

January 2026

Sentinel School

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

People born in January fall under the zodiac signs of Capricorn (December 22 - January 19) or Aquarius (January 20 - February 18). The birthstone for January is garnet.

5
Cinnamon Bun,
Fresh Pear, Fruit
Punch Juice, Milk

Cheeseburger,
Lettuce, Tomatoes,
Pickles, Sun Chips,
Watermelon, Milk

6
Biscuit & Gravy,
Fresh Grapes, Fruit
Punch Juice, Milk

Beef Taco, Pinto
Beans, Spanish
Rice, Oranges, Milk

7
Banana Muffin,
Yogurt, Pears,
Apple Juice, Milk

Chicken Nuggets,
French Fries,
Carrot Sticks,
Apple Slices, Milk



1
No School

8
Breakfast Burrito,
Apple Slices,
Orange Juice, Milk

Turkey Breast,
Mashed Potatoes &
Gravy, Green
Beans, Roll,
Oranges, Milk



2
No School

9
Cereal, Apple
Slices, Orange
Juice, Milk

Uncrustables,
Veggie Sticks,
Goldfish, Grapes,
Milk

12
French Toast Sticks,
Apple Slices,
Orange Juice, Milk

Chicken Tamale,
Salsa, Spanish Rice,
Garden Salad,
Oranges, Milk

13
Breakfast Burrito,
Apple Slices, Orange
Juice, Milk

Chicken Drumstick,
Mashed Potatoes &
Gravy, Green Beans,
Roll, Watermelon,
Milk

14
Cinnamon Bun,
Fresh Pear, Fruit
Punch Juice, Milk

Mandarin Orange
Chicken, White
Rice, Broccoli,
Grapes, Milk

15
Pancakes,
Strawberries,
Apple Juice, Milk

Chicken Tenders,
Tater Tots, Pinto
Beans, Apple
Slices, Milk

16
Mini Chocolate
Donuts, Cheese
Stick, Pear, Orange
Juice, Milk

Pepperoni Pizza,
Garden Salad,
Oranges, Milk



19
No School

20
Scrambled Eggs,
Toast, Fresh Pear,
Apple Juice, Milk

Cheese Quesadilla,
Salsa, Pinto
Beans,
Strawberries,
Milk

21
Cinnamon Dusted
Tortilla, Yogurt,
Strawberries, Apple
Juice, Milk

Chicken Patty
Sandwich, French
Fries, Cucumber
Slices, Grapes, Milk

22
Pancake Wrap,
Oranges, Fruit
Punch Juice, Milk

Macaroni & Cheese,
Broccoli, Dinner
Roll, Apple Slices,
Milk

23
Cereal, Apple
Slices, Orange
Juice, Milk

Hot Dog, Baked
Chips, Veggie
Sticks, Apple
Slices, Milk

26
Super Donut,
Yogurt, Grapes,
Apple Juice, Milk

Beef Nachos, Salsa,
Pinto Beans,
Grapes, Milk

27
Chorizo con Papas
Breakfast Burrito,
Oranges, Apple
Juice, Milk

Chicken Nuggets,
French Fries, Carrot
Sticks, Apple Slices,
Milk

28
Pancakes,
Strawberries,
Apple Juice, Milk

Mandarin Orange
Chicken, White
Rice, Broccoli,
Pineapple, Milk

29
Breakfast Pizza,
Grapes, Fruit
Punch Juice, Milk

Cheeseburger,
Lettuce, Tomato,
Pickles, Sun Chips,
Watermelon, Milk

30
Banana Muffin,
Yogurt, Fresh Pears,
Apple Juice, Milk

Grilled Cheese
Sandwich, Chicken
Noodle Soup,
Cucumber, Tomato,
Pears, Milk

School News

01/01/2026
Happy New Year!
01/01/26 & 01/02/26
Winter Break
01/19/2026
Civil Rights Day
(No School)
01/20/2026
100th Day of School
01/21/2026
Boys Baseball
Dateland v Mohawk @
Mohawk 2pm
Girls Basketball
Sentinel v Wellton @
Sentinel 2pm
01/28/2026
Girls Basketball
Sentinel v Dateland @
Dateland 2pm

Adult Meal Prices

Breakfast \$3.00
Lunch \$5.00

Milk offered daily at
Breakfast & Lunch 1%
White or Fat Free
Chocolate

Meals are at no charge
to students.

Menu is subject to
change due to
availability of product.

This institution is an
equal opportunity
provider.

“Esta entidad es un
proveedor que brinda
igualdad de
oportunidades”

“Free language
assistance, auxiliary
aids, and/or
accommodations are
available upon
request.”