September 2025

Sentinel School

Monday

Tuesday

Wednesday

Thursday Friday

11

School News 09/01/2025

Labor Day! (No School)

09/02/2025



NO SCHOOL

Biscuit & Gravy, Grapes, Fruit Punch Juice, Milk

Cheeseburger. Lettuce, Tomatoes, Pickles, Chips, Watermelon, Milk

Banana Muffin. Yogurt, Pears. Apple Juice, Milk

Beef Taco, Spanish Rice, Pinto Beans, Oranges, Milk

Egg & Cheese Burrito, Apple, Orange Juice, Milk

Chicken Nuggets, French Fries. Carrot Sticks, Apple, Milk

Pancakes.

Strawberries,

Apple Juice, Milk

Chicken Tenders.

Tater Tots, Pinto

Beans, Apples,

Cereal, Apple, Orange Juice. Milk

Uncrustable, Veggie Sticks, Goldfish. Grapes, Milk

Mini Chocolate

Donuts, Cheese

Stick, Pear, Orange Juice,

Milk

Pepperoni Pizza,

Garden Salad.

Oranges, Milk

Girls Volleyball Sentinel v Dateland @ Sentinel 2pm

> 09/04/2025 Girls Vollyball Sentinel v Paloma @ Paloma 1:30pm

Girls Volleyball Sentinel v Mohawk @ Sentinel 2pm

Girls Volleyball Sentinel v

Wellton @ Sentinel 2pm

Mariachi Night 6pm

Girls Volleyball Sentinel v Paloma @ Paloma 12pm

09/24/2025

Girls Volleyball Sentinel v Dateland @ Dateland 2pm

09/25/2025 Picture Day!!

Chicken Tamale. Garden Salad. Spanish Rice, Oranges, Milk

Granola, Yogurt, 15

Oranges, Fruit Punch Juice, Milk

Cheese

Ouesadilla, Pinto

Beans.

Strawberries.

Milk

French Toast.

Apple, Orange

Juice, Milk

Egg & Cheese Burrito, Apple, Orange Juice, Milk

Chicken Drumstick. **Mashed Potatoes &** Gravy, Green Beans, Roll, Watermelon, Milk

Scrambled Eggs,

Toast, Pear, Apple Juice, Milk

Chicken Wings.

White Rice, Veggie Sticks, Watermelon,

Milk

Cinnamon Bun. Pear, Fruit Punch Juice, Milk

Mandarin Orange Chicken, White Rice, Broccoli, Grapes, Milk

Cinnamon Dusted

Tortilla, Yogurt,

Strawberries, Apple

Juice, Milk

Chicken Patty

Sandwich, French

Fries, Cucumber

Slices, Grapes, Milk

Pancake Wrap, Oranges, Fruit Punch Juice, Milk

Macaroni & Cheese. Broccoli, Roll, Strawberries, Milk

Cereal, Apple, Orange Juice,

Hot Dog, Chips, Veggie Sticks, Apples, Milk

Adult Meal Prices Breakfast \$3.00 Lunch \$5.00

Milk offered daily at **Breakfast & Lunch 1%** White or Fat Free Chocolate

Meals are at no charge to students.

Menu is subject to change due to availability of product.

> This institution is an equal opportunity provider.

Esta entidad es un proveedor que brinda igualdad de oportunidades"

"Free language assistance, auxiliary aids. and/or accommodations are available upon request."

Super Donut.

Yogurt, Grapes.

Fruit Punch Juice,

Milk

Beef Nachos, Pinto Beans, Salsa, Grapes, Milk

Chorizo con Papas, Oranges, Apple Juice, Milk

Chicken Nuggets, French Fries, Carrot Sticks. Apples, Milk

Pancakes. Strawberries. Apple Juice, Milk

Mandarin Orange Chicken, White Rice, Broccoli, Oranges, Milk

Breakfast Pizza. **Grapes**, Fruit Punch Juice, Milk

Cheeseburger, Lettuce, Tomato, Pickle, Chip, Watermelon, Milk

Banana Muffin. Yogurt, Pears, Apple Juice, Milk

Grilled Cheese Sandwich, Chicken Noodle Soup. Cucumber, Tomato. Pear, Milk

Biscuit & Gravy, 29 Grapes, Fruit Punch Juice, Milk

Popcorn Chicken, Tater Tots, Cucumber, Apple, Milk

Granola, Yogurt, 30 Strawberries. Fruit Punch Juice, Milk

Bean & Cheese Burrito, Chips, Veggie Sticks. Watermelon, Milk

Did you know?

September 30th is known as International Translation Day, and September 12th marks the beginning of the first ever submarine test.