October 2026

Sentinel School

Monday	Tuesday	Wednesday	Thursday	Friday
Did you know? Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.			1 Pancakes, Strawberries, Apple Juice, Milk Cheeseburger, Lettuce, Tomato, Pickles, French Fries, Watermelon, Milk	2 Banana Muffin, Yogurt, Pears, Apple Juice, Milk Grilled Cheese Sandwich, Chicken Noodle Soup, Cucumber & Tomato Slices, Pears, Milk
5 Waffles, Strawberries, Orange Juice, Milk Chicken Wings, Brown Rice, Veggie Sticks, Watermelon, Milk	6 Biscuit & Gravy, Grapes, Fruit Punch Juice, Milk Popcorn Chicken, Tater Tots, Pinto Beans, Oranges, Milk	7 Super Donut, Yogurt, Pears, Fruit Punch Juice, Milk Chicken Alfredo, Garlic Toast, Broccoli, Pears, Milk	8 Scrambled Eggs, Toast, Oranges, Apple Juice, Milk Pepperoni Pizza, Garden Salad, Watermelon, Milk	9 Granola, Yogurt, Strawberries, Fruit Punch Juice, Milk Ham Sandwich, Lettuce, Tomato, Pickles, Baked Chips, Apple Slices, Milk
12 Happy Fall Break No School	13 Happy Fall Break No School	14 Happy Fall Break No School	15 Happy Fall Break No School	16 Happy Fall Break No School
19 French Toast Sticks, Apple Slices, Orange Juice, Milk Cheeseburger, Lettuce, Tomato, Pickles, French Fries, Watermelon, Milk	20 Breakfast Burrito, Apple Slices, Orange Juice, Milk Beef Taco, Pinto Beans, Spanish Rice, Oranges, Milk	21 Cinnamon Bun, Pears, Fruit Punch Juice, Milk BBQ Baked Chicken, Baked Beans, Brown Rice, Corn, Grapes, Milk	22 Pancakes, Strawberries, Apple Juice, Milk Chicken Tamale, Spanish Rice, Garden Salad, Salsa, Oranges, Milk	23 Mini Chocolate Donuts, Cheese Stick, Pears, Orange Juice, Milk Ham Sandwich, Lettuce, Tomato, Pickles, Baked Chips, Cheese Stick, Apples, Milk
26 Waffles, Pears, Orange Juice, Milk Chicken Tamale, Spanish Rice, Garden Salad, Salsa, Oranges, Milk	27 Chorizo con Papas Burrito, Oranges, Apple Juice, Milk Pepperoni Pizza, Garden Salad, Carrot Sticks, Oranges, Milk	28 Pancakes, Strawberries, Orange Juice, Milk Chicken Drumstick, Mashed Potatoes & Gravy, Green Beans, Roll, Watermelon, Milk	29 Cheese Omelet, Apple Slices, Bacon, Fruit Punch Juice, Milk Mandarin Chicken, White Rice, Broccoli, Grapes, Milk	30 Breakfast Combo Bar, Watermelon, Orange Juice, Milk Spicy Chicken Tenders, Pinto Beans, Tater Tots, Apples, Milk

School News

10/01/2026
Picture Day!

10/09/2026
Field Trip
Tolmachoff Farm

10/22/2026
Girls Softball Game
Mohawk vs Dateland @ Dateland 2pm

Boys Basketball Game
Wellton vs Sentinel @ Sentinel 2pm

Halloween Festival 6pm

10/23/2026
Academic Awards 12:30pm

10/28 & 29/2026
Parent Teacher Conferences

Early Release 12:30pm

Adult Meal Prices
Breakfast $3.25
Lunch $5.25

Milk offered daily at Breakfast & Lunch 1% White or Fat Free Chocolate

Meals are at no charge to students.

Menu is subject to change due to availability of products.

"Esta entidad es un proveedor que brinda igualdad de oportunidades."

"Free language assistance, auxiliary aids, and/or accommodations are available upon request."