

NOVEMBER LUNCH



Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Cheeseburger w/ Oven Baked Fries Hot Dog w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Penne & Meat Sauce Chicken Tamale w/ Seasoned Mixed Veg Cheese Pizza Kit	BBQ Chicken w/ Baked Beans & Dinner Roll Bean & Cheese Burrito w/ Roasted Fava Beans Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans	Chicken Teriyaki w/ Not So Fried Rice & Diced Carrot Mac & Cheese w/ Diced Carrots Asian Chicken Salad w/ WG Crispy Noodles	Pepperoni Pizza Cheese Pizza Turkey & Cheese Sub Sandwich
10	11	12	13	14
No School 	No School 	Turkey Nachos w/ Refried Beans & Tortilla Chips Cheese Tamale w/ Black Beans Shelf Stable Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers, Craisins, Veg Juice & Milk Chicken Salad & Cheese Cracker Kit w/ Roasted Fava Beans Stable Yogurt w/ Cheese Stick & Paradise Punch Shelf Stable Beef Bites & Cheese Stick, Poptillas, Applesauce, Veg Juice & Milk Shelf Stable Buffalo Chicken Bites & Smoked Gouda Dip, Wheat Crackers, Craisins, Veg Juice & Milk	Turkey & Gravy w/ Mashed Potatoes & Dinner Roll Bean & Cheese Pupusa w/ Curtido Salad 'P'B&J Sandwich Kit (Seedbutter) w/ Baby Carrots	Pepperoni Pizza Cheese Pizza Turkey & Cheese Sub Sandwich
17	18	19	20	21
Cheeseburger w/ Oven Baked Fries Crispy Chicken Sandwich w/ Oven Baked Fries Mantecada Muffin w/ Yogurt & String Cheese & Tajin Corn	Orange Chicken & Not So Fried Rice w/ Diced Carrots & Giant Goldfish Grahams Penne & Meat Sauce Cheese Pizza Kit	Beef & Cheese Taco Stick w/ Roasted Fava Beans Cheese Tamale w/ Black Beans Chicken Salad & Cheese Cracker Kit w/ Baby Carrots	Mac & Cheese w/ Diced Carrots Parm Pizza Bites w/ Marinara Dipping Sauce Chicken Caesar Salad with Dinner Roll & Croutons	Pepperoni Pizza Cheese Pizza Turkey & Cheese Sub Sandwich
24	25	26	27	28
No School - Thanksgiving Break 	No School - Thanksgiving Break 	No School - Thanksgiving Break 	No School - Thanksgiving Break 	No School - Thanksgiving Break 
Lunch Includes:	Veg of the Day:	Featured Fruit:	RevUp Rewards:	
Choice of 1% Low Fat White or Fat Free White Milk or Fat Free Chocolate Milk Fruit & Vegetable of the Day Vegetarian *May include an extra 1/2 cup veg for compliance *All Grains Are Whole Grain Rich	Monday:Baby Carrots (1/4 C) Tuesday:Roasted Kettle Corn Chickpeas Wednesday:Baby Carrots (1/2 C),Cucumber Slices (1/4 C) w/ Tajin Thursday:Celery Sticks (1/4 C),Baby Carrots (1/2 C) Friday:Side Salad - Lettuce, Carrot, Tomato w/Ranch (0.75 C),Side Salad - Spinach, Carrot, Tomato w/Ranch (1 C)	100% Fruit Juice 4 oz,Tangerine (1/2 C),Banana (1/2 C),Apple Slices (1/2 C),Cranberries (1/2 C),Apple (1/2 C),Persimmon (1/2 C),Orange (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 	