NOVEMBER LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Bean & Cheese Burrito w/ Corn Tajin Orange Chicken with Brown Rice, Peas, and Goldfish Grahams Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn Wowbutter & Jelly Sandwich w/ Tajin Corn	Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Parm Pizza Bites w/ Marinara Dipping Sauce Seedbutter w/ String Cheese, Wheat Crackers, & Baby Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots	Sesame Beef Bowl w/ Broccoli Mac & Cheese w/ Mixed Vegetables Chicken Dumplings w/ Mixed Veggies P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Bean & Cheese Pupusa w/ Pinto Beans BBQ Chicken w/ Baked Beans & Dinner Roll Egg Salad Sandwich w/ Churro Fava Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Bean & Cheese Burrito Chicken Caesar Salad with Dinner Roll & Croutons
9	**10**	**11**	**12**	**13**
Cheeseburger w/ Oven Baked Fries Bean Burrito Bowl w/ Rice & Corn Beef & Cheese Taco Stick w/ Corn Tajin Turkey & Cheese Sub Sandwich w/ Tajin Corn	Penne & Meat Sauce Bean & Cheese Burrito w/ Baby Carrots Cheese Pizza Kit P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Grilled Cheese Sandwich w/ Baby Carrots Parm Pizza Bites w/ Marinara Dipping Sauce Firecracker Chicken Dumplings & Peas Asian Chicken Salad w/ WG Crispy Noodles	Turkey Nachos w/ Refried Beans & Tortilla Chips Cheese Tamale w/ Black Beans Southwest Chicken Salad w/ WG Dinner Roll Wowbutter Jelly Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Turkey & Cheese Sub Sandwich
16	**17**	**18**	**19**	**20**
Soy Veggie Burger w/ Potato Wedges Chicken Bites w/ Mashed Potatoes P'B&J Sandwich Kit (Seedbutter) w/ Tajin Corn Turkey & Cheese Sandwich on Pretzel Bun w/ Tajin Corn	Beef & Cheese Taco Stick w/ Baby Carrots Cheese Lasagna w/ Marinara & Graham Crackers Yogurt w/ String Cheese, Granola & Baby Carrots Chicken Salad Sandwich w/ Baby Carrots	Bean & Cheese Pupusa w/ Curtido Salad Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Chicken Alfredo Pasta w/ Peas Cheese Pizza Kit	Chicken Tamale w/ Pinto Beans Grilled Cheese Sandwich w/ Roasted Fava Beans Veggie Chef Salad w/ Egg, Dinner Roll & Ranch Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Crispy Chicken Sandwich Wowbutter (Soybutter) & Jelly Sandwich
23	**24**	**25**	**26**	**27**
Bean & Cheese Burrito w/ Corn Tajin Orange Chicken with Brown Rice, Peas, and Goldfish Grahams Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn Wowbutter & Jelly Sandwich w/ Tajin Corn	Pineapple Teriyaki Chicken w/ Rice & Diced Carrots Parm Pizza Bites w/ Marinara Dipping Sauce Seedbutter w/ String Cheese, Wheat Crackers, & Baby Carrots Italian Turkey Trio on Hoagie w/ Baby Carrots	Sesame Beef Bowl w/ Broccoli Mac & Cheese w/ Mixed Vegetables Chicken Dumplings w/ Mixed Veggies P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Bean & Cheese Pupusa w/ Pinto Beans BBQ Chicken w/ Baked Beans & Dinner Roll Egg Salad Sandwich w/ Churro Fava Beans Turkey & Cheese Sandwich w/ Roasted Fava Beans	Cheese Pizza Pepperoni Pizza Bean & Cheese Burrito Chicken Caesar Salad with Dinner Roll & Croutons
30				

Lunch Includes:	***Veg of the Day:***	***Featured Fruit:***	***RevUp Rewards:***
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Celery Sticks (1/4 C) Wednesday:Cucumber Slices (1/4 C) w/ Tajin Thursday:Jicama Slices (1/4 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C)	Apple (1/2 C),Banana (1/2 C),Pear (1/2 C),Mandarin Orange (1/2 C),Orange (1/2 C),Berry Mixed Cup (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

This institution is an equal opportunity provider. Menus are subject to change without notice.