

Heber 25/26 4-12 Breakfast  
Breakfast

Heber USD

Mon	Tue	Wed	Thu	Fri
1/5/2026	1/6/2026	1/7/2026	1/8/2026	1/9/2026
<b>Breakfast Entrée</b> Sausage, Egg & Cheese Breakfast Taquitos Strawberry Banana Yogurt Cup w/ Graham Crackers Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Homestyle Cinnamon Oatmeal Blueberry Muffin w/ String Cheese Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Cheesy Egg & Turkey Ham Croissant Sandwich Annie's Honey Bunny Graham's & Strawberry Yogurt Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Cheesy Scrambled Eggs Mini Strawberry Cream Cheese Bagels Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	
<b>Fruit</b> Fruit Punch Juice Box Applesauce Cup Craisins	<b>Fruit</b> Apple Juice Box Fresh Red Apple Craisins	<b>Fruit</b> Fruit Punch Juice Box Fresh Orange Craisins	<b>Fruit</b> Orange Tangerine Juice Box Fresh Red Apple Craisins	
<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
<b>Misc</b> Maple Syrup Cup				



Mon	Tue	Wed	Thu	Fri
1/12/2026	1/13/2026	1/14/2026	1/15/2026	1/16/2026
<b>Breakfast Entrée</b> Cinnamon & Sugar Donut Holes Mini Trix French Toast Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Eggoji Waffles INACTIVE Cinnamon Coffee Cake Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Glazed Cinnamon Roll Strawberry Yogurt w/ Graham Crackers Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Chicken Sausage Biscuit Sandwich Blueberry Muffin w/String Cheese Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	
<b>Fruit</b> Fruit Punch Juice Box Applesauce Cup Craisins	<b>Fruit</b> Apple Juice Box Fresh Red Apple Craisins	<b>Fruit</b> Fruit Punch Juice Box Fresh Orange Craisins	<b>Vegetables</b> SFE House Salsa	
<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
	<b>Misc</b> Maple Syrup Cup			
1/19/2026	1/20/2026	1/21/2026	1/22/2026	1/23/2026
	<b>Breakfast Entrée</b> Golden Banana Bread Slice Vanilla Yogurt Cup w/Graham Crackers Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> INACTIVE French Toast Sticks Oatmeal Chocolate Bar Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Scrambled Eggs & Hash Browns w/ Buttery Toast Mini Maple Pancakes Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Homestyle Cinnamon Oatmeal Chocolate Chip Muffin Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers
	<b>Fruit</b> Apple Juice Box Fresh Red Apple Craisins	<b>Fruit</b> Fruit Punch Juice Box Fresh Orange Craisins	<b>Vegetables</b> SFE House Salsa	<b>Fruit</b> Apple Juice Box Fresh Red Apple Craisins
	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local
		<b>Misc</b> Maple Syrup Cup	<b>Misc</b> Jelly Packet Ketchup Packet	



Mon	Tue	Wed	Thu	Fri
1/26/2026	1/27/2026	1/28/2026	1/29/2026	1/30/2026
<b>Breakfast Entrée</b> Sugar Sprinkled Donut Holes Mini Strawberry Cream Cheese Bagels Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Double Stack Pancakes Sweet Apple Frudel Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Warm Breakfast on a Stick Golden Banana Bread Slice Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	<b>Breakfast Entrée</b> Colby Cheese Omelet w/ Toast Double Chocolate Chip Muffin w/ String Cheese Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	
<b>Fruit</b> Fruit Punch Juice Box Applesauce Cup Craisins	<b>Fruit</b> Apple Juice Box Fresh Red Apple Craisins	<b>Fruit</b> Fruit Punch Juice Box Fresh Orange Craisins	<b>Vegetables</b> SFE House Salsa	
<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	<b>Fruit</b> Orange Tangerine Juice Box Fresh Red Apple Craisins	
	<b>Misc</b> Maple Syrup Cup	<b>Misc</b> Maple Syrup Cup	<b>Milk</b> 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
			<b>Misc</b> Jelly Packet	

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 1/4/2026, End = 1/31/2026)
Menu Plan	(Heber 25/26 4-12 Breakfast)