

A COMPLETE BREAKFAST INCLUDES PROTEIN/GRAIN ENTRÉE, 1 SERVING OF FRUIT & ONE-HALF PINT MILK; STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST 1/2 CUP OF FRUIT OR VEGETABLE WITH BREAKFAST EVERYDAY.

Breakfast : Choice of Entrée or Breakfast Bar (Poptart, Cereal Bar, Cereal assortment), Fruit, Juice and Milk

A COMPLETE LUNCH INCLUDES: PROTEIN/GRAIN ENTRÉE, 1 SERVING OF FRUIT, 1 OR 2 SERVINGS OF VEGETABLES & ONE-HALF PINT MILK; STUDENTS MAY SELECT LESS FOOD, BUT MUST CHOOSE AT LEAST 1/2 CUP OF FRUIT OR VEGETABLE WITH LUNCH EVERYDAY.

Lunch: Choice from 4 Entrees daily, Vegetable, Fruit and Milk

ELEM DAILY LUNCH ENTREE CHOICES: UNCRUSTABLE OR PAW PACK

Daily Milk Choices: 1% Chocolate or 1% White Milk

HS DAILY LUNCH ENTREE CHOICES: UNCRUSTABLE, CHEF SALAD, WRAPS, OR YOGURT PARFAIT

			27	28
			French Toast	Breakfast Sandwich
			CHOOSE 1 ENTREE Ham & Cheese Croissant OR Hamburger on WG Roll	CHOOSE 1 ENTREE Chicken Fajita OR Hamburger on WG Roll
			CHOOSE 1 FRUIT & 1 OR 2 VEGGIE French Fries, Baked Beans Pineapple, Kiwi Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Corn, Baby Carrots Mandarin Oranges, Apple Milk
31	1	2	3	4
Breakfast on a Stick	Egg, Sausage & Toast	Breakfast Pizza	Waffles	Breakfast Sandwich
CHOOSE 1 ENTREE Mac & Cheese w/ WG Roll OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Pasta w/ Meatsauce & Garlic Breadstick OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Breakfast For Lunch OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Sloppy Joe on WG Roll OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Walking Taco OR Chicken w/ WG Roll
CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Cooked Carrots, Cucumbers Applesauce, Fresh Orange Slices Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Green Beans, Celery Sticks Mixed Fruit, Baked Apple Slices Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Baby Carrots, Hash Brown Peaches, Banana Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Corn, Fresh Broccoli & Cauliflower Pears, Grapes Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Refried Beans, Green Peppers Pineapple, Apple Milk
7	8	9	10	11
	Pancakes	Breakfast Pizza	French Toast	Breakfast Sandwich
NO SCHOOL	CHOOSE 1 ENTREE Salisbury Steak w/ WG Roll OR Corn Dog Nuggets	CHOOSE 1 ENTREE Meatball Sub OR Hot Dog on WG Roll	CHOOSE 1 ENTREE BBQ Pork on WG Roll OR Corn Dog Nuggets	CHOOSE 1 ENTREE Fish w/ WG Roll OR Hot Dog on WG Roll
	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Mashed Potatoes & Gravy, Peas Pears, Apple Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Cooked Carrots, Cucumbers Pineapple, Banana Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Baked Beans, Side Salad Mixed Fruit, Grapes Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Coleslaw, Baby Carrots Fresh Orange Slices, Applesauce Milk
14	15	16	17	18
Breakfast on a Stick	Egg, Sausage & Toast	Breakfast Pizza	Waffles	Breakfast Sandwich
CHOOSE 1 ENTREE Soft Taco OR Pizza	CHOOSE 1 ENTREE Lasagna w/ Garlic Breadstick OR Pizza	CHOOSE 1 ENTREE Oriental Chicken w/ Rice & WG Roll OR Pizza	CHOOSE 1 ENTREE Toasted Cheese Sandwich & Soup OR Pizza	CHOOSE 1 ENTREE Turkey & Cheese Sub OR Pizza
CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Celery Sticks, Cooked Carrots Baked Apple Slices, Strawberries Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Green Beans, Green Peppers Fresh Orange Slices, Peaches Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Stir Fry Veggies,Baby Carrots Applesauce, Banana Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Corn, Cucumbers Pears, Grapes Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE French Fries, Baked Beans Apple, Pineapple Milk
21	22	23	24	25
Funnel Cake	Pancakes	Breakfast Pizza	French Toast	Breakfast Sandwich
CHOOSE 1 ENTREE Chicken & Biscuits OR Hamburger on WG Roll	CHOOSE 1 ENTREE Cheese Filled Breadstikcs OR Hamburger on WG Roll	CHOOSE 1 ENTREE Chicken Alfredo w/ Garlic Breadstick OR Hamburger on WG Roll	CHOOSE 1 ENTREE Ham & Cheese Croissant OR Hamburger on WG Roll	CHOOSE 1 ENTREE Chicken Fajita OR Hamburger on WG Roll
CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Peas,Green Peppers Mixed Fruit, Applesauce Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Cooked Carrots, Celery Sticks Pears, Fresh Orange Slices Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Green Beans, Cucumbers Peaches, Banana Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE French Fries, Baked Beans Pineapple, Grapes Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Corn, Baby Carrots Mandarin Oranges, Apple Milk
28	29	30	1	2
Breakfast on a Stick	Egg, Sausage & Toast	Breakfast Pizza	Waffles	Breakfast Sandwich
CHOOSE 1 ENTREE Mac & Cheese w/ WG Roll OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Pasta w/ Meatsauce & Garlic Breadstick OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Breakfast For Lunch OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Sloppy Joe on WG Roll OR Chicken w/ WG Roll	CHOOSE 1 ENTREE Walking Taco OR Chicken w/ WG Roll
CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Cooked Carrots, Cucumbers Applesauce, Fresh Orange Slices Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Green Beans, Celery Sticks Mixed Fruit, Baked Apple Slices Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Baby Carrots, Hash Brown Peaches, Banana Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Corn, Fresh Broccoli & Cauliflower Pears, Grapes Milk	CHOOSE 1 FRUIT & 1 OR 2 VEGGIE Refried Beans, Green Peppers Pineapple, Apple Milk

Breakfast: Student FREE Adult \$3.25
Lunch: Student FREE Adult \$5.25

**This institution is an equal
opportunity provider.**

MENUS SUBJECT TO CHANGE