

Capps Middle School

Grade 4-6

MENUS

APRIL 2026

DID YOU KNOW?

Strawberries are the only fruit that have their seeds on the outside!

Did you know?

Staying active helps build strong bones and muscles, relieves stress, and protects your heart. Aim for 1 hour or more of physical activity every day. Do whatever you love to do – Just get moving!



Questions or Comments?

General Manger: Marissa Christensen
Phone: (623)302-3900

This institution is an equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Eggs & Sausage Banana Bread Slice Lunch Popcorn Chicken Potato Bowl Beef Rib Potato Bowl	2 Breakfast Sausage & Egg Bagel Sandwich Blueberry Muffin Lunch Pepperoni Pizza Cheese Pizza	3
6 Breakfast Cinnamon Sugar Donut Holes Mini Strawberry Bagels Lunch Cheese Stuffed Breadsticks Golden Corn Dog	7 Breakfast Blueberry Oatmeal Chocolate Chip Muffin Lunch Ground Beef Soft Tacos Grilled Chicken Patty Sandwich	8 Breakfast Pancakes w/ Hashbrowns Sausage, Egg & Cheese Burrito Lunch Creamy Mac & Cheese Cheesy Chicken Quesadilla	9 Breakfast Cheese Omelet w/ Toast Double Chocolate Muffin Lunch Pepperoni Pizza Veggie Lover Pizza	10
13 Breakfast Ham, Egg, Cheese Croissant Warm Breakfast On a Stick Lunch BBQ Chicken Sandwich Hot Dog	14 Breakfast Peach Smoothie Banana Bread w/ Yogurt Lunch Uncrustable w/ Cheese & Goldfish Cheesy Chicken Burrito	15 Breakfast Cinnamon French Toast Oatmeal Chocolate Bar Lunch Chicken Nugget w/ Roll Grilled Cheese w/ Tomato Soup	16 Breakfast Scrambled Eggs & Hashbrowns Mini Pancakes Lunch Pepperoni Pizza Cheese Pizza	17
20 Breakfast Cheesy Sausage Croissant Double Chocolate Muffin Lunch Chicken Teriyaki w/ Lo mein Mini Mozzarella Quesadilla	21 Breakfast Breakfast Pizza Fluffy Blueberry Muffin Lunch Mini Corn Dogs Spaghetti & Meatballs	22 Breakfast Eggoji Waffles Sweet Apple Frudel Lunch Sausage Egg & Cheese Toasted Sandwich Cat in the Hat Strawberry Yogurt Parfait	23 Breakfast Glazed Cinnamon Roll Ham, Egg, Cheese Breakfast Burrito Lunch Pepperoni Pizza Bacon ranch Pizza	24
27 Breakfast Sausage Egg Cheese English Muffin Mini Strawberry Bagels Lunch Orange Chicken w/ Brown rice Teriyaki Beef & Broccoli w/ Brown Rice	28 Breakfast Sugar Donut Holes Chocolate Chip Muffin Lunch Cheesy Chicken Quesadilla Grilled Cheeseburger	29 Breakfast Cheesy Ham & Egg Croissant Yogurt cup w/ Bunny Grahams Lunch Chicken Alfredo w/ Breadstick Golden Chicken Corn Dog	30 Breakfast Biscuit & Gravy Warm Breakfast On a Stick Lunch Pepperoni Pizza BBQ Chicken Pizza	

Breakfast Meal Price: Paid \$2.00 / Reduced \$0.00

Lunch Meal Price: Paid \$3.50 / Reduced \$0.00

Adult Meal Price: \$4.50