

SEPTEMBER LUNCH



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Chicken Salad Sandwich w/ Baby Carrots Wowbutter & Jelly Sandwich w/ Baby Carrots	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Dumplings w/ Mixed Veggies Sesame Beef Bowl w/ Broccoli Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips BBQ Chicken w/ Baked Beans & Dinner Roll Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Crispy Chicken Sandwich Turkey & Cheese Sub Sandwich
7	8	9	10	11
Cheeseburger w/ Oven Baked Fries Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams Turkey & Cheese Sub Sandwich w/ Tajin Corn Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Mac & Cheese w/ Diced Carrots Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots Yogurt w/ String Cheese, Granola & Baby Carrots	Chicken Bites w/ Corn Grilled Cheese Sandwich w/ Baby Carrots Firecracker Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Asian Chicken Salad w/ WG Crispy Noodles	Cheese Tamale w/ Black Beans Bean & Cheese Pupusa w/ Pinto Beans Southwest Chicken Salad w/ WG Dinner Roll Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Bean & Cheese Burrito Wowbutter (Soybutter) & Jelly Sandwich
14	15	16	17	18
Crispy Chicken Sandwich w/ Oven Baked Fries Soy Veggie Burger w/ Potato Wedges Turkey & Cheese Sub Sandwich w/ Tajin Corn Wowbutter & Jelly Sandwich w/ Tajin Corn	Parm Pizza Bites w/ Marinara Dipping Sauce Beef & Cheese Taco Stick w/ Baby Carrots Yogurt w/ String Cheese, Granola & Baby Carrots Mantecada Muffin w/ Yogurt & String Cheese & Baby Carrots	Hot Dog w/ Oven Baked Fries Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Bean & Cheese Burrito w/ Baby Carrots P&B Sandwich Kit (Seedbutter) w/ Baby Carrots	Grilled Cheese Sandwich w/ Roasted Fava Beans Chicken Tamale w/ Pinto Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Beef, Bean & Cheese Burrito Chicken Caesar Salad with Dinner Roll & Croutons
21	22	23	24	25
Bean Burrito Bowl w/ Rice & Corn Chicken Bites w/ Oven Bakes Fries Turkey & Cheese Sub Sandwich w/ Tajin Corn P&B Sandwich Kit (Seedbutter) w/ Tajin Corn	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Chicken Salad Sandwich w/ Baby Carrots Wowbutter & Jelly Sandwich w/ Baby Carrots	Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Dumplings w/ Mixed Veggies Sesame Beef Bowl w/ Broccoli Cheese Pizza Kit	Turkey Nachos w/ Refried Beans & Tortilla Chips BBQ Chicken w/ Baked Beans & Dinner Roll Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Crispy Chicken Sandwich Turkey & Cheese Sub Sandwich
28	29	30		
Cheeseburger w/ Oven Baked Fries Orange Chicken & Not So Fried Rice w/ Peas & Giant Goldfish Grahams Turkey & Cheese Sub Sandwich w/ Tajin Corn Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Mac & Cheese w/ Diced Carrots Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots Yogurt w/ String Cheese, Granola & Baby Carrots	Chicken Bites w/ Corn Grilled Cheese Sandwich w/ Baby Carrots Firecracker Chicken Dumplings & Not So Fried Rice w/ Edamame & Peas Asian Chicken Salad w/ WG Crispy Noodles		
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Tuesday: Celery Sticks (1/4 C) Wednesday: Cucumber Slices (1/4 C) w/ Tajin Thursday: Jicama Slices (1/4 C) Friday: Side Salad - Lettuce, Carrot, Tomato w/ Ranch (0.75 C) Monday: Baby Carrots (1/4 C)	Apple (1/2 C), Banana (1/2 C), Nectarine (1/2 C), Peach (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards	

