

Grade 4-6

# MENUS

## September

### 2026

#### Monthly Promotion

Look out for our new Lucky Tray days for something special at lunch time!

#### Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



#### Questions or Comments?

General Manager: Marissa Christensen

Phone: 623-302-3900

Marissa.Christensen@h-oschools.org

This institution is an equal opportunity provider



| Monday                                                                                                                                             | Tuesday                                                                                                                                                  | Wednesday                                                                                                                                                 | Thursday                                                                                                                                        | Friday    |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| <b>31 Breakfast</b><br>Ham & Cheese Croissant<br>Blueberry Muffin<br><b>Lunch</b><br>Peanut Butter Jelly Sandwich<br>Grilled Cheeseburger          | <b>1 Breakfast</b><br>Cinnamon French Toast<br>Sweet Apple Frudel<br><b>Lunch</b><br>Cheese Stuffed Breadsticks w/ Marinara<br>Popcorn Chicken w/ Roll   | <b>2 Breakfast</b><br>Strawberry Shortcake Biscuit<br>Blueberry Parfait<br><b>Lunch</b><br>Creamy Mac & Cheese<br>Golden Corn Dog                         | <b>3 Breakfast</b><br>Breakfast on a Stick<br>Frosted Cinnamon Rolls<br><b>Lunch</b><br>Cheese Pizza<br>Pepperoni Pizza<br>French fries         | <b>4</b>  |
| <b>7</b>                                                                                                                                           | <b>8 Breakfast</b><br>Mini Strawberry Bagels<br>Oatmeal Chocolate Chip Round<br><b>Lunch</b><br>Cheese Quesadilla<br>Crispy Chicken Sandwich             | <b>9 Breakfast</b><br>Double Chocolate Muffin<br>Sausage, Egg & Cheese Burrito<br><b>Lunch</b><br>Rotini Marinara w/ Meatballs<br>Chicken Nuggets w/ Roll | <b>10 Breakfast</b><br>Biscuit & Gravy<br>Soft Filled Cinnamon Bar<br><b>Lunch</b><br>Pepperoni Pizza<br>Sausage Pizza<br>French fries          | <b>11</b> |
| <b>14 Breakfast</b><br>Egg & Cheese Biscuit Sandwich<br>Blueberry Muffin<br><b>Lunch</b><br>Chicken Tenders w/ Roll<br>Country Fried Steak w/ Roll | <b>15 Breakfast</b><br>Chocolate Filled Croissant<br>Sausage Breakfast Pizza<br><b>Lunch</b><br>Mini Corn Dogs<br>Grilled Cheese w/ Tomato Soup          | <b>16 Breakfast</b><br>Strawberry Shortcake Biscuit<br>Strawberry NutriGrain Bar w/ Yogurt<br><b>Lunch</b><br>Queso Blanco Nachos<br>Turkey Wrap          | <b>17 Breakfast</b><br>Strawberry Pop-Tarts<br>Chocolate Chip Muffin<br><b>Lunch</b><br>Pepperoni Pizza<br>Bacon Ranch Pizza<br>French Fries    | <b>18</b> |
| <b>21 Breakfast</b><br>Scrambled Eggs w/ Biscuit<br>Golden Banana Bread<br><b>Lunch</b><br>Orange Chicken w/ Rice (Pork Free) Hot Dog              | <b>22 Breakfast</b><br>Apple Galette<br>Colby Cheese Omelet w/ Biscuit<br><b>Lunch</b><br>Ground Beef Soft Tacos<br>Pretzel Rods w/ Cheese               | <b>23 Breakfast</b><br>Blueberry Parfait<br>Mini Cinnamon Cream Cheese Bagels<br><b>Lunch</b><br>Macaroni & Cheese<br>Grilled Cheeseburger                | <b>24 Breakfast</b><br>Eggoji Waffles<br>Mini Confetti Pancakes<br><b>Lunch</b><br>Cheese Pizza<br>Pepperoni Pizza<br>French Fries              | <b>25</b> |
| <b>28 Breakfast</b><br>Trix Mini French Toast<br>Sausage, Egg, Cheese English Muffin<br><b>Lunch</b><br>Beef & broccoli w/ Rice<br>Corn Dog        | <b>29 Breakfast</b><br>Soft Filled Cinnamon Bar<br>Apple Cinnamon Muffin Loaf<br><b>Lunch</b><br>Grande Cheesy Nachos<br>Breaded Popcorn Chicken w/ Roll | <b>30 Breakfast</b><br>Cinnamon Sugar Donut Holes<br>Breakfast Taquitos<br><b>Lunch</b><br>Chicken Alfredo Penne<br>BBQ Pulled Pork Sandwich              | <b>1 Breakfast</b><br>Mini Blueberry Waffles<br>Fresh Blueberry Oatmeal<br><b>Lunch</b><br>Pepperoni Pizza<br>BBQ Chicken Pizza<br>French Fries |           |

Breakfast Meal Price: Paid \$2.20 / Reduced \$0.00

Lunch Meal Price: Paid \$4.00 / Reduced \$0.00

Adult Meal Price: \$5.00