

Heber 25/26 4-12 Breakfast
Breakfast

Heber USD

Mon	Tue	Wed	Thu	Fri
1/5/2026	1/6/2026	1/7/2026	1/8/2026	1/9/2026
Breakfast Entrée Sausage, Egg & Cheese Breakfast Taquitos Strawberry Banana Yogurt Cup w/ Graham Crackers Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	Breakfast Entrée Homestyle Cinnamon Oatmeal Blueberry Muffin w/ String Cheese Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	Breakfast Entrée Cheesy Egg & Turkey Ham Croissant Sandwich Annie's Honey Bunny Graham's & Strawberry Yogurt Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	Breakfast Entrée Cheesy Scrambled Eggs Mini Strawberry Cream Cheese Bagels Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	
Fruit Fruit Punch Juice Box Applesauce Cup Craisins	Fruit Apple Juice Box Fresh Red Apple Craisins	Fruit Fruit Punch Juice Box Fresh Orange Craisins	Fruit Orange Tangerine Juice Box Fresh Red Apple Craisins	
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
Misc Maple Syrup Cup				



Mon	Tue	Wed	Thu	Fri
1/12/2026	1/13/2026	1/14/2026	1/15/2026	1/16/2026
Breakfast Entrée Cinnamon & Sugar Donut Holes Mini Trix French Toast Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	Breakfast Entrée Eggoji Waffles INACTIVE Cinnamon Coffee Cake Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Apple Juice Box Fresh Red Apple Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Glazed Cinnamon Roll Strawberry Yogurt w/ Graham Crackers Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Fruit Fruit Punch Juice Box Fresh Orange Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Chicken Sausage Biscuit Sandwich Blueberry Muffin w/String Cheese Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Vegetables SFE House Salsa Fruit Orange Tangerine Juice Box Fresh Red Apple Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
Breakfast Entrée Golden Banana Bread Slice Vanilla Yogurt Cup w/Graham Crackers Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Apple Juice Box Fresh Red Apple Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée INACTIVE French Toast Sticks Oatmeal Chocolate Bar Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers Fruit Fruit Punch Juice Box Fresh Orange Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Scrambled Eggs & Hash Browns w/ Buttery Toast Mini Maple Pancakes Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Vegetables SFE House Salsa Fruit Orange Tangerine Juice Box Fresh Red Apple Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Breakfast Entrée Homestyle Cinnamon Oatmeal Chocolate Chip Muffin Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers Fruit Apple Juice Box Fresh Red Apple Craisins Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	1/19/2026
1/20/2026	1/21/2026	1/22/2026	1/23/2026	



Mon	Tue	Wed	Thu	Fri
1/26/2026	1/27/2026	1/28/2026	1/29/2026	1/30/2026
Breakfast Entrée Sugar Sprinkled Donut Holes Mini Strawberry Cream Cheese Bagels Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	Breakfast Entrée Double Stack Pancakes Sweet Apple Frudel Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	Breakfast Entrée Warm Breakfast on a Stick Golden Banana Bread Slice Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Cocoa Puffs Cereal w/ Graham Crackers	Breakfast Entrée Colby Cheese Omelet w/ Toast Double Chocolate Chip Muffin w/ String Cheese Lucky Charms Cereal w/ Graham Crackers Cinnamon Toast Crunch Cereal w/ Graham Crackers Trix Cereal w/ Graham Crackers	
Fruit Fruit Punch Juice Box Applesauce Cup Craisins	Fruit Apple Juice Box Fresh Red Apple Craisins	Fruit Fruit Punch Juice Box Fresh Orange Craisins	Fruit Orange Tangerine Juice Box Fresh Red Apple Craisins	
Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	Milk 1% Low Fat White Milk Local Fat Free Chocolate Milk Local	
	Misc Maple Syrup Cup	Misc Maple Syrup Cup	Misc Jelly Packet	

FILTERS

Name(s)

Date Range

Value(s)

(Start = 1/4/2026, End = 1/31/2026)

Menu Plan

(Heber 25/26 4-12 Breakfast)