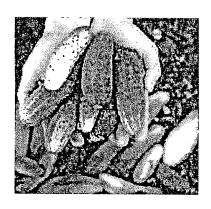
Howell Mountain Elementary School Menu September 2025



Even if your child does not eat in the cafeteria, it is important to fill out the alternate income form to receive other benefits.

Questions?

Call us at

Menus subject to change according to what is fresh, local and in season.

Fruit and Veggies offered daily with meal including milk.

Meal Prices

All students will be offered meals at no charge to them.

Student Breakfast \$0.00 Student Lunch \$0.00

Monday/Lunes	Tuesday/Martes	Wednesday/Miércoles	Thursday/Jueves	Friday/Viernes
1 Labor Day Holiday No School	Choice of Cereal Chicken Strips	3 Breakfast Burrito Pizza Day	4 Pancakes Beef Tacos	5 Scones Spaghetti with Meat
8	Rice			Sauce
Choice of Cereal	Waffles	10 Yogurt Parfait	11 Breakfast Sandwich	12 Twin bars
Parmesan Garlic Chicken Pasta	Tamal Beans	Pizza Day	Sub Sandwich Snack	Hamburger Baked Fries
15 Bagel/Cream Cheese	16 Pancakes	17 French toast Stix	18 Concha	19 Homemade Muffin
Chili Mac Pasta	Quesadilla Beans	Pizza Day	Chicken Noodle Soup Roll	Chicken Burger Baked Fries
22 Choice of Cereal	23 Oatmeal/Fruit Bowl	24 Waffles	25 Breakfast Burrito	26 Concha
Chicken Pesto Pasta	Pupusa Beans	Pizza Day	Tomato Soup Toasted Cheese Sandwich	Chicken Strips Rice
29 Bagel/Cream cheese	30 Pancakes			
Shredded Pork Sandwich	Bean & Cheese Burrito			

Cucumbers are cool in more ways than one—literally! They're made up of about 95% water, which makes them super refreshing and hydrating, especially on hot days. Even though we often think of them as vegetables, cucumbers are actually fruits because they develop from the flower of the plant and contain seeds. Another cool fact is that cucumbers have natural anti-inflammatory properties and have been used for centuries to soothe puffy eyes and skin irritation. So whether you eat them or use them in skincare, cucumbers are a crisp, healthy multitasker!

"Howell Mountain Elementary School District is an equal opportunity provider and employer"