

## Howell Mountain Elementary School MENU April 2026



Even if your Child does not eat in cafeteria, it is important to fill out the **alternate income form** to receive other benefits.

**Questions?**

**Call us at  
(707) 965-2423**

Menus subject to change according to what is fresh, local and in season.

Fruit and Vegetables offered daily with meal including milk

Meal Prices

All students will be offered meals at no charge to them

Student Breakfast \$0.00

Student Lunch \$0.00

All meals served with 1% or fat-free unflavored milk  
Fruits and vegetables offered daily

	Monday	Tuesday	Wednesday	Thursday	Friday
			1 <i>Concha</i>  Pizza Day	2 <i>Oatmeal Bowl</i>  Fiesta Chicken-n-Rice Bowl (V. - Tofu)	3 <i>Pancakes</i>  Black Beans Soup (Vegetarian)
6	7	8	9	10	
<b>NO SCHOOL – SPRING BREAK!</b>					
	13 <i>Cereal Bowl</i>  Chicken Strips w/Rice (V. - Veggie Nuggets)	14 <i>Waffles</i>  Bean Totada w/Rice (Vegetarian)	15 <i>Cinnamon Crumble</i>  Pizza Day	16 <i>Oatmeal Bowl</i>  Chicken Taco Beans (V. - Tofu)	17 <i>Egg Breakfast – Mexican Style</i>  Chicken Soup (V. - Chickpeas)
	20 <i>Cereal Bowl</i>  Garbanzo Pesto Pasta (Vegetarian)	21 <i>French Toast Sticks</i>  Bean & Cheese Burrito (Vegetarain)	22 <i>Breakfast Sandwich</i>  Pizza Day	23 <i>Oatmeal Bowl</i>  Fiesta Chicken-n-Rice Bowl (V. - Tofu)	24 <i>Yogurt Parfait</i>  Borshch with Beans (Vegetarian)
	27 <i>Cereal Bowl</i>  Marinara Pasta (Vegetarian)	28 <i>Oatmeal Bowl</i>  Tamal w/Beans (V.- Cheese)	29 <i>Cinnamon Roll</i>  Pizza Day	30 <i>Yogurt Parfait</i>  Hamburger w/Baked Fries	

Hydration is key for your child's energy and focus throughout the school day. Please remember to send a reusable water bottle with your child to school. Also, we offer refreshing fruit-infused drink (Uzvar) during lunch as a healthy hydration option.