NOVEMBER SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheese Stick	Ranch Crackers	Honey Graham Crackers	Goldfish Pretzels	Educational Snacks
9	10	11	12	13
BBQ Poptillas	Giant Cinnamon Grahams	Nacho Poptillas	Wheat Crackers	Goldfish Cheddar
16	17	18	19	20
Honey Graham Crackers	Churro Poptillas	Pizza Crackers	Cheese Puffs	Sunflower Seeds
23	24	25	26	27
Cheese Stick	Ranch Crackers	Honey Graham Crackers	Goldfish Pretzels	Educational Snacks
30				
BBQ Poptillas				

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
Fruit Rotation: Apple (3/4 Cup),100% Fruit Juice 6 oz,Pear (3/4 Cup),Orange (3/4 Cup)
*All fruits meet 3/4 cup equivalent
*All Grains Are Whole Grain Rich

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