

Johnsonburg Area School District
Wellness Committee Meeting
May 4, 2026
High School Information Center at 1:00 PM

1. Dr. Haberberger called the meeting to order by thanking everyone for attending this annual meeting as we are on the home stretch now and asked all in attendance to sign in. The committee is composed of school administrators, cafeteria personnel, faculty, school board representative, students, community, and parents.
2. Dr. Haberberger then had everyone introduce themselves around the room.
3. Daniel Frankenfield, The Nutrition Group Food Service Director, updated the committee on the program. Daniel stated that the school district is operating the CEP program (Community Eligibility Provision) again this year, where all students can eat breakfast and lunch for free. He said participation is very good, the counts are doing well, and we are meeting our goals. Some special programs that corporate is adding are things like Take Nutrition Global at the high school and Nutrition Expedition at the elementary school. They are doing different cultures as well including Mexican, Italian, Southeast USA, and North Korea. Special days include Sushi/Dumpling Day and Freaky Foods. Corporate is also creating some new recipes and A` la carte specials. Daniel noted that all students will be receiving a Grab-n-Go Breakfast on the last day of school and there are new guidelines for milk coming.
4. Mrs. Schreiber, Parent/Health/Elem. PE Teacher/AD, talked about the physical education classes and how she continues working on each unit for 2 weeks; like mat ball, pickleball, sink the ship, fitness and running a mile testing, etc. They love gaga ball. She shows students how to do warmups and stretches to start the units. An important part of class is the 4-7 minute warmup with running, music, etc., and then a cool down. The new gym floor is complete.
5. Mr. Votano, High School Health/PE Teacher, said his motto and #1 goal is "get moving". He does 8-10 activities that the students can choose from like Airforce football, soccer, mat ball, pickleball, badminton. He does a 1-minute mile run test at the beginning of the school year, then he will reevaluate the students later in the year to monitor improvements. He does have some challenges, with less students in classes for team activities, but he plays some games and does weight room activities with timing stations and repetition to keep them structured. In Health he has guest speakers in to discuss "Too Good for Drugs," and other drug and alcohol programs, plus teen pregnancies, STD programs, and mental health and wellness programs. He repeated that his #1 goal as a Physical Education Teacher is to get movement in whether it is through walking, volleyball, dodgeball, wiffleball, etc., no matter their skills or abilities.
6. Mrs. Azzota, High School Nurse, stated that she did heights and weights at the beginning of the year, along with vision and hearing screenings. The new buzzer system to alert the front office in case of an emergency was implemented, and sports physicals are going to be held on May 8th and free to all students.
7. Our student members were asked for input:
 1. Overall they like the different options in the cafeteria, like going Global and getting student input. The student feels that the school prepares them for college well, has great scholarship opportunities, and likes that there is more Mental Health focus happening.

2. The other student said the presentations on Mental Health have been great and at the high school and the options in the cafeteria are better this year; the Mandarin Chicken and dumpling was a personal favorite.
8. Mrs. Vollmer, Special Education Supervisor, said Friday, May 8th is Special Olympics at the Cameron County High School in Emporium, with the rain date the following Friday.
9. Mrs. Wolfe, HR/Payroll Director/School District Wellness Coordinator, stated that the (EAP) program for staff is a virtual employee assistance program. It offers numerous programs like mental, financial, and emotional health to name a few and employees can also talk to a therapist. She hopes employees are able to utilize the programs offered.
10. Mrs. Hoffman, Elementary School Counselor, said the elementary is using a lot of the mental health resources and she is seeing great success with them. She is giving incentives and playing games to promote good attendance.
11. Mrs. Kastner, High School Counselor, said she is seeing students utilize all mental health agencies more and she keeps putting the word out. Scholarships are happening, and testing season is going on, and she is in the process of makeups as well. Field trips cause a small problem with testing, but they are working through it. She said the main thing now is getting kiddos ready to leave us and be successful.
12. Mrs. Herbstritt, Registered Dietician, said there is a woman's health fair happening on May 21st in Kane; with doctors and specialists on hand to discuss menopause, radiology/imaging, nutrition and diabetes, self-defense and more. All are welcome.
Viruses like the flu and stomach issues are popping up and Covid is still a thing.
Kane is also going to a new platform, EPIC, in September, which will allow patients to see their records. She named a few new doctors, like family practice and podiatrist, that they have now in Kane along with looking for another surgeon. They are closing the Bradford ER and their inpatient on May 17-18. Kane and Elk are ready for the influx.
Mr. Kelly and Dr. Haberberger told her open house is on September 16th from 6:00 p.m. to 8:00 p.m. at the high school and they are welcome to set up a Health Fair table there again like they did last year. Mrs. Herbstritt will set this up.
13. Mrs. Poague, Parent/Johnsonburg Community Center Recreation Director, said they hired two (2) summer help seniors, and she is excited to see what new ideas or programs they have that will contribute to the community. There are field trips happening and students coming to the community building, with PREK attending, 4th, 5th, and 6th grade with the Stand Tall Club, and the Boys and Girls Clubs coming in June or July. All can come see the building and finding out what they have to offer. The building is getting busy inside and out.
14. Mr. Kelly, High School Principal, said the end of February they had students participate in a school climate survey. There were 33 questions on improvements like "Do you feel safe, Do you feel welcomed, Have you been bullied, etc.". It was very successful and 95% said they were never bullied. He and Mrs. Kastner looked into the 5% and found that it actually could have been 98% due to "rumors" and "items from the past"; not current. The students said they do have a "safe person" they can go see. He said it speaks volume to our staff at filling the connection and rapport to talk with students and letting them know they can talk to someone.

15. Dr. Haberberger, Superintendent, said the High School Pneumatics are going to be completed this summer with the contractor taking out the ventilation units and cleaning them off, which will improve air flow in general.
16. The group discussed and agreed on keeping the time at 1:00 PM for next year's meeting, since lunchtime is busy for our nurses and administrators, and the committee can work around the students' sports schedules.
17. The meeting ended at 1:28 PM.

Submitted by: _____
Dr. Karen Haberberger; Superintendent, Chairperson