



# Tohono O'odham Community College



## Associate of Arts in Social Work

Social Work is a professional field that aims to help individuals, groups, and communities alleviate social welfare issues such as mental health issues, poverty, homelessness, drug/alcohol addiction, family and community violence, and psychological and social aspects of physical illness. With an associate degree individuals can enter the field of social services as an entry level paraprofessional. To become a professional social worker, students must continue their education and complete a bachelor's degree in Social Work. TOCC prepares students to transfer to a university to complete their professional education.

### Sample Path Progression

If you are a part time student, take half of the classes each semester (fall 1 and spring 1). The following year, take the second half of the classes (fall 1 again and spring 1 again) until you complete the suggested sequence.

Summer 1 (6 cr hr)	
<ul style="list-style-type: none"> <li>✓ STU 101 Becoming a Master Student (Recommended if student has been out of school for several years)</li> <li>✓ PSY 101</li> </ul>	
Fall 1 (14 cr hr)	Spring 1 (13 cr hr)
<ul style="list-style-type: none"> <li>✓ WRT 101</li> <li>✓ MAT 142H or placement</li> <li>✓ BIO 100N</li> <li>✓ HIS 122</li> </ul>	<ul style="list-style-type: none"> <li>✓ WRT 102</li> <li>✓ SWU 171</li> <li>✓ POS 110</li> <li>✓ THO101 or 106</li> </ul>
Summer 2 (6 cr hr)	
<ul style="list-style-type: none"> <li>✓ ART course</li> <li>✓ Humanities course</li> </ul>	
Fall 2 (13 cr hr)	Spring 2 (12 cr hr)
<ul style="list-style-type: none"> <li>✓ ECN 201</li> <li>✓ BIO 160N</li> <li>✓ PSY 240</li> <li>✓ SWU 291</li> </ul>	<ul style="list-style-type: none"> <li>✓ ECN 202 (Elective)</li> <li>✓ Elective</li> <li>✓ SWU 232</li> <li>✓ SWU 295</li> </ul>



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NAME:	TOCC ID:
TOCC EMAIL:	PHONE NUMBER:
TERM OF ADMISSION:	EXPECTED GRADUATION YEAR/TERM:
ACADEMIC ADVISOR:	FACULTY ADVISOR:

### General Education Courses:

- Tohono O'odham Himdag (7 cr): HIS 122 (3 cr) and select one from the following: THO 101, THO 106 (4 cr)
- MAT 142H or higher (with the exception of MAT 146 and MAT 147)
- Humanities and Fine Arts (6 cr): Any courses from the General Education selection
- Social and Behavioral Sciences (6 cr).
- Lab-loaded Science course (courses with N in the prefix; 8 cr): Any course with prefix ANR, AST, BIO, CHM, PHY

Note: MAT 142H and courses ending in N (e.g., BIO 100N) are 4 cr. hrs unless otherwise indicated. The rest of the courses are 3 cr. hrs unless otherwise indicated.

COURSE PREFIX	COURSE NAME	REPLACEMENT COURSE	SEMESTER	YEAR	CREDITS	GRADE	MET
HIS 122	Tohono O'odham History and Culture						
THO							
WRT 101	Writing I						
WRT 102	Writing II						
MAT							
<b>Humanities and Fine Arts:</b>							
<b>Social and Behavioral Sciences</b>							
<b>Two Lab-loaded Science Courses</b>							
<b>Total General Education Credits Needed: 37</b>				<b>Total Earned Credits:</b>			

### Core Requirements:

COURSE PREFIX	COURSE NAME	REPLACEMENT COURSE	SEMESTER	YEAR	CREDITS	GRADE	MET
SWU 171	Introduction to Social Work						
SWU 232	Case Reporting and Documentation (pre or corequisite: SWU 171)						



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SWU 291	Social Service Delivery Systems (Pre or corequisite: SWU 171)						
SWU 295	Foundations of Social Work Practice: Effective Helping in a Diverse World (Prerequisite: SWU 171, WRT 101, and PSY 101 or SOC 101)						
POS 110	American National Government						
<b>Total Core Credits Needed: 15</b>			<b>Total Earned Credits:</b>				

## Electives:

Highly recommended for this degree: ECN 202 Macro Economics **and** MAT 225 Basic Statistics. And choose any course designated with the following prefixes: ECE, PSY, SOC, SSE, SWU, TOC, or TOS.

COURSE PREFIX	COURSE NAME	REPLACEMENT COURSE	SEMESTER	YEAR	CREDITS	GRADE	MET
<b>Total Electives Needed: 9</b>			<b>Total Earned Credits:</b>				
<b>Total Program Credits Needed: 61</b>			<b>Total Earned Credits:</b>				

## Program Learning Outcomes:

1. Demonstrate Comprehensive Understanding of Social Work Theory and Practice
  - a. Knowledge: Students will possess a deep understanding of the theoretical foundations of social work, including various theoretical perspectives, historical contexts, and contemporary trends.
  - b. Skills: Students will apply theoretical knowledge to assess and intervene in diverse client systems, demonstrating proficiency in utilizing evidence-based interventions and ethical decision-making frameworks.
  - c. Abilities: Students will demonstrate the ability to critically analyze social issues, advocate for social justice, and collaborate effectively with clients, communities, and interdisciplinary teams to address systemic inequalities and promote positive social change.
2. Cultivate Cultural Competence and Responsiveness
  - a. Knowledge: Students will acquire knowledge of diverse cultural practices, beliefs, and identities, with a particular emphasis on understanding the cultural context of the populations they serve, including the Tohono O'odham Nation, Indigenous communities, and marginalized and minority communities.
  - b. Skills: Students will demonstrate cultural congruence in their interactions with clients and communities, employing culturally sensitive communication, assessment, and intervention strategies to meet the unique needs and preferences of diverse individuals and groups.



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- c. Abilities: Students will develop the ability to recognize and challenge cultural biases and stereotypes, engage in self-reflection and ongoing learning to enhance cultural humility, and advocate for culturally responsive policies and practices within social service systems.
3. Demonstrate Professional Values, Ethics, and Decision-Making
  - a. Knowledge: Students will comprehend the ethical principles, values, and codes of conduct that guide professional social work practice as dictated by the National Association of Social Workers.
  - b. Skills: Students will demonstrate ethical decision-making skills in complex and challenging situations, applying ethical frameworks and critical thinking to navigate dilemmas and conflicts within professional practice.
  - c. Abilities: Students will integrate ethical principles into their practice, maintaining professional boundaries, confidentiality, and integrity while upholding the rights and dignity of clients, colleagues, and communities. They will also advocate for ethical and socially just policies and practices at individual, organizational, and systemic levels.
4. Demonstrate Cultural Competence and Cultural Congruent Practice
  - a. Knowledge: Students will develop cultural and diversity awareness and cultural congruent practice necessary to serve diverse populations respectfully, particularly focusing on the needs of the Tohono O'odham, Southwestern peoples, and other diverse communities.
  - b. Measurable Outcome: Through experiential activities, cultural immersion experiences, and reflective journals, students will demonstrate increased awareness of cultural diversity and their ability to adapt their practice to meet the needs of diverse populations effectively.

## Students:

You must secure official approval by your advisor(s) before submitting the **final** Program of Study. By signing or entering your name below, you agree to the following statement: "Students are responsible for complete knowledge of Academic Catalog requirements in their degree plan and for adhering to all policies in Academic Catalog and Student Handbook."

## Signature Panel:

Please indicate approval of the curriculum on the Program of Study by placing your signature (formal electronic signatures are permitted) in the space provided.

Student:	Date:
Academic Advisor:	Date:
Faculty Advisor:	Date:
Registrar:	Date:
Dean of Academics:	Date: