

Grade 4-6

MENUS

November

Monthly Promotion

Lucky Tray will officially begin, Check your tray on the day marked with a STAR ! if you have a sticker, you win a prize!

Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



Questions or Comments?

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This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Breakfast</u> French Toast Sticks Strawberry Nutrigrain Bar w/ Yogurt <u>Lunch</u> Crispy Chicken Sandwich Grilled Cheeseburger French Fries	3 <u>Breakfast</u> Cheese Omelet w/ biscuit Sweet Apple Frudel <u>Lunch</u> Popcorn Chicken w/ Roll BBQ Pulled Pork Sandwich Sweet Baked beans	4 <u>Breakfast</u> Mini Strawberry Bagels Blueberry Parfait <u>Lunch</u> Mini Corn Dogs Salisbury Steak w/ Dinner Roll	5 <u>Breakfast</u> Ham, egg, & Cheese Breakfast Sandwich Banana Muffin <u>Lunch</u> Pepperoni Pizza Beefy Nacho Pizza French fries	6 No school on National Nacho Day! So we have Nacho Pizza!
9 <u>Breakfast</u> Ham, Egg & Cheese Combo Bar Blueberry Oatmeal <u>Lunch</u> Chicken Nugget Potato Bowl Beef Dipper Potato Bowl Broccoli Florets	10 <u>Breakfast</u> Country Breakfast Burrito Double Chocolate Muffin <u>Lunch</u> Crunchy Fish Sticks w/ Roll Spicy Chicken Sandwich Roasted Chickpeas	11 <u>No School</u>	12 <u>Breakfast</u> Biscuit & Gravy Scrambled Eggs w/ Toast <u>Lunch</u> Pepperoni Pizza Sausage Pizza French fries	13 ←--- Join us for Breakfast & Hot Chocolate!!
16 <u>Breakfast</u> Sausage Breakfast Pizza Chocolate Chip Muffin <u>Lunch</u> Orange Chicken w/ Rice Teriyaki Beef w/ Rice Broccoli Florets	17 <u>Breakfast</u> Apple Filled Churro Cheesy Egg English Muffin <u>Lunch</u> Grilled Cheeseburger Peanut Butter & Jelly w/ String Cheese	18 <u>Breakfast</u> Cinnamon French Toast w/ Sausage Strawberry Parfait <u>Lunch</u> Creamy Macaroni & Cheese Golden Chicken Corn Dog Steamed Corn	19 <u>Breakfast</u> Fluffy Pancakes w/ Sausage Chocolate Donuts <u>Lunch</u> Thanksgiving Lunch with Family and Friends	20 ← Join Us for a Special Thanksgiving Lunch!!
23	24 LUCKY TRAY ALL WEEK EXCEPT THANKSGIVING	25	26	27
Rollover period for Free Lunch Apps ends 09/30! Make sure you get a new application in and <u>check your students lunch balance!</u>				

Breakfast Meal Price: Paid \$2.20 / Reduced \$0.00

Lunch Meal Price: Paid \$4.00 / Reduced \$0.00

Adult Meal Price: \$5.00