NOVEMBER BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
2	**3**	**4**	**5**	**6**
Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Apple Hand Pie	Conchita w/ String Cheese Cinnamon Chex Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Banana Muffin Cocoa Orbits Bites (Chocolate Puffed Cereal) Mini Strawberry Pancakes	Berry Apple Zee Zee Bar Cheerios Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Strawberry Yogurt Parfait w/ Cinnamon Granola CinniPuffs (Maple Cinnamon Puffed Cereal) Waffle
9	**10**	**11**	**12**	**13**
Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams French Toast Sticks	Yogurt w/ String Cheese CinniPuffs (Maple Cinnamon Puffed Cereal) Mini Maple Pancakes	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Yogurt w/ Honey Grahams Cocoa Orbits Bites (Chocolate Puffed Cereal) Sausage & Cheese Stuffed Waffle	Blueberry Muffin Cheerios Cereal w/ Honey Grahams Mini Strawberry Pancakes
16	**17**	**18**	**19**	**20**
Cinnamon Crumble Cheerios Cereal w/ Honey Grahams Waffle	Bagel w/ Seedbutter Cocoa Orbits Bites (Chocolate Puffed Cereal) Beef Sausage & Cheese Croissant Sandwich	Croissant w/ Grape Jelly Honey Bunches of Oats Cereal w/ Honey Grahams French Toast Sticks	Chocolate Chip Muffin Top CinniPuffs (Maple Cinnamon Puffed Cereal) Oatmeal w/ Blueberries	Yogurt w/ Honey Grahams Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes
23	**24**	**25**	**26**	**27**
Bagel w/ Cream Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Apple Hand Pie	Conchita w/ String Cheese Cinnamon Chex Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Banana Muffin Cocoa Orbits Bites (Chocolate Puffed Cereal) Mini Strawberry Pancakes	Berry Apple Zee Zee Bar Cheerios Cereal w/ Honey Grahams Beef Sausage & Cheese English Muffin Sandwich	Strawberry Yogurt Parfait w/ Cinnamon Granola CinniPuffs (Maple Cinnamon Puffed Cereal) Waffle
30				

Breakfast Includes:	***Featured Fruit:***	***RevUp Rewards:***
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C),Pear (1/2 C),100% Fruit Juice 4 oz,Apple Slices (1/2 C),Banana (1/2 C),Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey **You're Entered to Win!** Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards

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