

October 2025

Sentinel School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

The main reason for the color change of the leaves is not autumn's chilly weather, but lack of light. The green color of leaves disappears when photosynthesis (from sunlight) slows down, and the chlorophyll breaks down. Trees with a lot of direct sunlight will produce red leaves, while other trees may turn yellow, orange, or brown.

Donut Holes,
Cheese Stick,
Oranges, Apple
Juice, Milk

Chicken Tenders,
Tater Tots, Pinto
Beans, Pineapple,
Milk

French Toast
Sticks, Apple
Slices, Orange
Juice, Milk

Bosco Cheese
Stick, Marinara
Sauce, Green
Beans, Oranges,
Milk

Scrambled Eggs,
Toast, Oranges,
Apple Juice, Milk

Chicken Tamale,
Spanish Rice, Pinto
Beans, Strawberries,
Milk

Super Donut,
Yogurt, Pears, Fruit
Punch Juice, Milk

Spaghetti & Meat
Sauce, Garlic Toast,
Garden Salad,
Oranges, Milk

Mini Maple Chip
Waffles,
Strawberries,
Orange Juice, Milk

Pepperoni Pizza,
Garden Salad,
Oranges, Milk

Mini Maple Chip
Waffles,
Strawberries, Orange
Juice, Milk

Beef Tostadas,
Lettuce & Tomato,
Spanish Rice,
Watermelon, Milk



Sausage Breakfast
Pizza, Grapes, Fruit
Punch Juice, Milk

Beef Patty, Mashed
Potatoes & Gravy,
Corn, Dinner Roll,
Watermelon, Milk

Fall Break

NO SCHOOL

Fall Break

NO SCHOOL

Fall Break

NO SCHOOL

Fall Break

NO SCHOOL

Fall Break

NO SCHOOL

French Toast Sticks,
Apple Slices, Orange
Juice, Milk

Chicken Tamale,
Salsa, Spanish Rice,
Garden Salad,
Oranges, Milk

Egg & Cheese
Breakfast Burrito,
Apple Slices, Orange
Juice, Milk

Chicken Drumstick,
Mashed Potatoes &
Gravy, Green Beans,
Dinner Roll,
Watermelon, Milk

Cinnamon Bun,
Pears, Fruit Punch
Juice, Milk

Mandarin Orange
Chicken, White Rice,
Broccoli, Grapes,
Milk

Pancakes,
Strawberries,
Apple Juice, Milk

Chicken Tenders,
Tater Tots, Pinto
Beans, Apple
Slices, Milk

Mini Chocolate
Donuts, Cheese
Stick, Pears,
Orange Juice, Milk

Pepperoni Pizza,
Garden Salad,
Oranges, Milk

Granola, Yogurt,
Oranges, Fruit
Punch Juice, Milk

Cheese Quesadilla,
Pinto Beans,
Strawberries, Milk

Scrambled Eggs,
Toast, Pears,
Apple Juice, Milk

Chicken Wings,
White Rice, Veggie
Sticks,
Watermelon, Milk

Cinnamon Dusted
Tortilla, Yogurt,
Strawberries, Apple
Juice, Milk

Chicken Patty
Sandwich, French
Fries, Cucumber
Slices, Grapes, Milk

Pancake Wrap,
Oranges, Fruit
Punch Juice, Milk

Macaroni & Cheese,
Broccoli, Dinner
Roll, Strawberries,
Milk

Cereal, Apple
Slices, Orange
Juice, Milk

Hot Dog, Baked
Chips, Veggie
Sticks, Apple Slices,
Milk

School News

10/01/2025
Girls Volleyball Sentinel v
Mohawk @ Mohawk 2pm

10/03/2025
Teachers Inservice
(NO SCHOOL)

Girls Volleyball Tournament
@ Mohawk 9am

10/08/2025
K-8 Field Trip
Talmachoff Farms

10/13/25 - 10/17/25
Fall Break

10/22/2025
Boys Basketball Sentinel v
Dateland @ Sentinel 2pm

10/23/2025
Halloween Festival
6pm

10/29/2025
Parent Teacher Conferences
School Released 12:30pm

Boys Basketball Sentinel v
Wellton @ Sentinel 2pm

10/30/2025
Parent Teacher Conferences
School Released 12:30pm
Boys Basketball Sentinel v
Arlington @ Sentinel
12:30pm

Adult Meal Prices
Breakfast \$3.00
Lunch \$5.00

Milk offered daily at
Breakfast & Lunch 1% White
or Fat Free Chocolate
Meals are at no charge to
students.

Menu is subject to change
due to availability of
product.

This institution is an equal
opportunity provider.

"Esta entidad es un
proveedor que brinda
igualdad de oportunidades"
"Free language assistance,
auxiliary aids, and/or
accommodations request."