely | Somewhat likely | Quite likely | Extremely likely |

4. How often do you worry about violence at your school?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |

5. How often do students get into physical fights at your school?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Almost never | Once in a while | Sometimes | Frequently | Almost always |



Panorama Student Survey (Classroom-Level)

For the following questions, we are interested in learning more about how you think about your classroom and your teacher(s). Please give us your honest opinions. With your thoughtful feedback we can work to make your classroom a better place for learning.

Perceptions of Class

In this first section, please give us your opinions on this course and this subject matter so that we can better understand your experience in this classroom.

1. How fair are the rules in this class?

- ☐ Not fair at all
 ☐ A little fair
 ☐ Somewhat fair
 ☐ Very fair
 ☐ Extremely fair

2. How often does your teacher seem excited to be teaching your class?

- ☐ Almost never
 ☐ Once in a while
 ☐ Sometimes
 ☐ A lot of the time
 ☐ Almost always

3. How positive or negative is the mood in this class?

- ☐ Very negative
 ☐ Somewhat negative
 ☐ A little negative
 ☐ Not negative or positive
 ☐ A little positive
 ☐ Somewhat positive
 ☐ Very positive

4. How well do students follow the rules of your class?

- ☐ Not well at all
 ☐ A little well
 ☐ Somewhat well
 ☐ Very well
 ☐ Extremely well

5. How much does this teacher encourage you to do your best?

- ☐ Do not encourage me at all
 ☐ Encourage me a little
 ☐ Encourage me some
 ☐ Encourage me a lot
 ☐ Encourage me a huge amount

6. How often does this teacher ask you to explain your answers?

- ☐ Almost never
 ☐ Once in a while
 ☐ Sometimes
 ☐ A lot of the time
 ☐ Almost always

7. How often does this teacher take time to make sure you understand your schoolwork?

- ☐ Almost never
 ☐ Once in a while
 ☐ Sometimes
 ☐ A lot of the time
 ☐ Almost always

8. How high are this teacher's expectations of you?

- ☐ Not high at all
 ☐ A little high
 ☐ Somewhat high
 ☐ Very high
 ☐ Extremely high

9. When you feel like giving up, how likely is it that this teacher will ask you to keep trying?

- ☐ Not at all likely
 ☐ A little likely
 ☐ Somewhat likely
 ☐ Very likely
 ☐ Extremely likely



Your Teacher

In this section, we would like for you to think more specifically about your teacher. Please answer each item so we can better understand your opinions about your teacher.

10. How excited would you be if you could have this teacher in the next grade too?

- ☐ Not at all excited ☐ A little excited ☐ Somewhat excited ☐ Very excited ☐ Extremely excited

11. How respectful is this teacher towards you?

- ☐ Not at all respectful ☐ A little respectful ☐ Somewhat respectful ☐ Very respectful ☐ Extremely respectful

12. If you were upset when you came into class, how concerned would this teacher be?

- ☐ Not at all concerned ☐ A little concerned ☐ Somewhat concerned ☐ Very concerned ☐ Extremely concerned

13. When your teacher asks, "How are you?", how often do you feel they really want to know your answer?

- ☐ Almost never ☐ Once in a while ☐ Sometimes ☐ A lot of the time ☐ Almost always



Panorama Topic: Student Competency & Well-Being Measures

To better support you, your school and teachers would like to ask you some questions about how you think and feel. Only your teachers and school leaders will be able to see your responses, which will not affect your class grades. Please respond honestly—there are no right or wrong answers!

Your Behavior

Please answer the following questions about how you respond to different situations.

1. During the past two weeks, how carefully did you listen to other people's opinions?

☐

Not carefully at all

☐

A little carefully

☐

Somewhat carefully

☐

Very carefully

☐

Extremely carefully

2. During the past two weeks, how much did you care about other people's feelings?

☐

Did not care at all

☐

Cared a little bit

☐

Cared somewhat

☐

Cared a lot

☐

Cared a huge amount

3. During the past two weeks, how often did you compliment others' accomplishments?

☐

Almost never

☐

Once in a while

☐

Sometimes

☐

A lot of the time

☐

Almost all the time

4. During the past two weeks, how well did you get along with students who are different from you?

☐

Did not get along at all

☐

Got along a little bit

☐

Got along somewhat well

☐

Got along very well

☐

Got along extremely well

5. During the past two weeks, how clearly were you able to describe your feelings?

☐

Not at all clearly

☐

A little clearly

☐

Somewhat clearly

☐

Very clearly

☐

Extremely clearly

6. During the past two weeks, when others did not agree with you, how respectful were you of their opinions?

☐

Not at all respectful

☐

A little respectful

☐

Somewhat respectful

☐

Very respectful

☐

Extremely respectful

7. During the past two weeks, how much were you able to stand up for yourself without putting others down?

☐

Not at all

☐

A little bit

☐

Somewhat

☐

A lot

☐

A huge amount

8. During the past two weeks, how much were you able to disagree with others without starting an argument?

☐

Not at all

☐

A little bit

☐

Somewhat

☐

A lot

☐

A huge amount

Feelings in General

In this section, we want to learn about how you experience emotions at school and in life.

9. How often are you able to pull yourself out of a bad mood?

☐

Almost never

☐

Once in a while

☐

Sometimes

☐

A lot of the time

☐

Almost always



10. How often are you able to control your emotions when you need to?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Almost never | Once in a while | Sometimes | A lot of the time | Almost always |

11. When you get upset, how often can you get yourself to relax?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Almost never | Once in a while | Sometimes | A lot of the time | Almost always |

12. When things go wrong for you, how calm are you able to stay?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Not calm at all | A little calm | Somewhat calm | Very calm | Extremely calm |

13. When you get upset, how often do you stop to think before you act?

- | | | | | |
|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| ☐ | ☐ | ☐ | ☐ | ☐ |
| Almost never | Once in a while | Sometimes | A lot of the time | Almost always |