## **MENUS**

October 2025

## Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving! Questions or Comments?
General Manger: Marissa Christenser
Phone: 623-302-3900

This institution is an equal opportunity provider



Cief	TAA			
Monday	Tuesday	Wednesday	Thursday	Friday
Please Check your Student's Lunch account Balance!		1 Breakfast Glazed Cinnamon Roll  Lunch Chicken Alfredo Mini Corn Dogs	2 <u>Breakfast</u> Blueberry Muffin <u>Lunch</u> Pepperoni Pizza Hawaiian Pizza	3
Enjoy your fall break! Return 10/13	7	8	9	10
13 Breakfast Sausage, Egg& Cheese Breakfast Taquito  Lunch Cheese Stuffed Breadsticks BBQ Pulled Pork Sandwich	14 <u>Breakfast</u> Sausage Breakfast Pizza <u>Lunch</u> Grande Cheese Nachos Chicken Caesar Salad	15 <u>Breakfast</u> Biscuit and Gravy <u>Lunch</u> Country Fried Steak Potato Bowl Chicken Nugget Potato Bowl	16 <u>Breakfast</u> Strawberry Yogurt Cup <u>Lunch</u> Cheese Pizza Pepperoni Pizza	17
20 <u>Breakfast</u> Chocolate Donut Holes <u>Lunch</u> Chicken Tenders Homemade Beef Burrito	21 <u>Breakfast</u> Cinnamon Coffee Cake <u>Lunch</u> Grilled chicken Sandwich Grilled Cheeseburger	22 <u>Breakfast</u> Banana Bread Slice <u>Lunch</u> Grilled Cheese w/ Tomato Soup Italian Wrap	23 <u>Breakfast</u> Sausage Biscuit Sandwich <u>Lunch</u> Pepperoni Pizza Meat Lovers Pizza	24
27 <u>Breakfast</u> Breakfast On a Stick <u>Lunch</u> Orange Chicken w/ Rice Hot Dog	Preakfast Vanilla Yogurt Cup  Lunch Beef Quesadilla Crispy Chicken Sandwich	French Toast Sticks  Lunch  Mac & Cheese  Walking Tacos	30 Breakfast Ham, Egg &Cheese Croissant  Lunch Cheese Pizza Pepperoni Pizza	31