

NOVEMBER BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese Croissant Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich Fruit & Yogurt Smoothie w/ Granola
10	11	12	13	14
No School 	No School 	Vanilla Concha Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Blueberry Muffin Honey Bunches of Oats Cereal w/ Honey Grahams Egg, Cheese & Green Salsa Breakfast Burrito	Cinnamon Roll Cinnamon Chex Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle
17	18	19	20	21
Cinnamon Crumble Cinnamon Chex Cereal w/ Honey Grahams Mini Maple Pancakes	Chocolate Chip Muffin Top Cheerios Cereal w/ Honey Grahams Sausage & Cheese English Muffin Sandwich	Conchita w/ String Cheese Honey Bunches of Oats Cereal w/ Honey Grahams Sausage & Cheese Stuffed Waffle	Mantecada Muffin Cheerios Cereal w/ Honey Grahams Egg & Turkey Sausage Scramble w/ Potato Wedges & Biscuit	Fruit & Yogurt Smoothie w/ Granola Honey Bunches of Oats Cereal w/ Honey Grahams Maple Beef Sausage & Pancake Sandwich
24	25	26	27	28
No School - Thanksgiving Break 	No School - Thanksgiving Break 	No School - Thanksgiving Break 	No School - Thanksgiving Break 	No School - Thanksgiving Break 

Breakfast Includes:	Featured Fruit:	RevUp Rewards:
Choice of 1% Low Fat White or Fat Free White Milk Fruit of the Day Vegetarian *Cereal Served w/ Honey Grahams *All Grains Are Whole Grain Rich	Apple (1/2 C), 100% Fruit Juice 4 oz, Apple Slices (1/2 C), Orange (1/2 C), Banana (1/2 C), Applesauce Cup (1/2 C), Pear (1/2 C), Raisins (1/2 C)	Scan Our QR Code Daily Complete the Survey You're Entered to Win! Drawings Monthly Learn More and See Prizes: www.revolutionfoods.com/revuprewards 